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FULL STORY: **PAGE 3**



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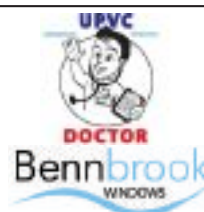
■ Lifting gear used to get vehicle the right way up

FULL STORY: **Page 4**  ONLINE: For more news from around the area visit our website: essexlive.news/harlow



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BRIEFING

in this week's paper...



Three's a crowd Film reviews on

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| ■ Kings, Unit 4, Church Langley Way, Harlow | ■ Ryeland Johnson, 1 Acorn Mews, Harlow |
| ■ Kings, 19 East Gate, Harlow | ■ Howick & Brooker, 1 High Street, Old Harlow |
| ■ Geoffrey Matthews, 47 High Street, Old Harlow | ■ Belvoir, 40 High Street, Old Harlow |

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THE TOP 10 THINGS TO DO THIS WEEK



The UK's only live show dedicated to female rock legends from the across the decades comes to Bishop's Stortford

QUESTION TIME

QUIZ NIGHT: ST JOHNS ARC, OLD HARLOW, FRIDAY, FEBRUARY 2, FROM 7.30PM

Get ready to put your general knowledge to the test. It costs £5 to take part, with funds raised going towards the maintenance of the historic building. Teams should be no more than eight people per table. To book call 01279 442447 or e-mail info@stjohnsarc.org.uk

ROLES IN ROCK

WOMEN IN ROCK: RHODES ARTS COMPLEX, BISHOP'S STORTFORD, FRIDAY, FEBRUARY 2, AT 8PM

It's the UK's only live show dedicated to female rock legends from the across the decades. The powerful trio will pay tribute to the likes of Stevie Nicks, Cher, Bonnie Tyler and many more. Tickets are priced at £22.50 and can be bought by calling the box office on 01279 710200.

GLAD ALL OVER

ROCK & POP: THE HERALD PUB, HARLOW, FRIDAY, FEBRUARY 2, AT 9.30PM

Gladragz are ready to welcome in your weekend with a night of 60s and 70s rock and pop. From Rod Stewart, David Bowie and The Rolling Stones, the band are ready to play their versions of some classics.

GET BOOKED IN

FESTIVAL OF LITERATURE: BISHOP'S STORTFORD COLLEGE, FRIDAY, FEBRUARY 2, TO THURSDAY, FEBRUARY 8
 It's back for the ninth year running and once again, will

bring an array of authors from a variety of genres. Authors who will be reading and taking your questions include Sarah Outen, Chris Whitaker and Ian McMillan - who will also be judging the senior school pupils reading competition. For full listings and to book tickets visit: www.bishopsstortfordcollege.org

GIRL POWER

THIS GIRL CAN FESTIVAL: STEWARDS ACADEMY, HARLOW, SATURDAY, FEBRUARY 3, FROM 10AM UNTIL 2PM

This festival is inviting all girls and women to get sporty. From dance lessons and clubbercise to aqua aerobics and mental health awareness workshops, there is plenty for you to take part in and it's all completely free. More than 250 women in the county are ambassadors for This Girl Can Essex - a campaign supported by Sport England.

PICTURE THIS

PAINT A PORTRAIT: RHODES CENTRE, BISHOP'S

STORTFORD, SATURDAY, FEBRUARY 3, FROM 10AM UNTIL 3PM

Fine artist and professional illustrator Simon Barnes is ready to share his expertise with you. You will learn how to lay out your portrait, mix paint and develop your skills in this two-day adult art event. A second lesson will be held on February 10 and is priced at £65 for both lessons. Call the box office to book on 01279 710200.

DOGS UNLEASHED

LIVE MUSIC: THE MARNE INN, THORLEY, BISHOP'S STORTFORD, SATURDAY, FEBRUARY 3, AROUND 8.30PM
 The pub is known for hosting live bands and this month will welcome Repertoire Dogs. Repertoire Dogs are one of Essex's best cover bands with their

material ranging from classic 60s hits to today's indie hits. Expect to hear the likes of Kings of Leon, The Kinks, Oasis and many more.

GEE WIZ...

THE WIZARD OF OZ: SAFFRON HALL, SAFFRON WALDEN, MONDAY, FEBRUARY 5, TO THURSDAY, FEBRUARY 8 AT 7.30PM

More than 100 students of the Saffron Walden County High School are ready for you to join them on a journey from Kansas to the magical Emerald City. The performance is suitable for the whole family with tickets priced at £10. To book call the box office on 0845 548 7650 or visit www.saffronhall.com

THAT'S FUNNY

STEPHEN K AMOS: HARLOW PLAYHOUSE, WEDNESDAY, FEBRUARY 7, AT 8PM

The award-winning comedian is hoping to make the world a little brighter in his Bread and Circuses tour. Get ready to leave all your troubles behind as Amos shares his take on Brexit, Trump, Bake Off and more. Tickets are priced at £17 and can be bought at www.harlowplayhouse.co.uk or call the box office on 01279 431945.

IN THE GARDEN

THE MOUNTFITCHET GARDEN CLUB: THE DAY CENTRE, STANSTED MOUNTFITCHET, WEDNESDAY, FEBRUARY 7, FROM 7.30PM

This month's workshop is all about herbs. From their culinary use and influence in culture, guests will hear from Jacqueline Avolet of Rosie's Garden Plants. Doors open at 7.30pm ready to begin at 8pm and tickets are priced at £2.50. Memberships are also available.



Stephen K Amos brings his show to Harlow

Thugs who stabbed and beat stranger are jailed

Hammers and screwdrivers used in vicious assault in broad daylight

By James Gregory

james.gregory@essexlive.news

A PAIR of thugs who stabbed and beat a complete stranger with the contents of a tool kit in broad daylight have been jailed for a total of more than 20 years.

Osa Francis Akpata and Charlie Knight, both 20, attacked Robert Sommerville with hammers and screwdrivers in Harlow on January 26, 2017, in the middle of the afternoon.

The victim ended up in hospital for three days after sustaining a punctured lung, broken ribs and lacerations to his face and eye after the vicious assault.

The court heard how Akpata hit the victim in the chest, taking him to the ground.

Knight then attacked him with a hammer before Akpata returned to deliver the final three blows.

Sommerville was hit 13 times in total. Akpata was found guilty of attempted murder and Knight admitted committing GBH.

The pair were sentenced at Chelmsford Crown Court on Thursday (January 25) by Judge David Turner QC.

Mitigating for Akpata, who appeared via live video link from Belmarsh Prison, John Cammehgh explained to the judge how his "weapon-infused lifestyle" could be traced back to the difficulties he had experienced throughout his childhood.

Mr Cammehgh said: "He has had lifelong difficulties with ADHD that was not diagnosed until very late on. As a child, the impact of the condition and in particular the impact it would have on others who would bully him may well have had a severe impact later on.

Therapeutic

"He admits he finds the therapeutic element difficult as he prefers to keep himself closed."

As the only original barrister from the trial, Mr Cammehgh explained that Akpata had been very co-operative throughout the proceedings and that he had always found him polite and candid.

Knight, who admitted to committing GBH two weeks before his trial on August 16 last year, also appeared in the dock before Judge Turner.

Charles Conway, mitigating on his behalf, told the court how Knight had been let down by the care system and was in fact paid £14,000 by the state after finding that there was improper protection of him as a young child.

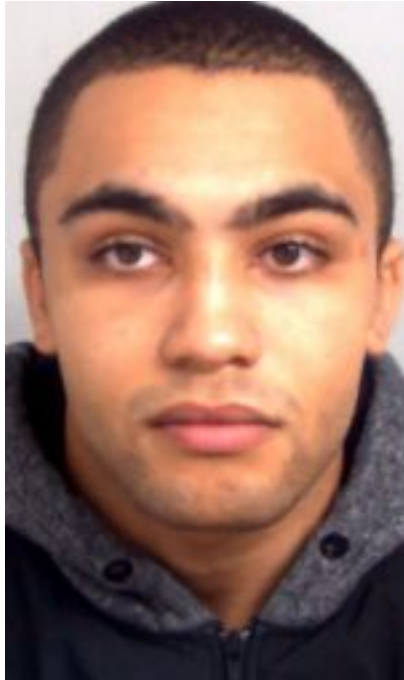
Mr Conway, who read out a report undertaken by clinical psychologist Angela Hobday, said: "He finds it difficult to control his temper.

"His post traumatic stress disorder has led to his low self-esteem.

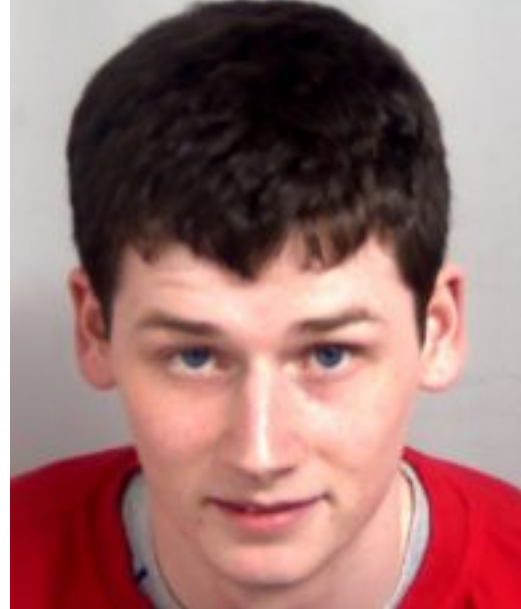
"He has asked for help to change.

"He was beginning to have an understanding of how his aggression takes hold but there is a long way to go."

The Dean of Chelmsford was also in attendance at the hearing.



Osa Akpata (left) and Charlie Knight attacked a complete stranger back in January 2017



Big rise in number of rough sleepers

ROUGH sleeping in Essex has increased by 44 per cent in the last year.

The county has also seen a staggering increase of 276 per cent in people sleeping out on the streets since records began in 2010.

Last week, official figures were released by the Ministry of Housing, Communities and Local Government showing that rough sleeping in England had increased for the seventh consecutive year.

The data from the government department revealed that an estimated 4,751 people were sleeping outside overnight in 2017, a 15 per cent rise on the year before.

Count

Alarming the statistics also show the number of rough sleepers in England increased by 169 per cent over the last seven years – when the count was 1,768 in 2010.

However, in Essex, the increase has been a whopping 276 per cent since 2010 – going up from 50 rough sleepers in the county to 188 in 2017.

Harlow recorded 24 people sleeping in the open in 2017.

That figure was below 10 just eight years ago and stood at 20 a year earlier.

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Sentenced:

■ Charlie Knight:

GBH and possession of a weapon – Eight and a half years, plus extension of three on licence and 12 months for possession of weapon to run concurrently (total of 11 and half years.)

■ Osa Francis Akpata:

Attempted murder and breach of suspended drug sentence – Thirteen years, plus extension of three years on licence (total of 16 years). Four weeks for suspended sentence to run concurrently.

Lucky escape after vehicle goes over on its side on Harlow's Ford roundabout



The lorry overturned on the Ford roundabout in Harlow

Driver who flipped his lorry walks away unhurt

By **Sophie Finnegan**
sophie.finnegan@essexlive.news

A DRIVER who flipped a lorry onto its side at a major Harlow roundabout miraculously walked away unharmed.

The incident happened just after 8.30pm on Wednesday last week (January 24) on Edinburgh Way near the A414 in Harlow.

Emergency services were called to the scene which is locally referred to as the Ford roundabout, to reports of a road traffic collision involving a lorry.

Essex County Fire and Rescue Service crews and police were also on scene to deal with the incident, though specialist heavy lifting equipment is thought to have been used to haul the vehicle back onto its wheels.

Dispatched

A spokesperson for the East of England Ambulance Service said: "A rapid response vehicle and an ambulance crew were dispatched to help."

"At the scene we assessed one patient, however they did not require to be taken to hospital."



Emergency services attended but the driver did not need to go to hospital



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Labour man admits comments referring to domestic violence were inappropriate

Councillor's apology for cracking a joke about wife beating

By Tom Bage

tom.bage@essexlive.news

A COUNCILLOR has apologised after making a joke about domestic abuse.

Harlow Labour councillor Mike Danvers drew fierce criticism when he compared a poll carried out by Essex Police and Crime Commissioner Roger Hirst to "beating your wife".

In a discussion of the poll, Cllr Danvers said: "It's like beating your wife, at the end of the day he's going to get the answer that he wants."

Harlow MP Robert Halfon stood up in the House of Commons to take issue with the comments, particularly in light of tragic cases of domestic violence in the town in recent years, and called on him to quit.

Cllr Danvers was swift to admit he was wrong and said in a statement: "I would like to apologise unreservedly to anyone I have offended with comments I made



MP Robert Halfon, left, and Ian Hudson

during an interview with Your Harlow yesterday regarding the Council's budget proposals for 2018/19.

"I understand that it was completely inappropriate.

"Domestic violence is an extremely serious issue, which has a devastating impact on the lives of victims.

"I was completely wrong to refer to it in the way I did, and will be much more sensitive and care-



ful with my language in future." General manager of the Harlow and District Chamber of Commerce Ian Hudson, who is chairman of the Bishop's Stortford Ukele Society and Tidy Up Bishop's Stortford, defended the comments as being a "figure of speech" last week.

That, and Cllr Danvers' original comments, prompted Mr Halfon to tell Parliament: "My honourable friend will know of

tragic and fatal cases in my own constituency of Harlow.

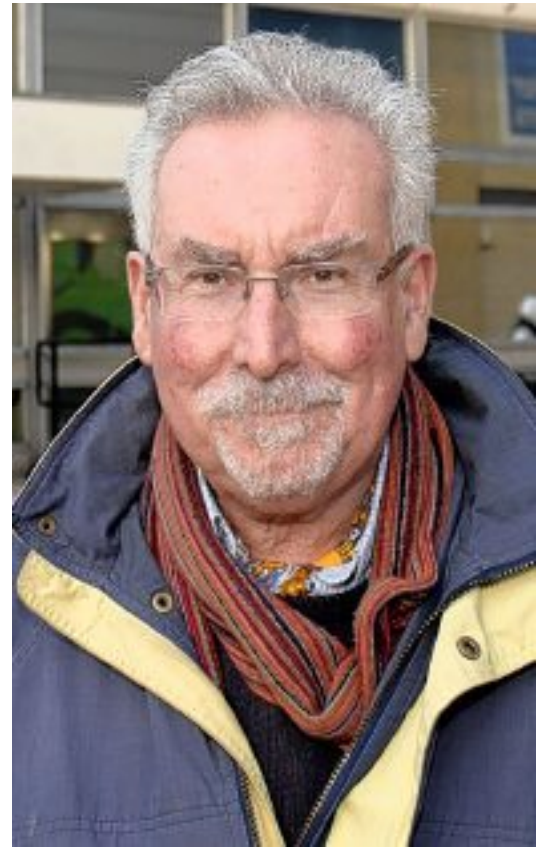
"Sadly a senior Labour councillor Mike Danvers, made a joke about beating one's wife which incredibly was supported as a 'colloquialism' by the manager of Harlow District Chamber of Commerce.

"Does she not agree that we should condemn this, that the councillor should resign, the manager of the Harlow Chamber of Commerce should apologise and that we must be sensitive about domestic violence?"

Organisation

Speaking both for his organisation and Mr Hudson, Robert Findlay, chairman of Harlow and District Chamber of Commerce, said: "At Harlow and District Chamber of Commerce we publicly are against all domestic violence.

"It is not funny. It is contrary to our purpose of developing a prosperous and co-operative town."



Mike Danvers says his comments were 'completely inappropriate'

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Enraged man pointed imitation firearm at victim during dispute over his driving

Fugitive admits he made gun threats to neighbour

By Piers Meyler

piers.meyler@essexlive.news

A HARLOW fugitive who remained on the run for ten months has pleaded guilty to threatening a neighbour with a fake gun in a row over his driving.

Armed police were called after Michael Butler threatened the victim, a man in his thirties, following a dispute in Pittmans Field.

Butler, 32, who has a teardrop tattooed under his left eye and the word "Ends" tattooed on the right side of his neck confronted the victim on September 11, 2016, after complaints that he could put the safety of residents at risk with his driving.

Butler went into an address in the road, returning with a "gun", then pointed it at the victim and threatened him with it.

The victim called the police and armed officers attended but the driver had left the area.

Butler was stopped in Leigh-on-Sea and arrested ten months later on July 30, 2017.

Fear

Butler, of Queens Road, North Weald, was charged with possession of an imitation firearm with intent to cause fear of violence and possession of Class B drugs.

He pleaded guilty to the charge at Chelmsford Crown Court on Wednesday, January 24. He is due to be sentenced at the same court on Friday, February 2.



Michael Butler has been convicted possession of an imitation firearm with intent to cause fear of violence and possession of Class B drugs



Michael Butler, 32, will be sentenced at Chelmsford Crown Court

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M People star Heather is festival's headline act

AN ESSEX music festival has announced its first headliner for the 2018 line-up.

Heather Small, who was the lead singer of M People, is one of the main acts at the Brentwood Festival and will perform on July 13 on the grounds of the Brentwood Centre.

Known for being the vocalist for band M People, whose hits include Moving On Up, One Night In Heaven and Search For The Hero, Heather launched a solo career.

The title track of her album Proud became a UK hit and was even the soundtrack to London's successful 2012 Olympic bid, the Tsunami Relief Concert, and England's victory at the Rugby World Cup.

M People also went on to win the Best British Dance Act Award at the 1994 and 1995 Brits, as well as the Mercury Music Prize for their album Elegant Slumming.

Supporting her on July 13 will be

1980s R&B band Imagination, featuring Lee John.

Jason Jopson, festival director, said: "We are thrilled to have a performer of Heather's calibre on our 2018 line-up."

"She's got such a strong back catalogue of hits that we know the crowd will be singing along to."

Tradition

"Friday has come become a bit of a soul night at the festival, and we're happy that the tradition continues again this year."

The eighth annual Brentwood Festival will be held from July 13 to 15 2018 in aid of Cancer Research UK.

The event features two dozen performers on two stages throughout the weekend, VIP lounge, overnight camping, posh loos, real ale tent, street food, market stalls, funfair, and free parking.



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Marathon effort of the assistant head who shed total of six stone

Slimline Harlow teacher to run London event for Great Ormond Street Hospital



By James Gregory
james.gregory@essexlive.news

FOR Shawki Bakkar, being 24 stone was never an issue.

Takeaways and sugary snacks were part and parcel of his life and he had never contemplated doing any form of exercise.

He couldn't run for 30 seconds straight, but now he is training to run in the London Marathon after dropping a whopping four clothes sizes in less than a year.

Shawki, the assistant head teacher at Burnt Mill Academy in Harlow, was inspired to lose weight and take on the mammoth challenge after watching last year's marathon.

"I had never run a metre in my life – I'd never exercised if I'm honest," he said.

"But watching the London Marathon and seeing how everyone was supporting each other really inspired me to do something about my weight."

Harder

Shawki quickly got to training, but soon realised it would be a lot harder than he could ever have imagined.

"When I started my marathon training, my plan was to run for 30 seconds and walk for 30 seconds, ten times," he said.

"I was shocked to find I couldn't even

run for 30 seconds – my heart was racing.

"It was a massive struggle – my body simply couldn't do it."

Shawki now weighs in at 18 stone and runs four times a week and for up to 70 minutes at a time.

He is aiming to drop a further three stone on his way to competing in the marathon in April.

"I have got lots more energy now," he continued.

"I sleep better and I am more comfortable and happy."

"I was wearing size XXXL in T-shirts – that has all changed now."

Route

Shawki is running the 26.2 mile route in a bid to raise funds for Great Ormond Street, and will compete in a half marathon in Milton Keynes before the big event.

He said: "I never in a billion years would ever have seen me running a marathon."

"I have been taken aback by the support I am getting from the Burnt Mill community."

"I was invited to visit Great Ormond Street and what I saw was heartbreaking and life-changing."

"I would never give up now because of what I saw and how amazing the hospital is."

What a difference – Shawki Bakkar when he weighed in at 24 stone, and how he looks today



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Setting Standards for Retirement Communities

Schools guided by Burnt Mills Academy Trust are achieving excellent results

Schools celebrate Trust in UK table top spot

By Charlotte Page
charlotte.page@hertsessexnews.co.uk

A ROYDON primary school is celebrating its success topping the primary school league table as part of the Burnt Mill Academy Trust.

The trust, which includes eight schools in total, has topped the national league tables for primary outcomes with its results at The Roydon Primary School, as well as at Freshwaters, Cooks Spinney

and Little Parndon in Harlow – which was the top Essex primary school.

Progress scores in reading, writing and maths at the Roydon based school were considered well above average, according to a Government performance chart.

Fortunes

Also celebrating its success is Forest Hall School in Stansted, which achieved average scores having turned around its fortunes in recent years.



Thumbs up as progress scores in reading, writing and maths at the Roydon based school are now above average

Allan Osborne, executive principal and leader of the west Essex hub of BMAT, said: "I am abso-

lutely delighted BMAT has become the top trust nationally for progress in our west Essex hub in terms of primary outcomes.

"Little Parndon, Freshwaters, Cooks Spinney and Roydon staff and students deserve this amazing recognition of their sheer hard work and determination.

"Yet again, we are smashing through barriers and demonstrating that anything can be achieved with high expectations and the will to succeed.

National

"Burnt Mill Academy has yet again shown itself to be an outstanding school with Progress 8 scores which put it in the top 12 per cent nationally and well above national average.

"The consistent year on year outstanding outcomes show what talented student and staff BMAT has."

Executive head for the north Essex hub Stephen Hehir, added: "For the third year in a row, Forest Hall School has achieved well above national standards.

"This is a testimony to the hard work and determination of our



Forest Hall School, Stansted Mountfitchet

wonderful staff who go above and beyond each day.

"Our drive to ensure that every child in the north Essex hub has the chance to achieve highly continues as we see the growth of Magna Carta Primary Academy.

"Over the last three years, BMAT north Essex hub has given the children in Stansted Mountfitchet and the surrounding areas the opportunity to experience outstanding teaching and an unforgettable enrichment programme."

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Strategy outlined to meet county demand for 22,000 more places

MORE than 22,000 new school places will be needed across Essex in the next decade, according to a strategy published by Essex County Council.

Projections show an extra 12,201 new primary places and 9,915 new secondary places will be needed between now and 2027. Among the new schools in the pipeline over the next decade are primary schools in Harlow and Uttlesford.

Other schools will be increased in size. A total of 1,843 places are required in Harlow (693

primary and 1,150 secondary).

There are also secondary schools set to be built in Colchester and Harlow.

Again, some secondary school are also to be expanded.

Open

In Harlow, New Hall, a new primary school at Church Langley, will open later this year, while Sir Frederick Gibberd College, a new eight form entry secondary school, is coming in 2019.

Councillor Ray Gooding, Essex County Council's Cabinet Member for Education, said: "We

have an excellent track record of investing in new school places and spent about £74m creating more than 2,500 places ahead of September 2017.

"As a result, we were able to offer a record percentage of primary and secondary school pupils their parents' preferred places for the latest academic year, which is an outstanding achievement in the current climate.

"Despite our successes, we recognise that the county is continuing to grow and a further 22,000 new school places will be needed over the next decade."



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£7.5m to fund 150 more police

Cash to be raised through council tax to put extra officers on the frontline

By Piers Meyler
piers.meyler@essexlive.news

AN EXTRA £7.5 million is set to be raised through a council tax increase, to fund an additional 150 frontline police officers in Essex.

Members of the Essex Police, Fire and Crime panel have approved Roger Hirst's proposal which will result in the recruitment of 150 more officers primarily for local policing teams – bringing the total number of officers to at least 3,000 by 2019.

Three-quarters of all the additional money raised from the increased police precept from council tax is being invested in local policing.

The increase follows a survey in which approximately 65 per cent of people said they would be prepared to see council tax increased by more than two per cent.

Additional

Three-quarters of people who shared their view said they were prepared to contribute an additional £10 more per year to invest in policing and the majority of people said they were prepared to contribute over £20.

Mr Hirst said: "Essex Police has had the lowest funding per resident of any force in the country. I am delighted that my proposal has been approved.

"I can now increase the police element of council tax by £12 for a band D property, which is just £1 per month, to help us respond to the changing nature of crime and provide more

local, visible and accessible policing."

The Police, Fire and Crime Commissioner budget for 2018-2019 is £277.429 million, roughly two-thirds of which is funded by Government grant and one third of which is funded by council tax.

The approved increase is a 7.62 per cent rise in the police element of local council tax, equivalent to an increase of £11.97 a year from £157.05 to £169.02 for a Band D property, raising an additional £7.52 million.

Potential

Essex Police has also identified a further £3.5 million in potential savings by working more efficiently and this money will be reinvested back into the force.

These investments are part of a comprehensive transformation programme currently being delivered by Essex Police that includes investment in new technology, in training and development and in modern, fit for purpose stations.

Mr Hirst added: "Overall demand for policing is increasing. Local officers, detectives, specialist teams, PCSOs and police staff are all working hard to keep Essex safe.

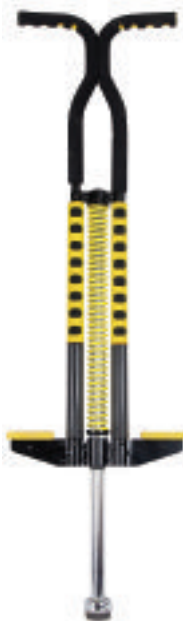
"This new funding will enable the Chief Constable to provide vital new officers.

"They will be joining one of the most efficient forces in the country as assessed by Her Majesty's Inspectors. We will continue to look for ways to improve efficiency and provide a better service for the people of Essex."



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Defendant sobs in dock as judge says 'this is a sad and shameful day for you'

Businessman tried to meet up with young teen for sex

By Sophie Finnegan

sophie.finnegan@essexlive.news

A FATHER of one asked the dating profile of a fake 15-year-old boy to meet up for sexual activity at a Harlow McDonald's.

Tejas Parikh, 37, from Welwyn, was charged with attempting to meet a child after speaking to who he thought was a 15-year-old boy in October last year.

A member of the CSE paedophile hunter group posed as the boy on the gay dating app Grindr.

Contact

On October 3, 2017, the profile was contacted by a profile called 'IndianTop', which was later confirmed to be controlled by Parikh while he was in custody.

Several conversations took place over Grindr and Whatsapp between the pair after he gave out his number.

The court heard how the fake

profile said he was still at school and was 15-years-old, which Parikh replied: "OK, I love young but I have to be careful of the law."

He then made jokes that he was under age and was too young to be on Grindr.

The court heard how they had attempted to meet up before, but the defendant did not show up.

On October 13 last year, at 1.40pm, the defendant messaged the profile to ask how he was.

The fake profile replied with: "You didn't turn up last time," to which he replied: "Yeah, didn't really know it was you, I'm free today for sure."

"Really?", the profile replied.

Parikh, who has a seven-year-old child, told the profile: "Yes, what time you thinking?" and the WhatsApp chat continued in a sexual nature.

He then asked him: "Are you genuine, not a paedophile hunting ring or something?" then

agreed to meet him at McDonald's in Harlow.

At 11.09am he was arrested in his car by officers at McDonald's when police were informed of the snare.

On investigation, police discovered he sent images, thought to be of himself as the man in the pictures was an Asian male in his 40s wearing glasses.

Remorse

Prosecuting lawyer, Cyrus Shroff, told the judge the defendant had no previous convictions but highlighted that he had a sexually explicit conversation and had items in his car to aid with sex.

Mitigating lawyer, Roger Shroff, said there was "no excuse for his behaviour" and that Parikh shows "extreme remorse."

He continued: "He has voluntarily taken steps to address his behaviour, he recognises he has a problem and is trying to address



Tejas Parikh

it. He has lost his career, he's lost his financial stability."

Sentencing Parikh, Judge Turner told him: "This is a sad and shameful day for you. You are 37, you are a university graduate, you have a bachelor's degree, and further qualifications.

"You have lost your career, your reputation, the integrity and

respect of your wife and family circle and your family have been financially affected.

"If a 15-year-old had been corrupted the sentence would be measured in years.

"However, I am satisfied that I can deal with you in a way which protects the public."

Parikh sobbed in the dock at

Chelmsford Crown Court last Friday as he was handed a two year community order, ordered to carry out 140 hours of unpaid work and ordered to pay costs of £300.

He was also given a five-year sexual harm prevention order and will be ordered to sign the sex offenders register for five years.

Phone glitch prevents villagers dialling 999

POLICE warned residents of several towns and villages in Hertfordshire this week that the emergency 999 number was unavailable on landlines.

Bishop's Stortford, Much Hadham, Royston and Bayford are all affected and police urged anyone in an emergency to get in

touch via their mobile phones. The problem was reported to BT, which worked on the problem.

Last week we reported how a power fault at Hertfordshire's Fire and Rescue Service control centre left 999 calls being handled by operators in Norfolk for 15 hours.



Police appeal for help finding man wanted in connection with burglary

POLICE are appealing for the help of the public in finding a man wanted in connection with a burglary.

Daniel Walton, 34, who is thought to be from Harlow, is wanted following a burglary which happened in Ware Road, Hertford, at the beginning

of January.

Police have released an image of him to help with their search.

If you recognise him from the picture on the left or have any information about his whereabouts, contact Detective Constable Nicola Morris via the non-emergency number 101.

Information can also be reported online at www.herts.police.uk/report.

Alternatively, you can contact the independent crime-fighting charity Crimestoppers anonymously on 0800 555 111 or through their anonymous online form here.

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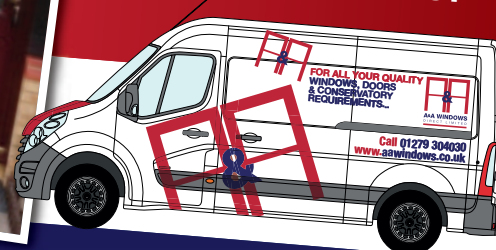
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More than 100 native trees to be planted by conservationists at Woodside Green

Scheme aiming to restore park to ancient glory

Woodside Green common will be transformed by the National Trust project



By Harriet Clugston

harriet.clugston@hertssexnews.co.uk

AN ancient parkland habitat near Bishop's Stortford will soon be restored to its former glory as a lottery-funded National Trust conservation project gets under way.

More than 100 native trees including oak, hornbeam, beech and field maple will be planted as part of the £28,000 project at the historic Woodside Green common near Hatfield Forest.

The 27-hectare grassland site was gifted to the National Trust in 1935, and is currently used to graze cattle in the summer.

It is hoped that an ambitious conservation project will transform 20 hectares of the site back into a historic parkland, described by the National Trust

as a "post-medieval form of wood pasture".

A wood pasture is a "mosaic habitat" that features ancient trees, grazing animals and open grassland or heathland, which supports many different micro-habitats for a wide range of wildlife.

The replanting project – which will begin this year and has been made possible by a £750,000 grant from the People's Postcode Lottery to the National Trust – will aim to restore wildlife that would have historically relied on the trees that grew on the grazed pasture, including rare bats, birds and insects.

Henry Bexley, National Trust Countryside Manager for Essex, said: "Woodside Green is very close to Hatfield Forest, which is internationally significant as one

of the finest examples of an almost intact medieval hunting forest and is a National Nature Reserve and Site of Special Scientific Interest.

"This important designation is due to the ancient trees and their wealth of dependent wildlife.

"We can now help to secure their future by restoring habitat nearby at Woodside Green."

The National Trust is working to restore 25,000 hectares of wildlife-rich habitats by 2025.

It will also be undertaking work to restore chalk grasslands at the White Cliffs of Dover, creating lowland heath in Exmoor and Devon for the UK's most endangered butterfly, and restoring wildflower meadows along the Durham coast to help nesting birds such as skylarks and lapwings.

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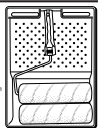


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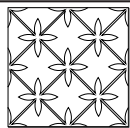
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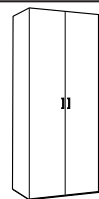
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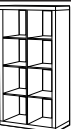
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Man sought over spate of thefts

POLICE are appealing for help in locating a man wanted in connection with a Sawbridgeworth burglary.

Martin Maughan (pictured), 30, of Oxford Road, Gerrards Cross, is also wanted in connection with a number of thefts from motor vehicles in the Thames Valley area.

Anyone who sees him, or has any information is asked to contact Hertfordshire Constabulary via the non-emergency number 101 and quote crime reference number A4/17/680.

Information can also be reported online at www.herts.police.uk/ report or via charity Crimestoppers, anonymously, on 0800 555 111 or an online form.

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Bereavements

MALCOLM ALLAN

Sadly passed away on 10th January, aged 83. Missed by his family and many friends.

Funeral Service will take place on Wednesday 7th February at 4:00pm at Parndon Wood Crematorium.

Family flowers only.
Donations, if desired, to RSPB

HAZEL ELIZABETH BARDWELL

Passed away suddenly at Lister Hospital on 24th January aged 78.

The Funeral will take place on Friday 9th February at St Peter's Church Buntingford at 10am, followed by a burial at Layston Churchyard Buntingford. All flowers are welcome. Donations if desired are for Crohn's and Colitis UK. All enquiries to Austin's of Buntingford.
Tel: 01763274111

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Rod BROWNLIE

Sadly passed away at home on Monday 8th January 2018, aged 63 years.

Funeral service to be held at GreenAcres Epping Forest, on Friday 9th February 2018, at 11.00am followed by a private committal at Parndon Wood Crematorium.

No flowers please.

All enquiries to Daniel Robinson and Sons, Wych Elm, Harlow, CM20 1QP. Tel: 01279 426990.

Frank CLANFORD

Passed away on 24th January 2018 aged 89 years. He will be sadly missed by his son Steve, Deb, Ben, Ellie and Family.

The funeral service will take place at Parndon Wood Crematorium on Friday 9th February at 11.30 am. Family flowers only, donations if desired to "Dementia UK" may be sent c/o Daniel Robinson & Sons, 79/81 South Street, Bishops Stortford CM23 3AL, or via our Web In Memory Page www.drobinson.co.uk

Bereavements

Dorothy 'Dot' COLLINGRIDGE nee Cox

Sadly passed away at home on January 10th 2018 aged 88 Years

Beloved Wife of the late Ernie, Much Loved Mum of Val, Geoff and Ian.

Funeral service to be held at Parndon Wood Crematorium on Tuesday 13th February at 2.30pm.

Family flowers only please. If desired, donations, made payable to 'St Clare Hospice' or 'RSPCA' may be sent c/o Daniel Robinson & Sons, Wych Elm, Harlow, CM20 1QP. Tel: 01279 426990

June Grace CURTIS

Passed away peacefully at home on 18th January 2018 aged 87 years. Wife of the late Dennis, mother of Ian and Linda. She will be sadly missed by all family and friends. The funeral service will be held at Parndon Wood Crematorium on Thursday 8th February at 1.00pm. Family Flowers only but donations if desired to "Isabel Hospice" may be sent c/o Daniel Robinson & Sons 79/81 South Street, Bishops Stortford, CM23 3AL Tel: 01279 655477

David John DIXON

On the 20th January 2018 David passed away peacefully at home with the love of his life Jacqueline Martin by his side. He was a true gentleman and will be greatly missed.

His funeral will take place at Holy Trinity Church, Bishops Stortford on Wednesday 7th February at 12.30pm followed by a gathering at the Coach and Horses pub, Thorley Street, Bishops Stortford, Herts, CM23 4AS. Flowers are welcome or if desired donations can be made to Cancer Research UK c/o Daniel Robinson and Sons, South Street, Bishops Stortford CM23 3AL or made via the In Memory page at www.drobinson.co.uk

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Bereavements

TIMOTHY EDWARD ELMS 'TIM'

Passed away peacefully, quickly and painlessly on Wednesday 17th January 2018 in the Critical Care Unit at Colchester General Hospital after a seven week battle against pneumonia.

Beloved son of Bob and Jill and dear brother to Andrew. A Memorial Service to celebrate Tim's life will be held at St Mary's Church, Great Dunmow on Monday 5th February at 11.30am. Family flowers only please but donations, if desired, may be made payable to Colchester Hospitals Charity or The Willow Foundation and sent c/o Daniel Robinson & Sons, Haslers Lane, Great Dunmow CM6 1XS. Alternatively, please visit the 'In Memory Pages' at www.drobinson.co.uk

John Perham

Sadly passed away on 13th January 2018 aged 64. He will be sadly missed by all members of his family.

Funeral Service will take place on Monday 13th February 2018 at 10:00am at Parndon Wood Crematorium.

Family flowers only. Donations, if desired, to St Clare Hospice.

Brenda Georgina LANGFORD

Passed away suddenly on 5th January 2018 aged 78.

She will be sadly missed by her Husband, Son, Daughter-in-Law, family and friends. Reunited with her younger Son, James. She will always be in our heart and thoughts and will never be forgotten for all she gave to us in her life. The funeral service will be held on Tuesday 13th February at Parndon Wood Crematorium at 1:00pm.

Family flowers only please. Donations if desired to The Children's Trust. Enquiries c/o Daniel Robinson & Sons 01279 655477 or the in memory web site www.drobinson.co.uk

Joyce LODGE

Sadly passed away on 23rd January 2018. Much loved Mum, to Stephen, Malcolm & Melanie, Nan and Great-Nan. Will be sadly missed.

Funeral to take place at Three Counties Crematorium, Braintree, CM7 5PB, on Friday 9th February at 9.30am. Family Flowers only please, Donations will be accepted for Guide Dogs. Enquiries to Daniel Robinson, Haslers Lane, Dunmow, Essex CM6 1XS. 01371 874518

Bereavements

Barry Stanley McCOMBIE

Sadly passed away on 18 January 2018, aged 72 years.

Beloved husband to Deborah, dearly loved Father to Donna, James and Alex, cherished grandfather to Ashley, Ben, Isabella and Laila and deeply missed by his brother Dennis.

Funeral service to take place at Parndon Wood Crematorium on Thursday 15th February at 3:15pm. All welcome.

Flowers or donations to Diabetes UK may be sent via Daniel Robinson & Sons, Harlow, CM20 1QP.

Jenni PATRICK

Passed away on 25th January 2018 aged 80 Years. Sadly missed by family and friends.

Funeral service to take place at Parndon Wood Crematorium on Monday 12th February 2018 at 1.45pm.

Family flowers only please but donations for Alzheimer's Society may be sent c/o Daniel Robinson & Sons, 79/81 South Street, Bishops Stortford Herts CM23 3AL tel 01279 655477 or via in memory pages www.drobinson.co.uk

Keith STALLARD

Died peacefully in St Clare Hospice on 21st January 2018 following a courageous battle with cancer.

Much loved husband of Pat, father to Nicholas and Simon. He will be sadly missed but never forgotten.

As requested by Keith, no flowers please but donations, if desired to "CLIC Sargent" (Children's Cancer charity) may be sent c/o Daniel Robinson & Sons, Wych Elm, Harlow CM20 1QP. Tel: 01279 426990. Alternatively, please visit the 'In Memory page' at www.drobinson.co.uk

GLADYS JESSIE IDA TAYLOR

Peacefully in the Princess Alexandra Hospital on 21st January 2018, aged 85 years. Now reunited with her beloved Husband Derek. The beloved Mum to Stephen and Cheryl, mother-in-law to Steven and Anne-Marie and a wonderful and loving Nan to her 6 Grandchildren and 11 Great Grandchildren. She will be sadly missed by all her family and many friends.

Glad's Funeral Service is to be held on Tuesday 6th February 2018 at Parndon Wood Crematorium at 1.00 p.m. Family flowers only please, donations if desired for Age Concern, Harlow. Cheques made payable to MFH Charities Account.

All Enquiries and donation to Masterson Funeral Home Ltd, Independent and Family Owned Funeral Directors, Station Road, Old Harlow, Essex. CM17 0AS. Tel: 01279 626238.

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John MANSFIELD

10/6/46 - 16/1/18

Father of Gary, Wayne, Clare and Aimie

Much loved and missed Dad and Grandad

Funeral to take place at Parndon Wood Crematorium on 7th February at 1.45pm

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Bereavements



Amanda WILLIAMS
(Needham)

Passed away peacefully after her illness surrounded by loving family on 9/1/18 aged 38 years. Beautiful wife, amazing mum, wonderful daughter, treasured sister, an inspirational lady who touched the hearts of everyone she met.

Funeral Service Friday 9 February 11.00am English Martyrs Church, Liebenrood Road, Reading, Berks, followed by a burial service at All Hallows Road Reading Cemetery.

Family flowers only please, however donations may be made at Manda's request to Sue Ryder, Duchess of Kent Hospice in Reading at www.mydonate.bt.com/fundraisers/manda or to Cancer Research UK or Contact David Needham 07771916864

other enquiries to The Co-op Funeral Care Reading Tel: 01189874473
David Needham

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Acknowledgements

Barry Michael COOPER

Tina and Sharon wish to thank all those who attended Barry's funeral. What a wonderful tribute to him. Thank you for all the cards, floral tributes and generous donations to St Clare Hospice.

We would like to thank Rev Neil McLeod for a beautiful service, Newport Surgery, Papworth and Addenbrookes Hospitals, St Clare Hospice and Peasgood & Skeates for their professionalism.

Trevor George POWTER

The family of the late Trevor Powter, send their heartfelt thanks to everyone who attended Trevor's funeral in celebration of his life.

Special thanks to:

Trevor's Church Family at St Mary's Elsenham, to Gary Townsend for a beautiful bespoke service. To the ladies who worked so hard with providing refreshments and the Elsenham Bowls Club stewards.

To Joanne at Daniel Robinson & Sons Funeral Directors and associates for an excellent service. To Elegant Stems for the beautiful floral tributes. Please accept this as our only but most sincere acknowledgement.

To make a donation for a loved one resting with Daniel Robinson & Sons you can make a donation by visiting the In Memory pages at: www.drrobinson.co.uk

In Memoriam



Cyril (Sid) ALLEN
5th February 2017

Words cannot express how much we love and miss you, life is not the same without your jokes and smile.

Because someone we love is in Heaven, there is a little bit of Heaven in our home.

All our love

Doreen, and Daughters Sue and Beverley, and families

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In Memoriam

MICHAEL CUTMORE

Treasured memories of my dear husband Mick who passed away on 1st February 2009. Love and miss you always. Till we meet again, God Bless.

Love, Janet x



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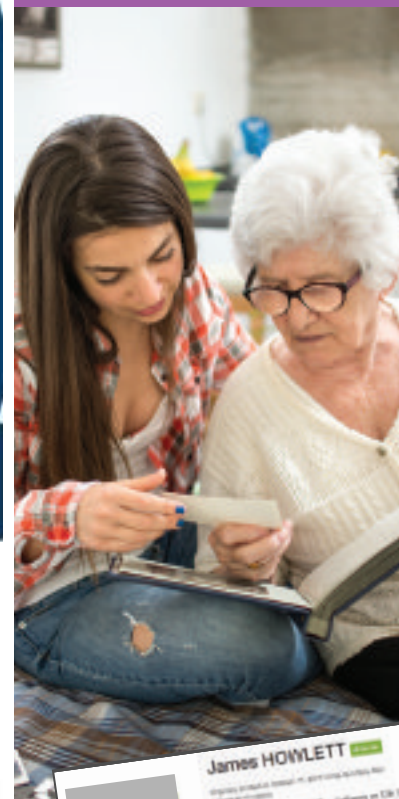
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YOUR VIEWS

LETTERS

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New hospital won't solve the problem

ROBERT Halfon is right about the problems facing services at Princess Alexandra Hospital – but his suggestion that the way to deal with them would be to set up a completely new hospital elsewhere to replace PAH is wildly off the mark.

Yes the sight of ambulances queuing with patients aboard is shameful, and patients should not have to wait long hours to be treated. But those wouldn't be solved just by having a new hospital. All we can expect from that would be that those kind of problems would recur, and be put down to "teething problems" as the new hospital got under way. The hospital is in the right place, and has quite enough room to allow for the necessary changes to solve those problems, if the backing from central government was provided. A multi-storey car park could improve matters greatly, both for patients and ambulances. But the main reasons for delays in treating people are to do with not having enough medical staff on duty to meet the demand, and places where treatment can be carried out. Building a new hospital wouldn't solve that – there'd be no more doctors and nurses on duty, and there is plenty of room on the present site to expand the space for treating patients.

What's needed is to provide more money for both the NUS and to enable a proper system of social care to relieve pressure on medical facilities. A new hospital, probably built through the discredited Private Finance Initiative, would be an expensive diversion.

Kevin McGrath
Harlow

“

There is room on the present site to expand the space for treating patients

Kevin McGrath

Hospital workers did a caring job

AFTER all the negative press we feel Princess Alexandra Hospital has received over the last few years we felt it was only right to write to you and tell you about our experience.

On Boxing day my partner's brother was rushed into the hospital with widespread pneumonia. Sadly he died some days later. From the moment he entered the hospital he and the rest of our family were treated with kindness, a high level of care and professionalism from all staff. We would especially like to give our heartfelt thanks to the staff in the ICU and HDU. We would wholeheartedly recommend Princess Alexandra to all. The national health service is one of our most valuable assets and from our point of view Princess Alexandra is a jewel in its crown.

Sue Driver and Dean DoYLES
Harlow

More money is needed for NHS

YES, the case for a new hospital for Harlow is very strong, and Robert Halfon, as the town's MP is quite right

to be putting that case to the government as strongly as possible ("Long queues prove need for new hospital", MP tells Government, January 18). But that is inevitably a long-term project, years in the future. What is needed urgently, now, is more money for the NHS in general and for PAH in particular. One contribution that could be implemented fairly quickly, to help deal with the immediate crisis, would be to re-open the Walk In Centre which provided a valuable service before it was closed some years ago. Indeed, there is a strong case that Walk In Centres should be a normal part of the NHS organisation, providing a useful intermediary facility between hard-pressed GP surgeries and the hospital.

Frank Jackson
Harlow

Current site is in need of thought

ON visiting Harlow hospital a large sign states that improvements are under way to the main entrance, however, someone in a electric wheel chair would not be able to use the front entrance and would have to go at the back of the hospital.

It has not been thought out very for the disabled.
Mr R E Budd
By email

The state of our town is eyesore

WHAT a mess this town of Harlow looks like. The roads are some of the worst I have seen, motorists spend an unsafe amount of time

having to dodge potholes, and even when they are repaired it is a quick fix. I certainly do not blame the repairers, they just follow their instructions from their superiors.

The road infrastructure is a shambles, parts of the town are 'grid locked' from 4.30pm, and I for one can't wait for the new housing developments to be finished along Elizabeth Way...

Grass verges are churned up throughout the town by vehicles belonging to residents, as well as the parking on pavements throughout the town.

Roundabouts are a disgrace, apart from then

sponsored ones, just look at the one in the town centre at the junction of Fourth Avenue and North Gate/Kitson Way. This particular roundabout has been in that 'eyesore' state for years, a very welcoming site for visitors to Harlow and the Town Centre.

This is apart from the dumped rubbish around the town, in the hedgerows, cycle tracks and the like.

This Town has certainly gone down hill over the years, nothing like how it used to be, but hopefully in the future a reversal of what it is now.

Ronald D Lucia
Coppice Hatch, Harlow

CONTACT US

■ Please enclose your full address and daytime telephone number. Keep your letter to no more than 200 words. The News reserves the right to edit material.

■ Email your pictures in JPEG format marked 'Your Views'. Please add your name, where you're from and where you took the photo. We reserve the right to reuse pictures at our discretion.

WEBCHAT

■ HARLOW TEACHER LOSES SIX STONE AND IS ON HIS WAY TO RUNNING LONDON MARATHON

Run Bakkar Run - London Marathon 2018: The support I've been receiving is unbelievable. I'm very grateful and am proud to be running for a brilliant cause Great Ormond Street Hospital and Children's Charity <https://www.justgiving.com/fundraising/runbakkarrun>
Ellie Bryant Webb: Good for you. You must feel so proud of yourself. I'm on the same journey but still cannot run for 30 seconds. Regardless of the fact I've lost 4 stone. Good luck and never give up. As I say to my kids. Just make sure your best is good enough for you!

Club Foot Harlow: We're very pleased to be supporting Mr Bakkar with his fundraising efforts with this event - come along for a great night! <https://www.facebook.com/events/350942908705032/>

■ TRADERS STEP UP SECURITY MEASURES AFTER HARLOW GANG RAM RAID

Peter Lambert: How many more ATM ram raids is it going to take, before the police ever actually catch the culprits?
Karen Boylan: It's a terrible state of affairs, it's like a joke now.

■ INVESTIGATION LAUNCHED AFTER MAN

STABBED IN EPPING HIGH STREET JUST 30 MINUTES BEFORE SIX-MAN GANG KNIFE ATTACK

Keith Knight: They know they can get away with it in Epping now the police have to come from Loughton or Harlow. Cuts cost lives and injuries.

Dawn Churton Hill: Glad to see the severe threat of punishment for carrying knives is working.

■ THESE ARE THE HARLOW RESTAURANTS AND TAKEAWAYS WITH THE WORST FOOD HYGIENE RATINGS
Clair Salmons Humphrey: Surprised by one of these always had great food.



Mulberry House, Harlow
by Kate Ives

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PHOTO
of the week

Pink sky taken in Leaden
Roding, picture taken by
Martine Xerri

Robert Halfon



POINTS OF VIEW

Rt. Hon. Robert Halfon MP

I AM pleased to be writing my first column for the Harlow Star. I'll be writing each week to update you on what has been going on in Harlow and in Parliament.

I was elected to be Harlow's MP in 2010 after moving to the town in 1999. Since then, I've been fortunate enough to visit schools and businesses,

attend community events and host Harlow's annual Jobs Fair. I have met so many amazing residents, young and old, who make Harlow the aspirational and close-knit community it is. Throughout my years as MP, I have also been working hard in Parliament. Through campaigns in Westminster, I have helped keep fuel duty

frozen for eight consecutive years, facilitated Public Health England's move to Harlow (to make it the health science capital) and secured funding for the Harlow Enterprise Zone to bring more jobs and innovation to the town. My passion is education. As Apprenticeships Minister, I introduced the

Apprenticeship Levy to support businesses to take on apprentices and help build a skills nation. Now I am Chair of the Education Select Committee – it's amazing because I can be really involved in education and scrutinise the Government to make sure education in England, and in Harlow, is the very best it

can be. Despite Westminster and Harlow being only 30 miles apart, Westminster can feel like a world away. I wanted to write this column to communicate what I'm doing to build an even better Harlow when I'm not out and about in the town. Each week I will write, like this, for the Harlow Star to keep you up to date.

I will continue to work hard every day to build an even better Harlow, champion education and skills and protect our NHS. If there is every anything I can do to help, please get in touch via halfon4harlow@roberthalfon.com, if not, I will see you here in the same place next week for Column Number 2!

YOUR CHARITY NEWS

Join the team at hospice shop

HASTINGWOOD-based charity, St Clare Hospice, is encouraging local people to join the team and get involved with volunteering in their flagship store located at the St James Centre, Harlow.

More than 230 local people, give their time to help out in St Clare's eight charity shops, located across West Essex and East Herts, offering their invaluable help in sorting donations, providing excellent customer service and maintaining the shop floor.

Shop volunteer, Danielle Spicer, has been helping in the Debden St Clare shop for over two years. She said: "Volunteering in a St Clare charity shop is an easy way to help people, and a nice little job to have. I've made so many good friends just

from working here – both colleagues and customers. There's such a happy atmosphere here because we are all close, and we get on all the time. It's hard to put into words; it's like one big family here.

"It's easy to think that these kinds of places are just charity shops, and to forget where the money is going. Yet, because the hospice is local, the people around here usually have some association to St Clare, and do know exactly where their money is going and who it is helping. I love volunteering here because you can see that what you're doing is helping, and making a difference in your local community, you can see it happening.

"I love it here, I really do.

At first, I was very nervous to meet so many people, yet, everyone made me feel so welcome, and at home. It was like I had always been here. Volunteering for St Clare has given back to me, and helped me with building confidence. Now, I feel like I can do things that I wouldn't have been able to do before."

St Clare Hospice's Harlow shop is currently recruiting for more volunteers to help in the store located at Unit2A, St James Centre, East Road, Harlow.

To find out more, phone Rob Wallace, on 01279 773722 or email rob.wallace@stclarehospice.org.uk or apply online here: <https://stclarehospice.org.uk/volunteervacancies/shop-volunteer-harlow/>



Danielle is one of the volunteers in the St Clare shop

Rainbow Services members enjoy a colourful social life

IN May 2016, Rainbow Services received three years of Big Lottery funding to reduce loneliness and social isolation in Harlow's senior community.

During that time, Rainbow Services set up six weekly social clubs across the town and offered monthly special events, including day trips.

As the project has grown, local businesses, organisations and schools have come together to support the clubs. Supporters include Mecca Bingo, Kings Plumbing and Heating, Freshwaters Christian Fellowship, Greggs, MRCT and Tesco Stores Edinburgh Way, Church Langley and Express who came together to host and run an afternoon tea party for over 100 people in July. Passmores Academy and William Morris C of E Juniors have provided chairs at our special events.

With additional funding in April from Essex Community Foundation Harlow Recreation Trust Fund the charity was able to provide afternoon tea river cruises for over 100 people, in partnership with CanalAbility.

In May the charity ran two safe and social events at Harlow Cricket Club and the Leah Manning Centre where information was provided about frauds, scams and bogus calling, participants had a wonderful freshly prepared lunch, then entertainment and dancing in the afternoon.

In July the charity received further funding from Groundwork's One Stop, Shop for Carriers and

Causes to treat over 80 seniors to a day out to Southend.

September saw a coach full of club members travel to Cambridge for a day of shopping and sight seeing.

In the autumn, the charity partnered with the West Essex Clinical Commissioning Group to host three safe and social events at the Leah Manning Centre, the GPCA and Harlow Cricket Club.

With information and goody bags, a 'Staying Well in Winter' theme in the morning, we hosted around 300 people for a fish and chip lunch with singing from an Elvis impersonator in the afternoon.

Rainbow Club members came together to celebrate



One of Rainbow Services' many events for seniors in Harlow.

Christmas in style, thanks to Tesco Stores PLC Bags for Help fund. In partnership with Harlow Rugby Club, Rainbow Services' community builder team were delighted to host a party for 120 Harlow seniors.

Guests were treated to a carol service, roast turkey dinner followed by singing and dancing.

One of the guests said "I didn't think this was my type of event but I've had a wonderful time and will look

to join one of the social groups in my area."

From another: "The lunch was superb and we really love coming to the weekly clubs."

There will be a list of special events published

soon. Weekly club members are given priority booking, however, all Harlow seniors are welcome.

For information about the weekly clubs and events or joining our volunteers, call 07793 007737.

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Climb aboard for a canal trip with an award-winning charity

RESEARCH out this month, commissioned by the Boating and Watersports Holiday Show, reported that a third of Brits plan to take a 'staycation' in the UK this year, and a further two million are planning to go on a canal boat.

However, is this an option for someone with a disability or mobility issue? Award winning charity CanalAbility say it most definitely is.

CanalAbility are an award winning charity, based on the Herts Essex border, and dedicated to providing the facilities for disabled people and people with special needs to enjoy boating on the river on specially adapted canal boats.

Whether you have a disability yourself, or care for someone who does, the crew at CanalAbility have been helping disabled and disadvantaged people, and people with special needs, enjoy the river for over 19 years and provide all the facilities needed for those with disabilities to fully participate in the experience.

Everyone can take part as much, or as little, as they wish, from steering the boat to helping operate the locks, making sure everyone has a memorable, fun and

inspiring experience.

Enjoying a leisurely cruise through the beautiful countryside of Essex and Hertfordshire gives a unique way to explore and, choosing a short break or holiday option, will give you the opportunity to wake up in a new location each morning, allowing you the freedom to explore and discover something new each day. You will be spoilt for choice; spot wildlife as you glide along, discover heritage sites and beautiful country villages, plus, there are no parking charges or traffic jams on the river.

The boats have central heating throughout and are fully equipped with wet rooms, fully accessible toilets, hoists, ramps and lifts to enable access via wheelchair and for people with impaired mobility.

The fully equipped galleys allow you to prepare your own meals, or you can stop off at several nearby pubs and restaurants or, bring your own picnic to enjoy as you cruise along.

On day trips we provide a skipper, first mate and crew member.

They encourage you to become part of the crew for the day, if you wish, by encouraging you to take the



Canal boat project

tiller and help with the locks.

If you were looking for more of an incentive, CanalAbility are currently

offering a discount of 25 per cent off advertised prices for cruises taken in February.

To find out more about

arranging a canal boat trip contact CanalAbility on 01279 424444 Monday to Friday between 9.45am and

1.30pm, email hello@canalability.org.uk, or visit the website at www.canalability.org.uk



Kevin Packer, inpatient unit volunteer

Your chance to make a difference

ST CLARE Hospice, is encouraging local people to join the team and get involved with a diverse range of volunteering activities to support the organisation in 2018.

St Clare currently has the support of over 450 committed volunteers, working across all departments of the hospice. Volunteering roles range from support in clinical services and care settings, to facilities maintenance, assistance in their eight charity shops, fundraising support and more. Volunteering at St Clare is flexible for the individual, with some choosing to give their time on an ad-hoc basis whilst others commit to a regular shift. With the

charity's services continually developing and growing, the appeal for more helping hands is as vital as ever.

St Clare Voluntary Services Manager, Rob Wallace, said: "If you're looking for a New Year's resolution in 2018, we have plenty of fantastic opportunities for people to come and get involved with supporting their local hospice charity and making a difference in their community. Our volunteers are an absolutely crucial part of the team at St Clare – they support our nurses on the Inpatient Unit, help to run Day Therapy groups and assist in running sessions for children and young people who have lost loved ones. As well as this, they also provide invaluable support behind

the scenes – maintaining our beautiful gardens, giving talks about our care in the community, fundraising for us, and so much more.

Rob continued: "If you have a spare few hours here and there, or a free day during the week, please do get in touch and lend us your time and skills to help our hospice – we would love to hear from you! Joining the St Clare team is like being part of an extended family – you will feel so rewarded by lending a hand to us, whilst making a huge difference towards the local people and families who you help us to care for."

Kevin Packer, a St Clare volunteer who works on the Inpatient Unit, said: "One of the best things about

volunteering at St Clare is knowing that when I finish my shift, I have made a difference. However big or small, whether it's a patient or a relative that just might want a chat or a simple cup of tea; as a volunteer I am there to listen and make the patient and family as comfortable as I can. When I get home, I know I've done something to contribute to the community."

If you'd like to volunteer with St Clare Hospice, you can find more information on their website at: <https://stclarehospice.org.uk/get-involved/volunteer/>. Alternatively, please get in touch with Rob Wallace at rob.wallace@stclarehospice.org.uk or 01279 773722.

YOUR EDUCATION NEWS

New year off to great start with top rating

STAFF and pupils at Saint Nicholas School in Old Harlow are celebrating this week after receiving the top rating in a recent school inspection, carried out by the Independent School Inspectorate (ISI).

The result of the inspection which was carried out on December 6 and 7 last year, has been formally shared with the school and the full report has happily been shared with parents and staff who are all delighted with the result.

Unlike previous inspections, where inspectors are permitted to use words such as 'exceptional' or 'outstanding', the highest possible rating under this particular inspection framework is 'fully compliant' which the school is delighted to have

achieved. Across eight discrete areas, covering aspects such as quality of education provided, pupil welfare, health and safety and the spiritual, moral, social and cultural development of pupils the school was judged to be fully compliant in all areas.

Furthermore, on leaving the school after the two days, the inspectors were keen to stress how much they had enjoyed their time at Saint Nicholas and complimented the pupils who the headmaster has said were a credit to the school throughout the process.

David Bown, the headmaster, who has been in post since September 2016, said: "I am enormously grateful to all my colleagues for the consistently high standards they set and to the



Saint Nicholas School Old Harlow students

pupils for the part they played in making this such a successful inspection.

"I must also thank the, more than, 200 parents who responded to the questionnaires and whose feedback reinforced the judgements made by the inspectors. It is a fantastic vote of confidence in the school."

The school, which celebrated an excellent set of GCSE results last summer, appears to be going from strength to strength under Mr Bown's headship, with a series of improvements to the school's facilities having recently been undertaken, including an extended 3D art room, a newly laid all weather cricket square, a

new remote controlled stage lighting system in the theatre and a complete refurbishment of the main school hall.

2018 will see further facility developments including a new junior play area and the opening of an onsite coffee shop for parents to use after school drop off.

Mr Bown commented: "We are thrilled with the inspection report but we know that we cannot become complacent and are fully committed to driving the school forward to maintain the very highest standards of educational provision. 2018 is set to be a very busy year but we are certainly off to a great start."

Sporting talent awards celebrated as the first black England footballer presents top trophies

ST Mark's West Essex Catholic School in Harlow celebrated the commitment, talent and skill of its pupils last week with its Sport Awards' Evenings.

Pupils who have represented the school in a variety of sports, and those who have demonstrated commitment to training and to their peers, were presented with their Sports' Colours.

Awards were also presented to Managers' Players of the Year, Rising Stars in each year group and overall Sport Personality of the Year: Lower School: Ronnie Nickolds; Upper School: Al-Amin Kazeem

Presenting the awards was Guest of Honour Mr Benjamin Odeje, the first black footballer to represent England at any level.

He made his debut as a schoolboy international against Northern Ireland in 1971.

The school is very grateful to the Jack Petchey Foundation, who helped to finance the Sport Colours Programme and Awards.

Head of Physical Education, Ray Flowers, said: "The Awards' Evenings were wonderful celebrations of the talent and personal commitment of our students; the PE Department is very proud of them all."



St Mark's pupils in Years 8 and 9 who won main awards.

Futurechefs looking to sharpen skills for the finals

BUDDING young chefs from Passmores are looking forward to taking part in the regional finals of national cooking contest, Futurechef.

Following a double win for the academy at the local finals in December, students Ross and Dylan are back in competition mode as they prepare for the next round taking place on February 6.

The boys are mentored by two professionals, Glenn Evans, Head of Food Development at Las Iguanas and Ben Nottage, Executive Chef at the Radisson Blu Hotel, Stansted Airport. The first of their three mentoring sessions focused on skills in preparation, taste and presentation.

Funded by the Springboard Charity, Futurechef is an initiative which supports young people aged between 12 and 16. From this, they can develop their culinary expertise which could lead to

a professional career in the food industry later on.

Glenn, who has been involved with the charity for six years said: "Passmores has always been in the competition, but this is the strongest year yet in terms of the chefs' ability. We are seeing improvements year on year which are the result of good teaching at school, information through the media and a widening availability of ingredients. Practice makes perfect, so cooking outside of school will also benefit them. The boys are certainly doing that."

In fact, Glenn and Ben are so impressed with the boys' skill and commitment that they have invited them to prepare lunch at a function taking place at the Radisson Blu this month.

The winner of the Regional Finals will progress to the National Finals to be held later in the year.



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Passmores students
Ross and Dylan

Young people take a leap of faith to share their ideas at annual TEDx conference

PASSMORES is again hosting TEDxYouth@Harlow following the resounding success of last year's event.

Linked to the internationally acclaimed TED Conferences held all around the world, young people from the UK and beyond will be sharing innovative ideas on the theme of 'Making Connections'.

Passmores English teacher, Anna Szpakowska said: 'I'm so excited to announce that applications are now open

for TEDx Youth. We're looking for young people aged between 10 and 24 with a diverse range of talents as performers, speakers or youth reporters. This is a great opportunity to show how young people can take an active and positive role in our community and society as a whole'.

The event will take place on Sunday, July 15 2018. If you are interested in taking part, please contact a.szpakowska@passmoresacademy.com



A group picture from last year's event. Photo: NEIL GLOVER

YOUR COMMUNITY NEWS

Youngster wins backing from TV star with his mission to help the homeless

ON his weekly visits to Great Ormond Street Hospital Oak, who is 11 years old, was saddened to see all the homeless people in London and especially how they seemed to be invisible to passers-by.

So he started making up bags of food and gloves each week to donate to homeless people upon each visit. Giving out the parcels he also chatted to the homeless.

Deciding that he still wanted to do more and reach more people, he made a video at his school, which thought it was a great idea, asking for anyone to donate certain items, such as warm hats, socks and toiletries such as toothpastes and deodorants.

This video has been seen by more 1,000 people, including Jonathan Ross, who tweeted: "The world needs more people like Oak"

Oak wants to continue his campaign and is still collecting donations. He said "I'm happy that people have listened to what I've got to say and been so generous in their donations."

"We should help homeless people as they are alone and need help and no one should



11-year-old Oak with Kerrie Eastman, CEO of Streets2Homes

feel alone. And if you think 'why cant someone else do it?', then I would say to

them, 'how about you be that someone else, because you can make a difference,

like I have'.

"I really hope more people will donate so together we

can make a difference."

Donations can be given into reception at Passmores

Academy, or to the Streets to Homes Centre. Call 01279 430011.

MP pledges his commitment to Holocaust Memorial Day

THIS week MP Robert Halfon signed the Holocaust Educational Trust's Book of Commitment to pledge his commitment to Holocaust Memorial Day, honour those who were murdered during the Holocaust, and pay tribute to the extraordinary Holocaust survivors who work tirelessly to educate young people today.

Saturday, January 27, marked the anniversary of the liberation of the Nazi concentration and death camp Auschwitz-Birkenau, the site of the largest mass murder in history.

In the lead-up to and on Holocaust Memorial Day, thousands of commemorative events were arranged by schools, faith groups and community organisations across the country, remembering all

the victims of the Holocaust and subsequent genocides. The theme for this year's commemorations is "the power of words".

After signing the Book of Commitment, Mr commented: "Holocaust Memorial Day is an important opportunity for people from Harlow and the villages to reflect on the tragic events of the Holocaust."

"As the Holocaust moves from living history, to just history, it becomes ever more important that we take the time to remember the victims and also pay tribute to the survivors."

"The Holocaust Educational Trust does an incredible job of reminding the world, particularly students and children in the UK, of the horrors of Nazi

Germany. I have been incredibly touched by the number of residents who have been in touch with me about this, particularly students from St Marks and Harlow College."

Karen Pollock MBE, chief executive of the Holocaust Educational Trust, said: "The Holocaust did not start in the gas chambers but with hate-filled words. Our mission is to educate young people from every background about the Holocaust and its contemporary relevance."

"We are very grateful to Robert Halfon for signing the Book of Commitment, signalling a continued commitment to remembering the victims of the Holocaust as well as challenging antisemitism, prejudice and bigotry in all its forms."



Robert signing the book of commitment.

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Oak with some of the donated items, ready for delivery

Five new Rainbow groups to help reduce loneliness among elderly

RAINBOW Services Senior Safe and Social Project has a busy time ahead.

With eight weekly clubs already established across the town, it is planning to set up five new groups over the next few weeks.

Funded by Big Lottery for three years, with the support of a wonderful group of volunteers, the Rainbow Community Builders continue creating new groups to meet the rising demand for activities, reducing loneliness and social isolation for the town's older population.

■ **ON TUESDAY**, January 30 a group at The Golden Swift pub opened at 10.30am.

■ **ON MONDAY**, February 5 two new groups launched, one at the Playhouse at 10.30am in their café and

social space, the other at Desormeaux Bungalows, in their social room at 1.30pm.

■ **ON TUESDAY**, January 6 they opened a new group at The Shark pub in Little Parndon at 1.30pm and then:

■ **ON FRIDAY 9**, the group at Netteswellbury Farm in the Day Barn, which is part of the Study Centre opened at 10am.

There will be a warm welcome waiting for you at all of the clubs, where you can have a cuppa, chat and make new friends.

The team at Rainbow have just put the finishing touches to the special events calendar for 2018, which features an afternoon tea in February, a lunch and bingo afternoon at Mecca, two day trips, several river cruises, a

trip to the theatre, several Safe and Socials and a wonderful Christmas party.

One of the highlights of the special events calendar is the Great Get Together Event on Saturday, June 23, in partnership with Harlow Council and the GPCA (Great Parndon Community Association).

Inspired by Jo Cox, the Great Get Together is a national event to bring communities together.

It will be a combination of a summer fete and a street party where everyone will receive complimentary refreshments but will be encouraged to bring and share food with other guests.

More details will be released as the event grows closer.

For more information, call Kelly on 07793 007737 or Claire on 07421 140208.



There will be a warm welcome waiting for you at all of the clubs

TALKING POINT

It's time to protect our public services

THE BIG QUESTION:

What lessons can be learned from the government's handling of the Carillion collapse?



LABOUR

Laura McAlpine



THE collapse of Carillion illustrates what's wrong with this government.

The company, which was the UK's second largest construction company, held 450 public sector contracts, meaning it was responsible for building and maintaining hospitals, roads, railways and schools.

It had stakes in businesses that provide power, rail

infrastructure, healthcare facilities services, manage prisons, and provide school meals.

In other words, it was largely responsible for delivering and maintaining the backbone of our country. And now it has spectacularly collapsed.

It treated its suppliers like banks, many of them small businesses now owed thousands of pounds, paying them on 120 day terms while being paid in 30 days by

government.

It paid its directors large salaries and bonuses and authorised dividend payments when it knew it was in deep trouble.

It leaves in its wake a £580m pension deficit and hundreds of former employees who are now facing uncertain futures.

To describe this as a disgrace is an understatement.

Carillion's profit was privatised and its risk was

socialised and, as in 2008 with the banks, it's ordinary people who bear the brunt.

Labour's candidate for Staple Tye, Laura McAlpine said: "Carillion's collapse raises serious questions about whether the country's 'backbone' can be reliably and responsibly delivered by the private sector.

"Harlow Labour proposes following the example of our Labour-led Council in bringing some services back under public control and

returning profits to the taxpayer through investment in the environment and other services.

"In bringing Kier 'in house' through the creation of HTS Property & Environment Services last year, Harlow Council will return around £1m to Harlow residents annually. Formerly this went to shareholders."

Something to think about when you see an HTS van round town.

GREEN PARTY



James Aicken

CARILLION's collapse is another reminder of how the government's privatisation

project is a failure.

We were sold the idea of privatisation as a more efficient and competitive way to reduce costs however a National Audit Office report suggests Private Finance Initiative (PFI) funded schools and hospitals are 40% and 70% more expensive respectively. Contracts are awarded to big corporations that only answer to shareholders, with little regard for their financial stability or commitment to providing quality public services.

Theresa May has been slow to reassure the thousands of workers who face uncertain

employment and refused to condemn the top management who paid themselves big bonuses while the company crumbled.

Carillion was owned by Philip Nevill Green, a former adviser to David Cameron on corporate responsibility and an honours recipient. The government awarded new contracts just weeks after profit warnings were issued, by admission from the current PM to keep the company afloat. It is tough to not see this as the elite looking out for their mates at the expense of ordinary people. A full enquiry is

needed into the reckless decisions made awarding our public service contracts.

As the Green Party we hope important lessons are learned from the collapse of Carillion and we see it as an opportunity to take back our public services and make them work for all of us. This should start with the cancellation of the HS2 vanity project, one of Carillion's failed commitments. This action will save tens of billions of pounds for reinvestment into the wider rail network while protecting miles of countryside and ancient woodland.

WHAT QUESTIONS DO YOU WANT ANSWERED?

■ Every week, we'll be putting your questions to representatives of each of your main local parties. So get involved! Email your questions to get the issues that matter to you on the agenda.

EMAIL YOUR QUESTIONS TO COMMUNITY @HERTSSESSEX NEWS.CO.UK

FILM REVIEWS

With Damon Smith

ALSO OUT THIS WEEK



Sam Claflin in *Journey's End* Photo: STEFFAN HILL

JOURNEY'S END (12A) ★★☆☆

RELEASED to commemorate the centenary of the end of the First World War, director Saul Dibb's thoughtful tour of duty with British soldiers on the front line expands R. C. Sherriff's moving 1928 stage play without sacrificing too much of the psychological intensity.

Screenwriter Simon Reade ventures beyond the claustrophobic confines of an officer's dugout in the days leading up to the Spring Offensive, the setting for Sherriff's anthem to doomed youth.

His lean script trudges along muddily, collapsing trenches and sprints into No Man's Land, where the loss of young lives is brought home in a disorienting barrage of sound and fury: rat-a-tat gunfire, exploding shells and blood-curdling screams heralding a concerted push by the Germans that is supposed to break the Allies' resolve.

Anguished silences between soldiers, resigned to the grim inevitability of a final stand, cast a pall over stage versions and stoke dramatic tension.

That relentless march of time is lost somewhat in Dibb's elegiac screen adaptation, which marshals the technical might and artistry of the moving image to visualise devastation that can only be alluded to on the page by Sherriff.

New characters have consequently been added to the play's rank and file but the emotional fulcrum remains an inexperienced officer, Raleigh, played with haunting tenderness by 20-year-old Asa Butterfield.

The character's naivete is powerfully conveyed in the calm before a daylight raid into enemy territory, when the fresh-faced Second Lieutenant comments, "This waiting is like being summoned to the headmaster".

Raleigh (Butterfield) successfully petitions a high-ranking relative to transfer him to the company commanded by old school friend Captain Stanhope (Sam Claflin), who made a big impression on Raleigh's sister.

Fizzling with youthful optimism and innocence, Raleigh arrives at his new post on March 18, 1918, oblivious to the impending German onslaught.

He is greeted by Lieutenant Osborne (Paul Bettany), who has served alongside Stanhope for some time and witnessed his superior's whisky-soaked rages fuelled by fear and self-loathing.

Journey's End is an assured and largely understated depiction of the unwavering resolve and gallantry of British soldiers, who bid farewell to each other with a hearty "cheerio".

That word is tinged with melancholy in Reade's script, which provides a superb ensemble cast of homegrown talent with meaty roles.

Claflin's spiralling paranoia contrasts with the authoritative calm of Bettany's avuncular old bean, who steadies nerves with a comforting smile.



Daniel Day-Lewis and Vicky Krieps in *The Phantom Thread*
Photo: LAURIE SPARHAM

THREE'S A CROWD

THE PHANTOM THREAD (15) ★★★★★

London-born actor Daniel Day-Lewis wears success like an impeccably tailored suit. He is the most feted male performer of any generation in terms of Oscars glory in a leading role with three golden statuettes on the mantelpiece for transformative performances in *My Left Foot*, *There Will Be Blood* and *Lincoln*.

Day-Lewis's willingness to suffer for his art and immerse himself in the day-to-day toil of his characters is the stuff of feverishly shared legend.

He remained in a wheelchair during filming of *My Left Foot*, refusing to break character even to feed himself. He endured physical pain in bruising on-screen bouts in *The Boxer* and denied himself sustenance and sleep to convincingly portray an exhausted Gerry Conlon in *The Name Of The Father*.

Day-Lewis delivers his final screen performance before self-imposed retirement as a perfectionist dressmaker in Paul Thomas Anderson's artfully stitched drama, which is set in the salons of 1950s London.

It is another flawless embodiment of the emotionally crippled male psyche, deliciously complicated by an ambiguous sexuality and a softly-spoken fastidiousness that doesn't extend to personal relationships... except for an uncomfortably close bond to a ferocious, purse-lipped sister, played with scorching intensity by Lesley Manville.

They are a formidable double act and you genuinely fear for the sanity of anyone who naively strays into the siblings' tortuous web.

The balance of power

appears to be weighted in favour of the fairer sex.

"Don't pick a fight with me, you certainly won't come out alive," threatens the sister during one contretemps. "I'll go right through you and it'll be you who ends up on the floor. Understood?"

Reynolds Woodcock (Day-Lewis) is the creative dynamo of a luxury fashion house, which regularly welcomes the upper echelons of society including Countess Henrietta Harding (Gina McKee) and Belgian bride-to-be, Princess Mona Braganza (Lujza Richter).

His sister Cyril (Manville) presides over the seamstresses and also manages her brother's romantic vacillations, ridding the household of his bothersome companion, Johanna (Camilla Rutherford).

During a seaside break between commissions, "confirmed bachelor" Reynolds embarks on a whirlwind affair with sweet-natured waitress Alma (Vicky Krieps).

"I feel as if I've been looking for you for a very long time," he coos to his new muse.

Alma's swift introduction to Reynolds's life in the capital puts her on a collision course with Cyril and her lover's impossibly demanding nature.

Phantom Thread is a slow-burning study of competing obsessions.

"Whatever you do, do it carefully," Alma tells Reynolds during a cliff-top stroll and writer-director Anderson heeds his heroine's words, observing his superlative cast in long, unhurried takes as they trade verbal blows.

Krieps has the least showy role of the central trio but holds her own against the imperious tag team of Day-Lewis and Manville.

Two's a toxic company, three's a potentially murderous crowd.



Daniel Day-Lewis and Lesley Manville
Photo: LAURIE SPARHAM

FOOD & DRINK



RUNNER BEANS

MEXICAN
BEAN BURGERS
WITH AVOCADO SALSA

INGREDIENTS (Makes 4)

1tbsp light olive or rapeseed oil, plus extra for brushing; 1 onion, finely chopped; 1 garlic clove, crushed; 200g cooked vegetables (e.g. carrots, sweet potatoes, butternut squash); 400g tin red kidney beans, rinsed and drained; A pinch dried chilli flakes; 1/2tsp paprika; 50g day-old wholemeal bread; 1/2tsp ground cumin; Salt and freshly ground black pepper, to season; 4tbsp oats or sesame seeds; Wholemeal baps

For the salsa: 1 large ripe tomato, skinned deseeded and finely diced; 1tbsp fresh coriander, chopped; 1/2tsp finely chopped fresh chilli (or to taste); 1 small clove of garlic, crushed; 1tsp olive oil; 1/4 red onion, finely chopped; 1tbsp lemon or lime juice; To serve: Rocket and a large avocado, sliced

METHOD:

1. Pre-heat the oven to 190°C/170°C fan/gas mark 5.
2. Heat the oil in a pan over a medium heat. Add

the onions and cook for three minutes until translucent. Add the garlic and cook for a further minute.

3. Put the onion mixture, vegetables, beans, chilli flakes, paprika, bread and cumin in a food processor and blitz until well combined. Season with salt and freshly ground black pepper.

4. Shape the mixture into four large burgers. Put the oats or seeds on a plate and coat the burgers.

5. Place the burgers on an oiled baking tray then brush with olive oil. Bake in the oven for 25-30 minutes until they are lightly browned and crisp on the outside.

6. Make the salsa by combining all the ingredients together.

7. Serve burgers in toasted wholemeal baps with rocket, slices of avocado and tomato

TRYING TO GET ON TRACK WITH YOUR TRAINING PLAN? THEN CONSIDER WHAT'S ON YOUR PLATE AS WELL, ANITA BEAN TELLS ELLA WALKER

WHETHER you're training for this year's London Marathon (and beginning to panic), or just trying to get the new year off to a good start by going for the odd jog, you're probably asking what you can eat before a run that isn't pasta?

There are alternative running-fuel ingredients, and former bodybuilding champion and sports nutritionist and, Anita Bean, wants to prove that.

The health writer has put together 100 recipes geared towards the needs of runners – regardless of speed and ability – in her latest collection, *The Runner's Cookbook*.

"A lot of athletes and runners don't know what they ought to be eating – there's a lot of conflicting information," she explains. "Do I really need to take gels during a run? What's the best way to fuel for a 5k or a marathon, or a half a marathon? What should I be eating straight after a run? Those are the kind of questions I wanted to address."

Part nutrition guide, part cookbook, the recipes are simple, come with extensive nutritional information, and are tailored to a typical runner's lifestyle – meaning they're generally quick to whip up, and will keep you going... and going.

But what food mistakes do runners consistently make? And does all that exercise mean you can eat anything you fancy? Anita busts some myths and sets out some golden rules...

Being a runner doesn't mean you can eat whatever you like all the time

"RUNNERS starting out often think running is a license to continue eating whatever they want. Runner's weight gain is a real phenomenon, and that's because many runners overestimate the amount of calories they burn, or

No need to run on empty



Anita Bean prepares a tasty meal from her new cookbook



overcompensate by consuming extra food after their runs," explains Anita. "Or think, 'I've run 10k today, so I deserve this chocolate cake.' Basically, it's getting the balance between calories in/calories out wrong. And it's fair to say some runners will find their appetite increases, but once you continue running

regularly, you find your appetite will reduce."

In fact, you ought to be even more careful about what you're eating. "Cut down on highly processed foods: sugars, sugary snacks, crisps, high-fat, high-sugar foods. Instead, ensure your diet contains lots of fresh fruit, fresh foods and more natural

wholefoods. Whole grains, fruit, vegetables, nuts, seeds, lean meat, fish."

There's no need to consume energy supplements

"FOR the majority of runners, running for less than 60-90 minutes, you don't need sports drinks or any other kind of sports nutrition products."

Don't cut out carbohydrates

"QUITE honestly, nutrition doesn't have to be complicated and when you look at the diets of top runners, they're eating a diet that includes carbohydrate," states Anita. "If you've got a long or hard run ahead, you want to eat more carbohydrate – a fast fuel. It's the muscles' preferred fuel and produces energy faster than fat or protein. If you cut down on carbs, you'll feel tired and fatigued to start with, but you'll find that it may sustain you for long, slow runs, your low intensity easy runs, but a low-carb diet cannot fuel high-intensity runs."

Even Olympic athletes struggle with nutrition occasionally

"AS a runner, Jo Pavey (who has written a foreword to the book) has said she's found it really difficult to access proper nutritional information on what she should be eating, and she knows how important nutrition is. It can make a huge difference to anyone's experience, so whether you're a five-time Olympian like Jo, or starting out on 'Couch to 5k' programmes and anything in-between, nutrition really does make a big difference to how you feel, to your energy levels, your recovery, and your performance on runs."

■ **The Runner's Cookbook: More Than 100 Delicious Recipes To Fuel Your Running** by Anita Bean, photography by Adrian Lawrence, is published by Bloomsbury Sport, £14.99

I HAVE a photograph on my phone of me standing in a vineyard, arms outstretched, soaking up the sun and feeling extraordinarily lucky. It was taken in one of the top vineyards in Spain as guest of The Grandes Pagos D'Espana. It was a moment to savour.

I am blessed to visit special wine places so I can share wines with you; wines created from the love of the land, and experience and skills going back generations.

The Grandes Pagos D'Espana is an association of Spanish wine producers who create super-special single vineyard wines and the 28 members are from across all of Spain. Their goal is to collaborate, share knowledge and champion wines made from grapes grown in exclusive single

RAISE A GLASS

WITH JANE CLARE



vineyards. By exclusive, I mean that the grapes, the soils, the geography, the winemaking, all combine in these singular places to the highest quality wines.

A moment in one place and time captured in a bottle.

These wines are special, and carry special prices, but they are worth it. Hold onto your hats for a small selection from the ones I tasted:



Vallegarcia Viognier 2015 (£17.60, down from £22,

oddbins.com, 14% abv) Pago de Vallegarcia were the first to grow the viognier grape in Spain. Their pioneering spirit has produced a wine which is laden with peach, honeysuckle and pineapple, with a creamy touch no doubt due to some ageing in French oak.

Secastilla Old Vines Garnacha 2012 (RRP £23, oxfordwine.co.uk, sohowine.co.uk, 14% abv)

I love wines made from grapes grown on old vines, they have a knowing depth. Here the garnacha grapes were grown in the Aragon region on vines almost 100 years old. A period of 10 months in French oak has created a kaleidoscope of sweet spice, cinnamon, vanilla, white



pepper, licorice, red fruit and raspberries.

Finca Valpiedra Rioja Reserva

(£28.99, haywines.co.uk, 14% abv) This wine is a perfect balance between fruit and the classic toasty notes of a rioja. It is a blend of tempranillo, matorana and graciano and the wine has been matured in French oak for 24 months. It is as refined and elegant as the many statues I saw in Madrid just a few days before tasting. Smoky notes sit alongside vanilla, mocha and cherries, with integrated tannins. Delicious.



Pago Negralada Tempranillo, Abadia Retuerta (£67.50, greatwesternwine.co.uk, 14%

abv) Wow wow, wow and wow. This is a wine you would buy to mark a special occasion and boy it is worth it. The tempranillo grapes grow in Castilla y León, a stone's throw from a beautiful 12th century monastery which is now converted into a luxury hotel. The wine spends 18 months in French oak barrels and the result is an integrated wine with an explosion of fruit, spices, liquorice and herbs.



■ To see all the vineyards and regions in The Grandes Pagos D'Espana association, go to grandespagos.com. Look for @GrandesPagos on Twitter ■ Jane is a member of the Circle of Wine Writers. Find her on social media and online as One Foot in the Grapes.

INGREDIENTS (serves 4)

2tbsp light olive or rapeseed oil
1 onion, chopped
1 leek, washed and sliced
2 garlic cloves, crushed
400g turkey breast steaks, cut into 1cm strips
2tbsp medium curry paste
200g brown basmati rice
500ml chicken stock (or 1 chicken stock cube dissolved in 500ml boiling water)
1 head broccoli, broken into florets
100g frozen peas
A handful of fresh parsley, chopped
Salt and freshly ground black pepper, to season
To serve: Plain Greek yoghurt

METHOD:

1. Heat the oil in a large heavy-based pan over a medium heat, add the onion and leek and cook for five minutes, stirring occasionally. Add the garlic and turkey and continue cooking for a further two to three minutes.
2. Stir in the curry paste, rice and stock. Bring to the boil, cover and cook on a low heat for 25 minutes, or until the rice has absorbed

most of the liquid.
3. Stir in the broccoli, continue to cook for five minutes, then add the peas and continue cooking for a further five minutes, adding a little more stock or water if necessary.
4. Stir in the parsley, season to taste and serve topped with a spoonful of plain Greek yoghurt.

TALKING TURKEY**TURKEY PILAF****INGREDIENTS: (makes 16 balls)**

125g ready-to-eat soft or Medjool dates (or use standard dried dates. Leave them to soak in boiling water for 10-15 minutes, then drain); 100g ground almonds; 75g rolled oats; 2tsp almond or peanut butter; 1tbsp cocoa powder
To coat: Cocoa powder, sesame seeds, finely chopped pistachios, finely chopped mixed nuts, desiccated coconut, or chocolate chips

METHOD:

1. Place the dates in a food processor with the almonds, oats, nut butter and cocoa powder, and process for two to three minutes until you have a very stiff paste. You may need to scrape down the mixture from the sides of the bowl a few times.
2. Take a small amount of mixture and roll it between your hands to make small, bite-sized balls. Choose your coating, spread it onto a large plate, then roll each ball around until nicely coated.
3. Place in an airtight container and store in the fridge for up to a week, or in the freezer for up to three months.

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- ✓ Spend a day in the beautiful Krka National Park
- ✓ Journey south via historic Mostar, with its famous bridge
- ✓ Four nights in close to walled Dubrovnik
- ✓ Spend a full day discovering idyllic Montenegro
- ✓ Fully escorted by a friendly, experienced tour manager
- ✓ Seven nights' half-board touring hotel accommodation, return flights and transfers

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Highlights & inclusions

- Single journeys on the Conwy Valley Railway and Ffestiniog Railway
- Portmeirion, the set of 1960s TV series 'The Prisoner'
- Visit to Llandudno
- Three nights' dinner, bed and English breakfast accommodation at the Westminster Hotel in Rhyl
- Coach travel from the local area
- Escorted by a friendly tour manager

RHS Chatsworth Flower Show

The must-see horticultural event of 2018

2 days from £149.00, 8 June 2018

Following its inaugural event in 2017, the RHS Chatsworth Flower Show will return to the magnificent grounds of Chatsworth House in the heart of the Peak District, against the backdrop of 'Capability' Brown's remarkable landscape.

Highlights & inclusions

- Entrance to the RHS Chatsworth Flower Show (entry to Chatsworth House is not included)
- One night's dinner, bed and English breakfast accommodation in a three-star standard hotel in the North West area
- Coach travel from the local area
- Escorted by a friendly tour manager

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BOOKSHELF

Writing the book doesn't mean that the fight's over - I don't think it will ever be over

As the 25th anniversary of the murder of James Bulger approaches, his mother Denise Fergus tells **HANNAH STEPHENSON** she has found a way to let go of the despair - but will never forgive his killers

DENISE Fergus will never forget the day that changed her life - February 12, 1993. She had stopped at the butcher's at New Strand Shopping Centre in Bootle, Merseyside, to pick up two pork chops for tea, letting go of her lively toddler son, James, hand for a few seconds while she got her purse out to pay.

In those fateful seconds, the two-year-old was lured away by two 10-year-old boys, Jon Venables and Robert Thompson, who took him two-and-a-half miles away to a railway line, where they tortured and battered him to death. They became the youngest ever convicted murderers in UK legal history.

Denise has chosen the 25th anniversary of James' death to write *I Let Him Go*, her disturbing, moving account of exactly what happened that day, the court case, the sentencing, her campaigning for a greater sentence (the killers served eight years apiece), and her reaction to their rehabilitation and lifelong anonymity. The book was written to keep James' name alive, she explains.

"I didn't want him just to be remembered as the murdered boy, I wanted him to be remembered in a positive way.

"I used to dread the time coming round to that date," she admits of the anniversary, "but now I think I've learned that I can live with it. I don't make a big deal of it, so what we do is spend some time as a family at the

cemetery and share a smile for James, and then come home and do our own thing."

She spends a lot of time working with the charity she launched, the James Bulger Memorial Trust, to support young victims of crime, hatred or bullying through funding for holidays and travel, and continues to campaign for appropriate sentences for under-age criminals.

Thompson and Venables were detained indefinitely - but of course, as juveniles, and were released under licence, with new identities, in 2001.

The day they were released, Denise had a "meltdown", smashing up her bedroom - a way, she says, of channelling her deep anger and bitter disappointment, engulfed in guilt at being unable to deliver her promise to her son that she would keep his killers locked up.

"I felt like James had been let down," she explains.

"Those two had murdered him and were getting their lives back. James wasn't getting his life back. I felt like they'd been rewarded more than they were punished. They should have spent time in an adult prison. I don't think it was dealt with the way it should have been, and I think that's the government's fault."

She feared that, despite the life licence conditions prohibiting Thomson and Venables from contacting James' family or from entering Merseyside without written consent of their supervising officers, they might return.

"Because of all the fighting and campaigning I'd done over the years,

and I'd been in the papers, what was to stop them to come to see where my house was? We had security cameras installed."

Venables was returned to prison in November 2017 (for a second time; he was also locked up again back in 2010). He has been charged with offences related to indecent images of children, again, and his trial is to be held in private at an unnamed court on an unspecified date, the Crown Prosecution Service has said.

Already, Denise has pledged her support via Twitter to a petition for a public inquiry into Venables' release and rehabilitation.

The book makes it clear she's not impressed with how things have been handled: "The government will never be able to acknowledge the very real threat Thompson and Venables pose to the public," she writes, "because to admit that would require them to face the fact that their rehabilitation has, in my mind, failed."

Today, she says: "I must stress that writing the book doesn't mean that the fight's over - I don't think it will ever be over, if there's a fight to be fought then I'm going to do it.

"I feel like James has been forgotten about, not by the people but by the government. They still don't know how to handle it."

Although in the book, she admits that she'll "never believe that they were transformed by their time inside", she says she's no vigilante.

"I didn't say, 'Lock them up and throw away the key', or that I want them dead, because I'm not that type of person, but I do think if they'd spent some time in a proper prison [most of their sentences were served



Denise Fergus says she wants her son James Bulger, above left, to be remembered in a positive way. Inset left, her new book

in secure children's homes], this case would have gone away. But they never got punished, they got rewarded, in my opinion. That's why the story's never gone away."

Her life, however, has moved on to some extent. She and first husband Ralph Bulger, James' father, split up following the toddler's death, after she had given birth to their second child, Michael. She then met and married Stuart Fergus, with whom she had two further sons, Thomas and Leon.

Stuart explains: "It's been difficult seeing how Denise has had to cope with it all over the years, the fear, the feelings, the anger, the anguish. It's great to be able to see her with a smile on her face when she's with the lads. She's got the strength of a lion."

After James' death, she was offered counselling but refused it.

"I didn't want to be sitting in front of a stranger saying how I felt. I wasn't in the right frame of mind to do that and because I come from a big family, I had them to turn to."

She writes in the book: "People often ask me if I blame myself for what happened that day - for taking my eyes off him for that split second. For letting go of his hand as I looked for my purse... of course I do. There

aren't the words to describe how I still feel now, every day."

But when she thinks of James now, it's in a happy way, she says. She hasn't made her home a shrine to her son, but there is a large picture of him above the fireplace.

She's had to compartmentalise her life - and makes sure she returns to happy normality when she walks through the front door.

"I am a fighter for James, but once I come back home, I become mum again. There are no bad vibes in our house, no negative feel, and that's how I like it for the boys."

"There were days when I'd come in absolutely exhausted and wished it would all go away, but once I came through the front door and saw the faces of the lads, that's what kept me going. I just wanted to give them a happy, normal life." And she's long since stopped asking why Thompson and Venables murdered her son.

"Only they know why they did what they did," she says, "and I realised I had to stop asking why a long time ago."

"There is no forgiveness in my heart for my son's killers."

■ *I Let Him Go* by Denise Fergus is published by Blink on January 25, priced £16.99.



REVIEWS

LITTLE FIRES EVERYWHERE
by Celeste Ng
Little, Brown, £16.99, ebook
£6.99

★★★★★
THIS is the second novel from Asian American author Celeste Ng, following her bestselling debut *Everything I Never Told You*, and centres on the hidden undercurrents of US suburban life.

Free-spirited artist Mia and her teenage daughter Pearl, arrive in the planned community of Shaker Heights, Cleveland, Ohio. The focus is on the impact they have on their regimented surroundings as they become entangled with an eminent local family and then caught up in a scandal involving a Chinese-American baby abandoned at a fire station.

This engrossing novel cleverly lays bare the strengths and restrictions of community and family.

SWANSONG
by Kerry Andrew

Jonathan Cape, £14.99, ebook

★★★★★
SWANSONG is told from the



BOOK OF THE WEEK

DARK PINES
by Will Dean

Point Blank, £12.99, ebook £3.83

★★★★★
THIS is Will Dean's debut novel, and takes place in the backwaters of Sweden – a setting not unfamiliar to Dean, who himself lives in a similarly rural part of the country with his wife.

It's a murder mystery, and its protagonist is a compelling one.

Journalist Tuva Moodyson has reluctantly left living in big cities to be closer to her ailing mother, and is trying to cover (and indeed solve) a string of



mysterious murders. The peace of the seemingly safe little town is rattled, especially as all its victims have had their eyes cut out – similar to killings that took place back in the Nineties.

Dean writes evocatively of the Swedish landscape, which is the perfect scene for murders. Tuva's deafness makes her a more intriguing character, and it's dealt

with sensitively. While it's not ground-breaking and follows a standard formula, it's still a gripping read that will have you guessing to the end.



perspective of Polly Vaughan: a student who runs away from a terrible event she was involved with in London, to the relative peace and quiet of the Scottish Highlands. She's a pretty typical

young person, and soon seeks out entertainment, drugs and alcohol to numb her feelings of guilt. However, the calm is ruptured when Polly gets caught up with a mysterious man with a dark past, and she begins to see some fantastical things.

Andrew's descriptions of the

Highlands are evocative and arresting, and as a reader you are drawn in by the loner Polly befriends. However, Polly herself is a bit too immature to really connect with as a character, making her a frustrating narrator of the novel.

EVERYTHING I KNOW ABOUT LOVE
by Dolly Alderton
Fig Tree, £12.99, ebook £7.99

★★★★★
THE journalist and former dating columnist's first book looks back on her life with humour and a delightful lack of self-indulgence.

Alderton breezes through tales of humiliations, failed romances and an eating disorder in a fairly matter of fact way without seeming to want to dwell on them for too long or to feel sorry for herself at all.

There's a perfect balance of light and shade in the well-paced book which ends by Alderton revealing what she has learned about love by the age of 28.

It's an inspiring final chapter, worthy of any self help book.



TOP TENS

BEST-SELLING BOOKS

1. Fire and Fury, Michael Wolff
2. Why We Sleep, Matthew Walker
3. Lose Weight for Good, Tom Kerridge
4. Midwinter Break, Bernard MacLaverty
5. No Middle Name, Lee Child
6. Sirens, Joseph Knox
7. Eleanor Oliphant is Completely Fine, Gail Honeyman
8. Sky Song, Abi Elphinstone
9. Still Me, Jojo Moyes
10. 5 Ingredients - Quick & Easy Food, Jamie Oliver



Chart courtesy of Waterstones

BEST-SELLING KINDLE TITLES

1. Close to Home, Cara Hunter
2. How to be Champion, Sarah Millican
3. Beware The Past, Joy Ellis
4. Rick Stein's Long Weekends, Rick Stein
5. Murder In The Meadow, Faith Martin
6. The Note, Zoë Folbigg
7. 15th Affair, James Patterson
8. Still Me, Jojo Moyes
9. The Witchfinder's Sister, Beth Underdown
10. Small Great Things, Jodi Picoult



Chart courtesy of Amazon.co.uk

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|---------------------------|------------------------|----------------|-----------------------|------------------------|---------------------------------|
| £999** | £219 | £19,332 | £15,333 | NIL | £6,888 |
| FINANCE DEPOSIT ALLOWANCE | TOTAL AMOUNT PAYABLE | ANNUAL MILEAGE | DURATION OF AGREEMENT | FIXED RATE OF INTEREST | REPRESENTATIVE APR (FIXED) |
| £3,000* | £21,180 | 5,000* | 48 MONTHS | 4.12% | 4.2% |

GRANDLAND X

1.2T SE 5DR



Representative Finance Example

| CUSTOMER DEPOSIT | 47 MONTHLY PAYMENTS OF | CASH PRICE | AMOUNT OF CREDIT | FEES | GUARANTEED MINIMUM FUTURE VALUE |
|---------------------------|------------------------|----------------|-----------------------|------------------------|---------------------------------|
| £999** | £249 | £20,867 | £18,668 | NIL | £9,286 |
| FINANCE DEPOSIT ALLOWANCE | TOTAL AMOUNT PAYABLE | ANNUAL MILEAGE | DURATION OF AGREEMENT | FIXED RATE OF INTEREST | REPRESENTATIVE APR (FIXED) |
| £1,200* | £23,187 | 5,000* | 48 MONTHS | 4.12% | 4.2% |

CROSSLAND X

1.2i SE 5DR



Representative Finance Example

| CUSTOMER DEPOSIT | 47 MONTHLY PAYMENTS OF | CASH PRICE | AMOUNT OF CREDIT | FEES | GUARANTEED MINIMUM FUTURE VALUE |
|---------------------------|------------------------|----------------|-----------------------|------------------------|---------------------------------|
| £999** | £199 | £15,301 | £13,802 | NIL | £6,104 |
| FINANCE DEPOSIT ALLOWANCE | TOTAL AMOUNT PAYABLE | ANNUAL MILEAGE | DURATION OF AGREEMENT | FIXED RATE OF INTEREST | REPRESENTATIVE APR (FIXED) |
| £500* | £16,956 | 5,000* | 48 MONTHS | 4.12% | 4.2% |

ADAM

1.2i ENERGISED 3DR



Representative Finance Example

| CUSTOMER DEPOSIT | 47 MONTHLY PAYMENTS OF | CASH PRICE | AMOUNT OF CREDIT | FEES | GUARANTEED MINIMUM FUTURE VALUE |
|---------------------------|------------------------|----------------|-----------------------|------------------------|---------------------------------|
| £999** | £179 | £14,043 | £11,444 | NIL | £4,346 |
| FINANCE DEPOSIT ALLOWANCE | TOTAL AMOUNT PAYABLE | ANNUAL MILEAGE | DURATION OF AGREEMENT | FIXED RATE OF INTEREST | REPRESENTATIVE APR (FIXED) |
| £1,600* | £15,358 | 5,000* | 48 MONTHS | 4.12% | 4.2% |

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SOUND OUT

Franz Ferdinand bassist Bob Hardy tells **JOE NERSSESSIAN** about the departure of guitarist Nick McCarthy, their upcoming album and a desire to tour with their new line-up

IN October 2016, as the world watched America's pivotal election approach, Scotland's Franz Ferdinand released anti-Trump anthem Demagogue.

"He pleases my fears... it feels so good to be dumb", sang frontman Alex Kapranos on the track which was released as part of the 30 Days, 30 Songs campaign aiming to counter voter apathy as Hillary Clinton went head-to-head with Donald Trump.

Not only was it the first direct foray into politics from the art rockers - who shot to fame in 2002 with their Mercury Prize-winning, eponymous debut - but it was also the first purely Franz music in three years.

"We've never done anything as political as Demagogue before," says the band's bassist, Bob Hardy. "We recorded and released that song very quickly when we were anticipating that, post-election, Trump would just disappear into his hole and that song would just be irrelevant," he adds, chuckling with slight sobriety.

Its release came during huge upheaval for the band as they regrouped after the departure of founding member, guitarist and keyboardist, Nick McCarthy, who quit the group to spend more time with his family following their 2015 FFS collaboration with US group Sparks.

Bob recalls a frank conversation with Kapranos and drummer Paul Thomson in the Scottish countryside after Nick broke the news. The remaining trio considered splitting, or even reforming as a new band, he reveals, before agreeing the motivation was there to work on new music.

"We started writing without being 100% sure whether it would end up being a Franz Ferdinand record," he says. "We were a hypothetical band at that point. We couldn't go on stage, we couldn't play any shows, we couldn't play our old material.

"We were turning down offers to play shows and festivals because we literally weren't really a band at that point."

New blood was needed and first to arrive in the new-look Franz Ferdinand was producer and musician Julian Corrie, who Bob and co knew from his work under his Miaoux Miaoux moniker.

"The stuff we had been writing at that point was leaning to the electronic side of Franz more and that was the world Julian came from, and so he just fitted right in smoothly and things started moving quite quickly," says Bob.

Julian joined them in Scotland where the band began recording what would become their upcoming record, *Always Ascending*, set for release next month.

Alex billed the album as "simultaneously futuristic and naturalistic" and Bob explains how, although they were keen to embrace the arrival of Julian's fizzing synths and dancier arrange-



Franz Ferdinand are looking forward to touring

ments, there was also an awareness of retaining rawness.

"When we went into the studio, we didn't want to start playing to a click and importing the songs onto a grid and taking all the humanity away from it," he adds.

"You get the push and pull of a live drummer, the increases in tempo, the slow downs, the slight mistakes are still in there and that's the naturalistic element coupled with electronic sounds."

The band also brought in guitarist Dino Bardot, a member of former fellow Scottish indie-rockers, 1990s, and are forging a new identity as a five-piece.

After 15 years of the same line-up, dynamics are bound to change, Bob admits.

"We're a five-piece so it feels like a new band in many ways, it almost is," he says.

"There's different personalities and it means set roles we may have had before have been thrown up in

the air a little bit and it becomes fluid, you know? People's roles aren't set in stone any more and there's a certain freedom to it, I guess, when you forge a new identity like that."

The arrival of Julian - who has not toured outside of the UK before - and Dino has also given the band's remaining original members a reminder of their good fortune.

"It's quite infectious because you kind of realise what an amazing thing it is to do when someone's doing it for the first time," Bob says.

"It was exciting. It felt like back in the beginning when we were putting things together for the first time."

The band embark on a lengthy worldwide tour starting in London on the eve of *Always Ascending*'s release with the 14 UK dates sandwiched around a homecoming show in Glasgow.

"We're looking forward to seeing

people reacting to the new songs live," says Bob. "Saturday night in Glasgow is gonna be great - I always look forward to going home for a gig but to be honest every show in the UK feels like that."

"Manchester feels like a second home, it was our first show we ever played outside of Glasgow when we supported Interpol and since then it's always been crazy."

But first comes the record, and the bassist is philosophical about its release following a tumultuous couple of years for the survivors of the noughties guitar scene.

"We can make the best record we can and be as sincere and honest about it as we can but after it's out, we have to let it go. We just let it go and it's gone and it's out there."

■ **ALWAYS Ascending** is out February 9. Franz Ferdinand tour the UK in February including stops in Cambridge, Brighton, Newcastle and Nottingham.



DREAM WIFE

★★★★★

JUST when it seems Punk really is dead, along comes all-female trio Dream Wife with this intense and idiosyncratic debut which, if it doesn't quite reinvent New Wave, certainly re-infuses it with youthful charisma.

Having formed initially as part of a performance art project, the band have developed a formidable reputation as a live act, but their anarchic image is backed up by tracks as infectious as *Fire*, *Somebody* and *Love Without Reason* - all defined by angular guitar, pulsating bass and Icelandic-born Rakel Mjoll's spiky, sloganeering vocals.

In a perfect world all bands would sound like Dream Wife, but it's encouraging at least that just one of them does.



CRAIG DAVID

★★★★★

IF Craig David is hoping to appeal to an audience hankering for nostalgia, he's hit the nail on the head.

The singer's seventh album, is a collection that strongly echoes dance, R&B and garage of the early Noughties, but with a modern edge.

From album opener *Magic* - which almost acts as a sequel to his mega-hit *7 Days* with its list-style lyrics - through to party bangers *Heartline*, *Brand New*, *I Know You* (featuring Bastille) and *Focus*, David delivers through and through.

Bonus track *Reload* is the true standout, a gift to those who cut their musical teeth in the golden era of garage.



THE SPOOK SCHOOL

★★★★★

EDINBURGH quartet The Spook School lend an affirming, empathetic voice to communities with which they associate closely, notably non-binary, trans and queer allies.

It begins with a monologue from comedian Josie Long, riffing on self-identity and raging against the government, before *Still Alive* targets an abusive ex, castigating the culprit and building to a chant of "F*** you, I'm still alive". Euphoric rather than gratuitous, the cry comes atop a rollicking punk-pop clatter comparable to prime Buzzcocks.

Produced by Hookworms' MJ, this record brims with pop riches, a dossier of personal discovery destined to resonate widely.



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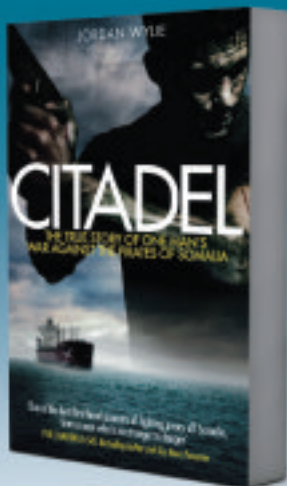


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PUZZLE TIME

Pathfinder

Beginning with the top highlighted letter, follow a continuous path of words associated with the given subject. The trail goes through each letter once, twisting up, down and sideways, but never diagonally.

Roald Dahl books

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | N | G | R | E | A | S | T | H | E | O | A | L | C | F |
| H | I | T | H | B | Y | T | S | E | L | S | W | D | I | I |
| E | W | L | Y | M | T | R | W | T | C | N | H | T | G | N |
| T | I | O | V | E | S | I | I | M | Y | U | E | M | A | G |
| C | H | E | E | A | F | D | T | S | S | G | N | G | R | E |
| O | R | S | R | X | N | T | Y | R | O | O | L | I | O | H |
| T | T | S | E | X | A | S | C | T | J | O | N | D | T | G |
| G | O | I | F | O | I | T | A | F | A | S | A | N | A | I |
| E | G | E | R | M | C | A | T | E | M | E | P | T | S | C |
| O | R | S | M | C | O | L | H | T | R | H | E | O | U | R |
| D | E | M | A | O | H | C | E | D | H | C | A | M | C | O |
| I | C | S | R | V | I | E | A | N | Y | M | O | R | O | D |
| N | I | U | O | E | L | R | A | T | S | E | N | H | T | I |
| E | E | G | L | L | I | N | H | E | I | S | E | E | S | L |
| T | H | R | E | M | L | S | C | W | K | S | K | I | S | E |

Split Decision

Cross out one of the two letters in each divided square to reveal a completed crossword grid.

| | | | | | | |
|---|---|---|---|---|---|---|
| R | T | I | A | R | A | S |
| O | L | R | E | I | U | |
| P | S | H | L | A | P | S |
| Z | I | M | L | E | W | |
| C | E | A | H | A | I | E |

Sudoku

There is one simple rule in Sudoku. Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

Easy

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 5 | 3 | 4 | | | | 7 |
| | 3 | 9 | | | | 8 | 5 | |
| 2 | | | 5 | | | | | 3 |
| | 1 | | 5 | | 4 | | 3 | |
| 3 | | | 1 | | | 6 | 9 | |
| | 5 | | 8 | | 3 | 4 | 7 | |
| 6 | | 7 | | 8 | | | | 4 |
| | 4 | 8 | 1 | | | 7 | 9 | |
| | | | 2 | | | 8 | 5 | |

Hard

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 3 | | | | | 2 |
| | 5 | | | 2 | 7 | | | 9 |
| | | | | | | 1 | | 8 |
| | | 6 | | | 4 | | | |
| 3 | 4 | 9 | | | | 5 | 6 | 1 |
| | | | 9 | | | 4 | | |
| 9 | | 4 | | | | | | |
| 2 | | | 5 | 1 | | | | 7 |
| 1 | | | | | 9 | | | |

Two Speed Crossword

This two-speed crossword has two sets of clues, but just one grid. If you can't solve the Cryptic clue, try the Quick.

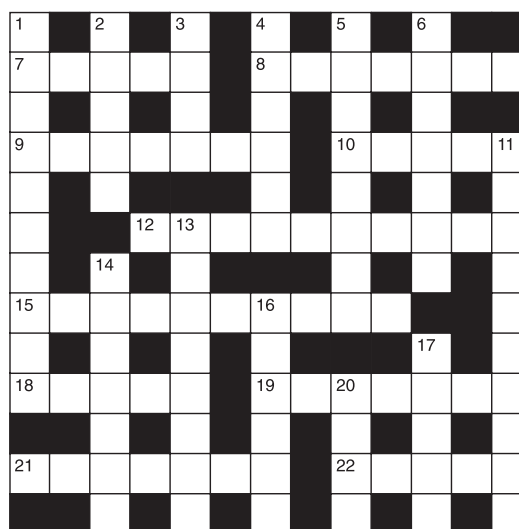
Cryptic

Across

- A certain amount of time with one nymph of paradise (5)
- Bring something to life and give it a name, maybe (7)
- Communications pioneer of Romanic origin (7)
- Thoroughly scour brushwood country (5)
- Counterfeit one side of a coin to make progress! (5,5)
- Telephone the chief organiser of the gang (10)
- Make a record of western ceremony (5)
- Communist vote will get the bird! (7)
- One sailor - the skipper's righthand man needs many more (7)
- Pitched from one end to the other, we hear (5)

Down

- Hitches a lift with sailors - it's torture! (10)
- A number of sheets required for those who sing together, we hear (5)
- After the end of April, I make a swimming pool (4)
- In position for a confrontation (6)
- Give the wrong form to emphasis (8)
- Provided transport - motor ride changed (7)
- Sleeping partners! (10)
- They produce mineral resources in good condition in different soil (3,5)
- Consecrates, when no stain can be found (7)
- Introduce carbon dioxide back in wet areas! (6)
- Flat piece of wood is drilled, by the sound of it (5)
- Assignation in the orchard at eventide (4)



Scribble pad

Quick

Across

- Nymph of paradise (5)
- Enliven (7)
- Italian physicist (7)
- Clean (5)
- Increase speed (5,5)
- Chief rebel (10)
- Compose (5)
- Finch (7)
- Sailor (7)
- Cast (5)

Down

- Instrument of torture (10)
- Quantity of paper (5)
- Recreational area (4)
- Opposite (6)
- Deform (8)
- Bore (7)
- Allies (10)
- Fuel sources (3,5)
- Oils (7)
- Charge with gas (6)
- Committee (5)
- Fruit (4)

Codeword

This puzzle has no clues. Instead, every number printed in the grid represents a letter, with the same number always representing the same letter. For example, if 8 turns out to be a V, you can write in V wherever a square contains 8. Using your knowledge of words, complete the puzzle.

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| | 16 | | 23 | | | 16 | | 26 | 20 | 26 | 12 | 19 |
| 8 | 13 | 11 | 16 | 7 | 14 | 4 | | 18 | | | 25 | |
| | 26 | | 4 | | | 18 | | 16 | 11 | 4 | 12 | 17 |
| 4 | 14 | 11 | 4 | 22 | 19 | 12 | 12 | 11 | | | | 6 |
| | 2 | | | | 8 | | | 17 | | 5 | | 16 |
| 16 | 11 | 2 | 19 | 8 | 6 | 11 | | 23 | 8 | 16 | 4 | 17 |
| | | 20 | | | | 8 | | | | 25 | | |
| 22 | 8 | 21 | 12 | 4 | | 3 | 12 | 24 | 18 | 12 | 22 | 17 |
| 8 | | 12 | | 1 | | | 15 | | | | 8 | |
| 8 | | | | 14 | 11 | 23 | 12 | 20 | 18 | 17 | 23 | 15 |
| 10 | 20 | 19 | 13 | 20 | | 8 | | | 8 | | 8 | |
| | 9 | | | 19 | | 20 | 3 | 5 | 8 | 14 | 19 | 11 |
| 3 | 12 | 14 | 22 | 12 | | 9 | | | 26 | | 17 | |

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |

Wordsquare

Give yourself ten minutes to find as many words as possible using the letters in the grid. Each word must use the central letter and at least 3 others, and letters may be used only once. You cannot use plurals, foreign words or proper nouns, but verb forms ending in 's' are permitted. There is one 9-letter word to be found.

How you rate:

20 words - average; 30 words - good; 40 words - very good; 50 or more - excellent.

| | | |
|---|---|---|
| D | L | I |
| E | D | A |
| E | I | S |

Quiz

- What is the title of the eleventh and current album from Led Zeppelin singer Robert Plant?
- What is the latitude of the equator?
- Which political party was formed in 1925 with the aim of achieving Welsh independence?
- What is the capital of Japan?
- Which Hungarian composer wrote The Merry Widow and The Land of Smiles?



Q1 - Robert Plant

- Which precious metal has the symbol Pt?
- In which U.S. state is the city of Seattle?
- Which film actor and kung fu expert died in 1973 after making Enter the Dragon?
- What name is given to minute or microscopic animals and plants that live in the upper layers of fresh and salt water?
- What is the fruit of the plant Citrus limon called?

LAST WEEK'S SOLUTIONS

Pathfinder

The E.N.D., I Gotta Feeling, Monkey Business, Pump It, Don't Phunk with My Heart, My Humps, Rock That Body, Let's Get It Started, Elephunk, The Beginning, The Time (Dirty Bit), Shut Up, Where Is the Love?, Don't Lie, Just Can't Get Enough, Imma Be, Meet Me Halfway, Don't Stop the Party, Mas Que Nada, Hey Mama.

Quiz

- Robert Catesby; 2. The Isle of Wight; 3. Skiing; 4. Lenin; 5. Guernsey; 6. Pisa; 7. Ivan Lendl; 8. Royal Society for the Protection of Birds; 9. Gypsy Rose Lee; 10. Sodium.

Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 6 | 8 | 4 | 5 | 7 | 1 | 3 | 9 |
| 5 | 3 | 7 | 1 | 9 | 8 | 2 | 6 | 4 |
| 9 | 1 | 4 | 2 | 6 | 3 | 7 | 5 | 8 |
| 1 | 9 | 6 | 8 | 4 | 2 | 5 | 7 | 3 |
| 7 | 4 | 3 | 6 | 1 | 5 | 8 | 9 | 2 |
| 8 | 5 | 2 | 7 | 3 | 9 | 6 | 4 | 1 |
| 6 | 7 | 9 | 3 | 2 | 1 | 4 | 8 | 5 |
| 3 | 8 | 1 | 5 | 7 | 4 | 9 | 2 | 6 |
| 4 | 2 | 5 | 9 | 8 | 6 | 3 | 1 | 7 |

Two-Speed Crossword

Across: 1 Standards; 8 Ace; 9 Second-class; 11 Demerit; 12 Dried; 13 Scorch; 15 Tongue; 17 Paste; 18 Tedious; 20 Nonetheless; 22 Ass; 23 Resolving. Down: 2 Tie; 3 Diner; 4 Recite; 5 Stand to; 6 Casting vote; 7 Head-dress; 10 Common sense; 11 Disappear; 14 Cleaner; 16 Status; 19 Dwell; 21 Sin.

Wordsquare

PLUTONIUM

Split Decision

| | | | | |
|---|---|---|---|---|
| Y | A | C | H | T |
| I | | L | | E |
| E | Q | U | A | L |
| L | | E | | L |
| D | U | S | T | S |

Codeword

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| F | D | P | X | A | K | M | C | R | Y | Q | N | W |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| J | S | Z | G | B | U | O | T | E | H | L | V | I |

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PROPERTY & LIVING



THE FLAT PACK

Five fabulous big design ideas to make the most of your small spaces

PAGES 38&39



CHOCOLATE BOX CHARM

Beautifully presented Grade II Listed cottage, steeped in history, with parts of the cottage believed to date back to approximately 1675
PAGES 36&37

HOT HOUSE



A historic cottage in a small village in East Hertfordshire has gone on the market for just over a million pounds. The Pump Hill Cottage, located in Brent Pelham, is a delightful thatched cottage dating back to around 1675 and is on the market with Fine and Country.

While the cottage has been extended over the years it still retains many of its original features. Throughout the property are beautiful timbers and there is a wonderful brick fire place in the living room.

The house has four bedrooms, including a master bedroom with an en-suite shower room, as well as three double bedrooms.

There are also four reception rooms which can be used however the new owner wishes, whether that is for entertaining or as playrooms.

There is a private garden around the property, with views looking onto nearby fields along with a detached double garage.

There is space for two vehicles to park there and a studio above the garage, complete with a bathroom and shower.

The house is located five miles east of Buntingford and around 11 miles from Bishop's Stortford with road and rail connections to London Liverpool Street and Cambridge.

Stansted Airport is also close to the property – providing a nearby location for a quick holiday getaway.

The house is currently on the market for £925,000. For more information or to book a viewing contact Fine and Country on 01279 949051 or visit their website at www.fineandcountry.com/uk/bishops-stortford



SELLING POINTS

Address... Brent Pelham, Buntingford
USP... Beautiful Grade II listed cottage, part thatched, sympathetically extended, master bedroom with en-suite shower room, further three double bedrooms, four reception rooms
Price... £925,000
Agent... Fine and Country on 01279 949051



YOUR HOME

Five fabulous ideas for flats



THINK INSIDE THE BOX(ES)

A mezzanine floor is a fantastic way to increase floor space in a flat with a high ceiling, like this 19th century former artist's studio.

But in the original incarnation of a raised sleep space, as you can see, the design wasn't especially inspiring.

For the couple who lived here, and were expecting a baby, it wasn't especially practical, either.

Nor did it make as clever a use of space as architects James Davies and John Weir of Paper House Project did after they'd got their hands on it.

Just check out the 'after' photo below for proof.

"The brief I gave to the architects was to create two bedrooms that were closed off from the rest of the house," says homeowner, Tom Scott.

"I also wanted to retain as much light as possible."

The result was the creation of these two 'floating boxes' with large windows and skylights, each one housing a bedroom.

A particularly clever space-saver is the staggered-step staircase.

"You get used to it very quickly," says Scott. We can run up and down it now!"

■ Images: Thomas West Property Services



Between them, the savvy solutions in these apartments boost space, max light, add aesthetic coherence - and more, says **KATE BURT**



Don't let a smaller home limit your stylish living dreams. These stunning spaces show how functional and beautiful even the smallest or trickiest of apartments can become. Be inspired, be very inspired...

■ Kate Burt is deputy editor at Houzz. Visit Houzz.co.uk for more design inspiration and home-improvement advice.



CREATE AESTHETIC CONTINUITY

There's no doubt that a white backdrop can really open up a space and - if you have enough natural light - it'll boost the effect (too little light and white risks looking sludgy).

There are no problems on that front in this bright mansion flat, redesigned by Sean Ronnie Hill of RISE Design Studio. But colour and texture are what will add warmth. It can be tricky, though, to incorporate different elements without visually cluttering up an open-plan living area, especially when it's the main space in a flat.

Take a tip from here by dividing up different zones - helping the room to feel more spacious and multi-functional - but connecting them by choosing materials to reuse, in the style of a motif, around the whole area.

Here, mirroring the floor in the kitchen, the same encaustic tiles are used in the living and dining areas of the apartment, creating eye-catching worktops for a built-in sideboard (seen in this photo) and also the top of a coffee table next to the sofa (out of shot).

■ Images: RISE Design Studio





REFLECT YOURSELF

The star feature in this elegant sixth-floor, one-bedroom flat designed by Olga Alexeeva of Black & Milk Interior Design is so clever, you might miss it at first glance. Ironically, while refurbishing the entire flat top to bottom, it was one of the few details she chose to keep from the original design.

Spotted it yet? Yes, it's that full-wall mirror behind the sofa. "The builders covered it up to protect it during the work and this made us realise how much it actually helped the room, so we decided to keep it," she explains.

The mirrored wall then became the starting point for the whole style and arrangement of the apartment. The sofa is positioned against it, so no one sitting down looks into it.

"You don't really notice it during day-to-day life, but it does a great job of making the space feel bigger and brighter," says Olga.

■ Images: Black and Milk Interior Design, London



REDISTRIBUTE SPACE

Before its renovation, this compact studio flat was not making great use of the available space. The original layout had been created in the 1970s and hadn't had an update since.

In this 'before' photo, above, you can see the front door in the background, the kitchen on the right, and the bathroom on the left behind the wardrobe. Behind the photographer, wall-to-wall, floor-to-ceiling windows overlook the street.

The transformation, masterminded by architect Emilie Melin, takes a deceptively simple idea...

...and executes it beautifully. It feels like a different flat, doesn't it? In this 'after' photo, below, you can see the new bedroom, enclosed at the front by a steel-framed glass door and window.

The new sleeping area takes up part of what used to be the bathroom and steals a little floor space from what had previously been a fairly generously sized living room.

It was worth it to fit in a double bed, as well as integrated storage, shelving and a wardrobe (on the left of the photo).

The headboard also divides the sleeping area from the new, smaller bathroom.

■ Images: Emilie Melin Architecte DPLG



MAKE THE MOST OF EVERY NOOK
There are so many smart ideas in this Victorian mansion flat, which was transformed by Jess Lavers of Jess Lavers Design from a one-bedroom, one-

bathroom flat into a roomy pad with two bedrooms and two bathrooms.

To achieve this, Lavers started from scratch with the layout and didn't hold back on knocking down walls.

One of the bonus spaces she freed up was this area in the centre of the flat...

...No, not just a pleasant hallway with a beautiful big window

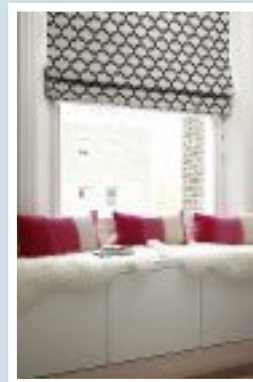
between the kitchen and bedrooms, but an airy and storage-packed reading or daydreaming spot.

"I wanted to make a lovely cosy nook where you could sit with a good book and a glass of wine to relax," Jess says.

In the top photo, you can see how a sliding pocket door has increased the available space, giving the cosy perch an uncluttered feel.

It's been softened up with throws and cushions that tie into the colour scheme elsewhere in the flat to further streamline the overall design.

■ Image: Jess Lavers Design



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PROPERTY TALK

With Nigel Lewis



Gold Hill in Shaftesbury, Dorset, and the kitchen at Updown Cottage, below

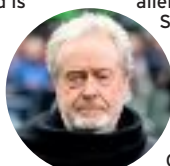
A PERFECT PAD TO LOAF ABOUT IN...

There are few TV ads that have sunk permanently into the nation's fabric, but the 1973 one for Hovis - featuring a baker's boy struggling up a hill with his bike to deliver his loaves - has achieved it.

Just the opening tune of Dvorak's New World Symphony played by a brass band is enough to get Brits young and old dusting off their best faux country accents.

The advert once beat other iconic TV commercials in a poll of the nation's most favourite, including famous ones for Ferrero Rocher, Milk Tray and Bisto.

The Hovis ad has been much parodied, including by The Two Ronnies in 1978 as well as more recently by Youtubers.



Ridley Scott

Despite its northern feel, the ad was filmed on Gold Hill, a steep street in the Dorset village of Shaftesbury, and was directed by a young talent who would go on to greater, more 'alien' projects - Ridley Scott.

The area is a favourite with TV and film companies, and other famous visitors have included the cast of Only Fools and Horses and, during the 1980s, rock giants Big Country who filmed one of their music videos in a nearby field.

One of the houses featured in the Hovis advertisement is now for sale. Updown Cottage is a four-bedroom, oak-beamed property with two reception rooms, a separate snug and extraordinary views at the rear over the achingly beautiful Blackmore Vale.

It's for sale at £600,000 with the Salisbury branch of Hamptons International (01722 480142).



The living area of Updown Cottage

BRUCE THE PLACE

Bruce Willis has enjoyed an extraordinary career playing gun-toting tough guys with a sense of humour in a string of Hollywood blockbusters and TV shows.

But his taste in interior decoration isn't so menacing, as this Manhattan apartment reveals.

He and British wife Emma Heming have owned the property for several years and yet, surprisingly, it's more Moonlighting than Die Hard.

The 6,000 sq ft duplex features pared-back Mid-Century styling, high ceilings and stunning views of New York's Central Park.

Willis and his wife bought the apartment in 2015 for just shy of \$17m but are now reportedly selling up because they don't spend enough time there.

Instead, the couple prefer their large country estate in Bedford Hills which lies just 40 miles north of New York City.

Willis first met his model wife, who bears a close resemblance to his first spouse, Demi Moore, at a gym in Los Angeles during

the early Noughties.

The couple fell madly in love after just one date and got married in 2009 at Willis' beachside home in

the Turks and Caicos Islands.

The apartment, at 271 Central Park - one of Manhattan's finest



The living area of apartment 271 Central Park



The apartment overlooks Central Park



The 20ft kitchen

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UP A BIT



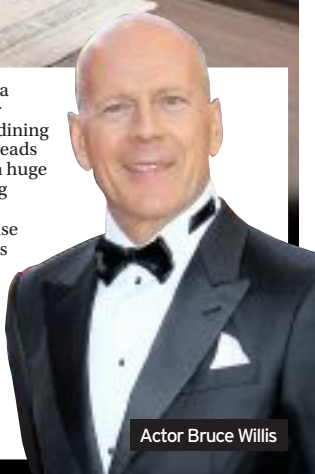
The dining area



addresses – features a grand panelled foyer which opens onto a dining room which in turn leads to a 20ft kitchen with huge windows overlooking Central Park.

A sweeping staircase leads to the luxurious master suite with dressing room and en-suite.

The apartment is on the market for \$17.75m via Douglas Elliman Real Estate (00 1 212 769 9862).



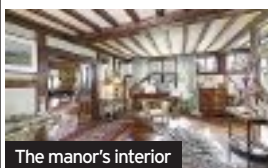
Actor Bruce Willis

It's not clear what persuaded EuroMillions winners Dave and Angela Dawes to buy this beautiful manor house.

Perhaps it was the property's historic features, 56-acres of grounds, or just because, after winning £101m nearly seven years ago, they could.

Their new home in Sussex is a Grade II listed manor house dating back to the 16th century and was once owned by 1960s pop stars Tom Jones and Engelbert Humperdinck.

It features leaded windows, wide oak



The manor's interior

A LOTTO LOVE FOR THIS ONE



The 16th century manor house

floorboards, exposed timbers, wood panelling and several fireplaces.

It has six bedrooms, a large lounge, study, dining room and family area, a games room, cinema and party zone.

Outside it features separate staff accommodation, a large stable block, a barn for car parking, a swimming pool and

spa, floodlit tennis court and lake with boathouse.

The couple – who also own a £9m luxury home in Weybridge, Surrey and a £3.5m apartment in Chelsea Harbour, central London near



Tom Jones

to Dave's favourite football club – are reported to have paid £4m for the property. It had been on the market since 2016 for £4.75m.

Actress Tara Fitzgerald has enjoyed an illustrious stage, film and TV career but despite multiple plaudits for her work, she is best known to many people as Selyse Baratheon, Lady of Dragonstone, in Game of Thrones.

Away from the HBO TV series, she is celebrated for her stage, film and other TV work since breaking through in the early 1990s. This includes roles on stage alongside Peter O'Toole, Ralph Fiennes and Gillian Anderson; starring parts in films such as Brassed Off, and TV work including The Camomile Lawn and her role as Dr Eve Lockhart in BBC TV drama Waking the Dead.



Tara, right, and her former home

A GAME OF HOMES FOR ACTRESS TARA

Despite her global fame, the 50-year-old has for some time lived in a modest house in the suburbs of west London.

Or at least she used to. Tara has just sold the property for £1.75m, £145,000 less than she had hoped to get for it.

It has four bedrooms, two reception rooms, three bathrooms, a large drive plus a long and

wide rear garden, at the end of which is a substantial outbuilding.

"There is a real serenity to this place," says Tara. "The flow of the house means it is somewhere that people feel comfortable from the moment they cross the threshold, and it has the charm of a country dwelling in the midst of the city."

DORS GALORE AT TERRACED HOME

THE antics of today's celebrities occasionally shock the nation, but for many decades actress Diana Dors took it to a whole different level.

Born in 1931, she faked her age to gain entry to an acting school in London and by age 18 was making bit-part appearances in films.

Her fame came chiefly from two sources – her reputation as the English Marilyn Monroe and an outrageous personal life.



The Burnsall Street house

Her marital antics quickly became a cottage industry for many tabloid newspapers, although her acting career was more serious. It included two spells working in Hollywood, and appearances alongside Joan Collins and Rod Steiger and work on two Alfred Hitchcock TV series. She also had her own ITV show, headlined in Las Vegas, became a regular on British game and chat shows and for a while was a TV fitness and dieting guru.

She also liked her houses to be luxurious and, as well as a country manor house, her former home on Burnsall Street in London's Chelsea is no exception. The terraced property, which is due to have a blue plaque added to it on February 11 in memory of her career, is now for sale.

A double-fronted, four-bedroom house recently extended at the rear, just off the King's Road, it includes a basement gym and is for sale at £2.85m with agent John D Wood (020 7352 1484).



Diana Dors

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YOUR GARDEN

With Diarmuid Gavin

CLIMBERS

Use vertical space where available - this can be a trellis on a wall or by creating a small bamboo wigwam - and grow climbers such as runner, broad and French beans and peas.

These crops are among the best to grow yourself as they taste so much better eaten straight after picking.

Broad beans are hardy and can

be planted in autumn or spring but French and runner are halfhardy so can only be planted outdoors after the

final frosts of May.

Choose dwarf cultivars in smaller spaces such as 'Hestia' and 'Pickwick' runner beans and 'Purple Queen' French beans - these can manage without any support at all.

Utilise any leftover spaces by tucking in some smaller crops.

Also known as intercropping, this could involve a few radishes, which is one of the quickest seeds-to-harvest veg there is, a couple of beetroot ('Boltardy' is your reliable choice here) and a handful of spring onions (I'd go for 'White Lisbon').



Going up: Runner beans climb a trellis

Vegging out for summer

However small your plot, there's a crop to help put great food on your plate this year

Glossy packets of vegetable seeds are beginning to appear in our supermarkets and garden centres - an A to Z of produce with enticing pictures on the front and growing guides on the back.

With so much choice, whether in shops, catalogues or online, it can be hard to decide which crop is best for you.

For many people, outdoor space is limited, sometimes confined to a small courtyard or balcony area. Plus, there are competing demands on that space for relaxation or dining, with an outdoor table and chairs, or for growing ornamental plants.

So realistically, unless you have a large plot or space in an allotment, you should consider growing crops that you like to eat, won't take up a huge amount of room, are easy to cultivate, and will give a good yield.

Here's my guide...



You don't need loads of space to get growing

CUT AND COME AGAIN CROPS

Any of the cut and come again crops are invaluable - you just pick a few leaves as you require and the plant will keep growing.

These include lettuce, mustard, kale, chard and spinach, and they are often sold together in seed packets as mixed salad leaves.

As you are not letting the plant mature, you can grow them tightly together.

Regularly picking will exhaust the plant so retain some seed that you can sow again when the crop is finished.

If you prefer a whole head of lettuce try smaller varieties of butterhead and cos such as 'Tom Thumb' and 'Little Gem'.

Dwarf green curled kale is a compact crop which you sow from April onwards



Pick 'n' mix: Above, kale, and left, little gem



and it will provide healthy greens in the depths of winter. Keep it simple and avoid crops that need trenches such as celery and asparagus or earthing up such as leeks.

Sprawling pumpkins and squashes and larger crops such as Brussels sprouts aren't generally suitable for smaller areas.

WINDOW HERBS

If you've no outdoor space at all, a windowsill is also a growing space and it's the perfect spot to grow herbs - and in easy reach for when you're cooking.

Basil, chives and parsley seeds can all be started indoors from now until early April, and when the soil eventually warms up you can sow seeds of chervil and coriander directly into soil outdoors from March onwards. Pots of herbs can also look great by being arranged on small ladders leant against a wall.

Where space is very limited you might

Good taste: A warm windowsill is ideal for herbs



feel that you simply don't have room for seed propagation.

If this is the case you can buy many of the plants mentioned here as seedlings in garden centres during spring and take it from there!

Make sure greenhouses are gleaming

■ Get your greenhouse ready for the growing season. Wash windows inside and out to maximise light levels. Tidy up and wash out seed trays and pots.

■ Hardy gardeners can use the quiet time to spread mulch and compost on the beds.

■ In the fruit garden, net fruit trees and bushes if possible to

JOBS FOR THE WEEK

prevent birds eating blossom buds. Finish pruning apple and pear trees and you can also prune gooseberry, redcurrant and blackcurrant bushes.

■ If you've left ornamental grasses alone over winter, it's time to cut them back now ahead of new growth.

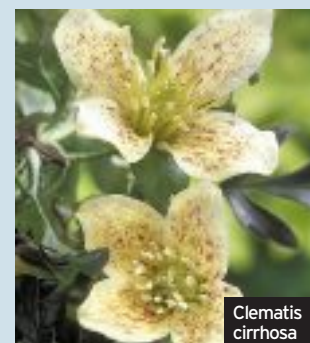
■ Many of the berries are now gone, so hang a fat ball or bird feeder to keep birds going through the lean months before spring.

■ Have you got bare walls in winter? Would they benefit from a winter flowering climber such as Clematis cirrhosa?

■ Start chitting your early potatoes now.



Fat balls can help birds though winter



Clematis cirrhosa

HANGING BASKETS

Hanging baskets are a great way of maximizing your growing space, particularly on balconies.

You could be harvesting pounds of cherry tomatoes later this summer. 'Hundreds and Thousands', 'Tumbler' and 'Tumbling Tom Red' are all bush varieties which don't require support or side shoots removed - they will happily cascade down from a basket or container.

Sow indoors in March and April for outdoor planting in May.



Hanging out: Cherry tomatoes in a basket

POTATOES

Potatoes can be grown in containers or grow bags, even on a balcony. You buy them as small tubers, not seeds, and one or two of these will give a great yield.

However, for small spaces I would recommend only growing early potatoes - these are quicker to mature and you avoid the problem of blight that can occur with main crop varieties. In addition, when your harvest is



Way to grow: Spuds can flourish in bags

finished in June and July, you get your space back. Good varieties are 'Orla', 'Nicola' and 'Colleen'.

ASK DIARMUID

Q Hi Diarmuid. Recently you answered a reader's question about pear rust.

My pear tree had a very bad case of this two years ago. I read somewhere - I thought in your column - that bicarbonate of soda helps get rid of the problem.

I tried it last year - a couple of spoons of bicarb in a spray and soaked the tree.

I also made sure I destroyed the diseased leaves. This year my tree was perfectly healthy.

All the best.

John Read



A Hi John. That's great feedback - as more chemical gardening sprays are withdrawn from the market we need to look towards homemade solutions.

Yes, I have recommended bicarbonate of soda as a

remedy for leaf blight, powdery mildew and as a general fungicide.

Here's my recipe again for handy reference:

Mix one tablespoon of bicarbonate of soda with two and a half tablespoons of vegetable oil and a gallon of water. Shake up and add half a teaspoon of vegetable-based soap and spray.

The mix may separate when in the sprayer so keep the contraption moving. Repeat once a week if necessary.

Thanks for getting in touch, Diarmuid.

PLANT OF THE WEEK

IRIS UNGUICULARIS OR ALGERIAN IRIS

This little winter jewel hails from North Africa and thrives in sunny poor soil - the base of a south-facing stone wall is ideal.

They can take a few years to establish into clumps so patience is required.

Although they are hardy, their blossoms can shrivel in frost so your best bet is to cut

the flowers as they emerge and bring them indoors - then you can admire their beautiful petals and enjoy the sweet scent.

Annual maintenance is minimal - just a tidy up trim of dead foliage is required. 'Mary Barnard' is my favourite cultivar with intense purple petals.

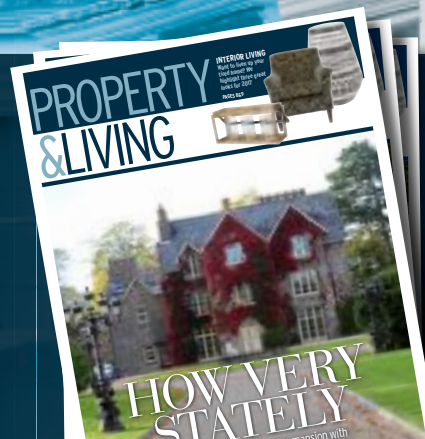


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GUARDIAN

residential lettings



Guardian Residential Lettings are pleased to bring to the market this good size property in central area, just a short walk to Princess Alexandra Hospital. Unfurnished with cooker supplied. Available early March. EPC - C.

Edmunds Tower

£700 PCM



Guardian are delighted to offer this one bedroom ground floor flat. Available from mid February. An internal viewing is advised for this part furnished property. EPC - C.

Little Cattins

£710 PCM



Located in this popular area. One bedroom, unfurnished, ground floor flat in good decorative order. Property comprises fitted kitchen, lounge, bedroom, bathroom and allocated parking. Available early March. EPC - D.

Markwell Wood

£725 PCM



Guardian are delighted to offer this one bedroom first floor flat in Parsonage Leys. This property benefits from gas heating, a storage shed and is also close to local shops and amenities. Available mid February on part furnished basis. EPC - C.

Parsonage Leys

£750 PCM



Great two bedroom top floor apartment in Priory Court, on the outskirts of Harlow. With modern fitted kitchen, gas central heating, two double bedrooms and balcony. Available early February - call to view. EPC - C.

Priory Court

£885 PCM



Guardian are pleased to offer this two bedroom ground floor flat in this popular block. Available mid February. Good sized living area, fitted kitchen and allocated parking. EPC - D.

Hadley Grange

£925 PCM



Guardian are delighted to offer this three bedroom maisonette with garden. The property is located in close proximity to shops and amenities and is available early February. An early internal viewing is advised. EPC - B.

Mercers

£925 PCM



Two bedroom top floor apartment in the popular development of Fifth Avenue, just a short walk to Harlow Town train station. Modern, clean and tidy property in a good area. Available early April. EPC - B.

Gladwin Way

£1050 PCM



Guardian are delighted to offer this three bedroom house, the property is in excellent condition throughout and is available early March. An internal viewing is advised. EPC - D.

Seymours

£1195 PCM



Good sized three bedroom house in Potter Street, available now. Freshly painted throughout, good sized rear garden. Ideal family home. EPC - D.

Potters Field

£1200 PCM

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GUARDIAN

residential sales



Fantastic for both first time buyers and investors alike, Guardian are proud to be offering this one bedroom flat in the very sought after area of Dadswold, situated in the town centre. EPC: C

£160,000

Dadswold, Harlow



Family Home



Guardian are delighted to offer this faultless immaculate four bedroom semi detached extended house with conservatory. The property benefits



from being fully double glazed, has a recently installed combi boiler, integral garage and block paved driveway for three cars. The property has had extensive works adding a

large fourth bedroom above the garage, conservatory to the rear, downstairs WC.

Property of the week

£395,000

Bynghams, Harlow



For first time buyers it's stamp duty free and offers a great chance to get onto the ladder with a well proportioned flat in a nice cul-de-sac near to Town Centre and Bush fair shops. The lease has 97 years left with service and ground rent charges coming to £28.30pcm. EPC: D

£165,000

The Fourtunes, Harlow



Investors Only

Guardian Residential are delighted to offer this immaculately presented one bedroom first floor flat in the ever popular Markhall Moors area of Harlow. EPC: D

£165,000

Tanys Dell, Harlow



O.I.E.O - Guardian Sales are delighted to offer you this one bedroom flat located on the 2nd floor of a secure block in Church Langley. The flat benefits from built in wardrobes and intercom system on entrance. EPC: C

£184,995

Wedgewood Drive, Harlow

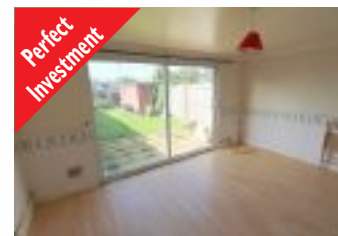


Immaculate Condition

Guardian are delighted to offer this immaculate 2nd floor flat in the popular private area of Bromley close. The property is conveniently located and ready to move into. EPC: D

£219,999

Bromley Close, Harlow



Perfect Investment

No-Onward Chain - A fantastic opportunity for both first time buyers and investors. Guardian are excited to be offering this large 3 bedroom, non standard construction property in the area of Cannons Brook. EPC: E

£220,000

Cannons Brook, Harlow



Close to excellent schools

On the market with Guardian, well maintained two bedroom terraced house in the desirable location of Pittmans Field, Harlow. Two good sized bedrooms, a family bathroom and tucked away in a quiet cul-de-sac, this is a brilliant first time buy or investment. EPC: D

£245,000

Pittmans Field, Harlow



Ideally located for easy access to the M11 junction, two bedroom terraced property in the popular Potter Street area of Harlow. The property boasts two large double bedrooms, a modern fitted galley kitchen and large through lounge. EPC: C

£249,995

Pottersfield, Harlow



Guardian are delighted to offer a two bedroom end of terrace house in Vicarage Wood. Perfect for first time buyers and investors, current tenants in the property since March 2011. Double glazed throughout, gas central heating, large garden with brick built shed. EPC: E

£249,995

Vicarage Wood, Harlow



HMO Potential

Guardian are delighted to present a three bedroom mid terrace house in Berecroft. Great first time buy or investment, current tenant paying £1,095.00 pcm. Double glazing, gas central heating, Downstairs WC and three good sized bedrooms. EPC: C

£250,000

Berecroft, Harlow



O.I.R.O - Guardian are delighted to offer a rarely available two bedroom mid terrace house in a quiet, cul-de-sac location in sought-after Archers. EPC: C

£270,000

Archers, Harlow



Ideal Family Home

Guardian are delighted to offer for sale this end of terrace family home with easy access into North London! A three bedroom end of terrace. EPC: D

£275,000

Taylifers, Harlow



HMO Potential

Guardian are delighted to offer for sale a well presented four bedroom Town House in Pittmans Field. Perfect for families or investors. Double glazed throughout, two reception rooms, four good sized bedrooms and downstairs WC. Large kitchen with island. EPC: C

£285,000

Pittmans Field, Harlow



Coming to the market with Guardian is this well maintained 4 bedroom town house located near to the town centre as well as shops and schools. EPC: E

£295,000

Pittmans Field, Harlow

Exceeding expectations with local knowledge and market information

A NEW HOME MEANT

COMMITMENT

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HARLOW,
EPC BAND C, £1,350 PCM*



SAWBRIDGEWORTH,
EPC BAND C, £925 PCM*



CHURCH LANGLEY,
EPC BAND D, £380,000



SAWBRIDGEWORTH,
EPC BAND C, £475,000



HARLOW,
EPC BAND C, £350,000



SAWBRIDGEWORTH,
EPC BAND B, £290,000



SAWBRIDGEWORTH,
EPC BAND B, £1300 PCM*



OLD HARLOW,
EPC BAND C, £1,000 PCM

WHAT WOULD A NEW HOME MEAN TO YOU?

* IMPORTANT NOTE: When you apply for a tenancy there will be an administration fee to pay - ask our branch staff or visit our website <http://www.intercounty.co.uk/tenant-fees> for further details of this fee and other fees which may become payable during the lifetime of your tenancy.



OLD HARLOW, GRADE II LISTED, GUIDE PRICE £575,000



SAWBRIDGEWORTH, EPC BAND D, £1400 PCM*



SAWBRIDGEWORTH, AWAITING EPC BAND, OFFERS OVER £350,000



CHURCH LANGLEY, EPC BAND C, £1,400 PCM

CALL US TODAY FOR
A FREE VALUATION

HARLOW
01279 639666

SAWBRIDGEWORTH
01279 600333



New
Instruction

TAYLIFERS

Offers in excess of £145,000

- CHAIN FREE
- First Floor Flat
- Double Glazed
- Lounge 13.6 x 9.7
- Kitchen 7.9 x 5.10
- Bathroom
- Current Vendor to Refurbish Property



MOORFIELD £155,000

- One Bedroom Ground Floor Flat
- Large Kitchen & Lounge Diner
- Modern Fitted Bathroom
- No Onward Chain
- Gas Central Heating
- Outskirts of Harlow
- Walking Distance to Shops



FOLDCROFT OIEO £195,995

- Two Bedroom Maisonette
- Close to Train Station & Hospital
- Close to Harlow Town Centre
- Gas Central Heating
- Double Glazing
- Fitted Kitchen and Bathroom
- Offered with No Onward Chain



New
Instruction

LADYSHOT

£165,000

- One Bedroom Second Floor Flat
- No Onward chain
- Gas Central Heating
- Lounge with Balcony
- Double Glazing
- Kitchen 11.4 x 7.10
- 92 Year Lease



THE MAPLES £274,000

- Chain Free
- Three Bedrooms
- In Need of Modernisation
- Lounge 15.11 x 11.8
- Kitchen 15.11 x 9.3
- Two Double Bedrooms
- Downstairs Cloakroom



UPPER MEALINES Offers in excess of £274,995

- Two Bedroom Home
- Mid Terrace
- Gas Central Heating
- Modern Fitted Kitchen & Bathroom
- Large Lounge Diner
- Double Bedrooms
- Viewing Recommended



PEACOCKS £278,950

- Three Bedroom Family Home
- End of Terrace
- Private Estate
- Garage En-Bloc
- Gas Radiator Central Heating



POTTER STREET £275,000

- No Onward Chain
- Rarely Available
- Two Good Size Bedrooms
- Lounge 12.1 x 18.3
- Kitchen 8.7 x 5.11
- Fitted Bathroom
- South Facing
- Garden
- Set on Private Road



PRIORY COURT £290,000

- Three Bedroom Town House
- Own Drive
- Close to Schools & Amenities
- Good Size Garden
- Downstairs Area
- Cloakroom
- Fitted Kitchen
- Lounge & Dining



New
Instruction

HOLLAND WAY

£215,000

- One Bedroom First Floor Flat
- New Hall Development
- Open Plan Living
- Modern Fitted Kitchen with Appliances
- Modern Bathroom
- Well Presented Throughout
- Close to Train Station
- Allocated Parking Space



CHAPELFIELDS Offers over £280,000

- Three Bedroom Home
- Mid Terrace
- Potter Street Location
- Gas Central Heating
- Double Glazing
- Open Plan Kitchen Diner
- Lounge



Shawbridge OIEO £280,000

- Three Bedroom Family Home
- Chain Free
- End of Terrace
- Three Double Bedrooms
- Popular Location
- Gas Central Heating



New
Instruction

SEYMOURS

£325,000

- Four Bedroom Extended Home
- Loft Extension
- Gas Central Heating
- Downstairs WC
- Two Bathrooms
- Garage
- Outskirts of Harlow
- Close to Local Shops and Schooling



New
Instruction

HIGH HOUSE ESTATE

£335,000

- No Onward Chain
- Three Bedrooms
- Lounge Diner
- Conservatory

- Gas Central Heating
- Kitchen
- Highly Sought After Area
- In Need of Modernisation



OLD HARLOW

£335,000

- Two Bedroom Cottage
- Churchgate Street Location
- Lounge 10'11 x 14'9
- Modern Fitted Kitchen

- Loft Room 15'9 x 9'6
- Bedroom One 12'1 x 11'0
- Bedroom Two 10'7 x 5'4
- Family Bathroom



NEW HALL

£349,995

- Well Presented
- Two Double Bedrooms
- En-Suite to Master Bedroom
- Driveway to Front
- Sun Terrace

- Modern Kitchen Breakfast Room
- Lounge 13'7 x 11'4
- Downstairs Cloakroom



THE FORTUNES

£323,000

- Four Bedroom Family Home
- Corner Plot
- Large Lounge
- Kitchen Diner
- Utility Room & Downstairs Cloakroom
- Modern Fitted Bathroom
- Viewing Recommended



CHURCH LANGLEY

£330,000

- Extended Family Home
- Three Bedrooms
- Modern Fitted Kitchen
- Family Bathroom
- Gas Central Heating
- Double Glazing
- No Onward Chain



Just
Reduced

HIGH HOUSE ESTATE

£535,000

- Extended Family Home
- Three/Four Bedrooms
- Lounge & Separate Dining Area
- Conservatory 21'10 x 9'5

- Excellent Condition Throughout
- Kitchen & Utility Area
- Gas Central Heating & Double Glazing
- Garage



BENTLEY DRIVE

£349,995

- Three Bedroom End of Terrace Home
- Modern Fitted Kitchen & Bathroom
- Gas Central Heating & Double Glazing
- Allocated Parking

- Conservatory
- Close to All Amenities



OLD HARLOW

Offers in excess of £355,000

- Period Cottage
- Modernised Throughout
- Three Bedrooms
- Open Plan Ground Floor Area
- Real Oak Floors &

- Doors
- Fitted Wooden Kitchen
- Parking Space to Front
- Courtyard Style Garden



New
Instruction

WILLOWMEAD, SAWBRIDGEWORTH

£475,000

- Three/four Bedroom Town House
- Semi-Detached
- Large Lounge 22'6 x 12'8
- Kitchen & Utility

- Bathroom & Downstairs Shower Room
- Rear Garden approx 45' in length
- Popular Location
- Close to Shops & Schools



SOLD SIMILAR
REQUIRED

OLD HARLOW

£549,995

- Four Bedroom Family Home
- En-suite to Bedroom One
- Detached Garage
- Two Reception Rooms
- Study
- Modern Fitted Kitchen &
- Utility
- Popular Old Harlow Location
- En-Suite to Bedroom One
- Downstairs Cloakroom
- Good Size rear Garden



CHURCH LANGLEY

Offers in excess of £590,000

- Six Bedroom Detached Family Home
- Immaculate Condition Throughout
- Gas Central Heating & Double Glazing
- Large Lounge
- Modern Kitchen with Open Plan Dining area
- En-Suite to Master Bedroom
- Good Size Garden
- Close to all Local Amenities



Just
Reduced

OLD HARLOW

Offers in excess of £686,000

- Four Bedroom Detached
- Kitchen & Dining Area
- Downstairs Bathroom
- Downstairs Bedroom & en-suite

- Lounge
- Double Garaging
- Underfloor heating



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HARLOW, CHURCH LANGLEY & NEW HALL | 01279 444988



FIR PARK £1,350 PCM

- Three Bedroom Family Home
- Some Kitchen Appliances Included
- Modern Property
- New Carpets
- Garage
- Close To All Amenities
- Available Now
- EPC Rating E
- * Admin Fees Apply



BRAMPTON PLACE £1'160 PCM

- Two bed Apartment
- Part Furnished
- Rent Includes Sky/Water
- EPC To Follow
- Intercom Entry
- * Admin Fees Apply
- Allocated Parking
- En-Suite To Master
- Available 1st May

NEW LISTING



IMPORTANT INFORMATION:

When you apply for a tenancy, there will be an administration fee to pay, contact our rentals team or visit our website www.geoffreymatthews.co.uk for all fees which will become payable during the length of your tenancy.



VICTORIA GATE £925 PCM

- Two Bed Apartment
- Top Floor
- Intercom Entry
- Allocated Parking
- Kitchen Appliances Only
- * Admin Fees Apply
- EPC Rating C
- Available Now



MOORFIELD £825 PCM

- Two Bedroom Flat
- First Floor
- Gas Central Heating
- EPC Rating D
- Unfurnished
- Kitchen Appliances Only
- * Admin Fees Apply
- Available Now

NEW LISTING



Regular Property Visits



TYE GREEN £775 PCM

- One Bed Bungalow
- Oven Only
- Shower Only (No Bath)
- Garden
- New Carpets
- Decorated
- EPC Rating D
- * Admin Fees Apply
- Available Now



CANNONS GATE £1000 PCM

- Two Bedroom House
- Close To Town/ Hospital
- White Goods Only
- * Admin Fees Apply
- EPC Rating D
- Available Now



PARSONAGE LEYS £675 PCM

- One Bed Flat
- Balcony
- Modern Property
- White Goods Only
- EPC Rating C
- * Admin Fees Apply
- Available 3rd March

NEW LISTING



Referenced Tenants

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Bonded Client Account

CENTURION

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COPSE HILL, HARLOW

£489,950

- FOUR BED DETACHED HOUSE
- GARAGE & DRIVEWAY
- THREE RECEPTION ROOMS
- SOUTH FACING GARDEN
- UPVC D/GLAZED WIDOWS
- GAS HEATING
- CUL-DE-SAC LOCATION
- INTERNAL PHOTOS ONLINE



ST ANDREWS MEADOW, HARLOW

£260,000

- TWO BED END TERRACE
- ALLOCATED PARKING
- PRIVATE LOCATION
- NO ONWARD CHAIN
- UPVC D/GLAZED WINDOWS
- GAS HEATING
- VIEWINGS RECOMMENDED
- INTERNAL PHOTOS ONLINE



HERONS WOOD, HARLOW

£475,000

- FOUR BED DETACHED
- LARGE EXTENSIONS
- GARAGE & DRIVEWAY
- CLOAKROOM
- UPVC D/GLAZED WINDOWS
- GAS HEATING
- LARGE PLOT
- INTERNAL PHOTOS ONLINE



CLOVERFIELD, HARLOW

£229,950

- TWO BED MAISONETTE
- GROUND FLOOR
- LONG LEASE
- PRIVATE GARDEN
- GAS HEATING
- UPVC D/GLAZED WINDOWS
- NO SERVICE CHARGES
- INTERNAL PHOTOS ONLINE



SHELDON CLOSE, CHURCH LANGLEY

£335,000

- TWO BED HOUSE
- GARAGE & DRIVEWAY
- LARGE GARDEN
- CONSERVATORY
- UPVC D/GLAZED WINDOWS
- GAS HEATING
- CUL-DE-SAC LOCATION
- VIEWINGS: 10TH FEB



SOVEREIGN COURT, HARLOW

£173,000

- ONE BED GROUND FLOOR FLAT
- PRIVATE LOCATION
- ALLOCATED PARKING
- EXTENDED LEASE
- UPVC D/GLAZED WINDOWS
- GAS HEATING
- NO ONWARD CHAIN
- INTERNAL PHOTOS ONLINE



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...A Selection Of Homes From Our Extensive Portfolio...



UPPER MEALINES, HARLOW

- One Bedroom
- Lounge/Diner
- Popular Area
- Chain Free
- First Floor
- Apartment
- Ideal Investment
- EPC Rating: TBC

£144,995



REGENCY COURT, HARLOW

- One Bedroom
- Lounge/Diner
- Communal Garden
- Chain Free
- Ground Floor
- Apartment
- Residents Parking
- EPC Rating: D

£149,995



HOLLYFIELD, HARLOW

- One Bedroom
- Lounge/Diner
- Chain Free
- Close To Amenities
- First Floor
- Apartment
- Popular Location
- EPC Rating: C

£159,995



BROMLEY CLOSE, HARLOW

- Two Double Bedrooms
- Close To Amenities
- Allocated Parking
- Chain Free
- Ground Floor Apartment
- Lounge/Diner
- Ensuite To Master
- EPC Rating: C

£214,995



WILLOWFIELD, HARLOW

- Two Double Bedrooms
- Lounge/Diner
- Modern Kitchen
- Popular Location
- Middle Terrace
- 40ft Rear Garden
- Ideal First Purchase
- EPC Rating: C

£249,995



THE FORTUNES, HARLOW

- Two Bedrooms
- Lounge/Diner
- Popular Location
- Well Presented
- End Of Terrace
- Close To Amenities
- 40ft Rear Garden Approx
- EPC Rating: E

£249,995



BLACKBUSH SPRING, HARLOW

- Two Double Bedrooms
- Lounge/Diner
- Large Rear Garden
- Popular Location
- End Terrace
- Modern Fitted Kitchen
- Westerly Garden
- EPC Rating: TBC

£259,995



GREEN HILLS, HARLOW

- Three Bedrooms
- Two Reception
- Popular Location
- CHAIN FREE
- Terraced Home
- Conservatory
- Enclosed Garden
- EPC Rating: D

£264,995



LONG LEY, HARLOW

- Three Bedrooms
- Lounge/Diner
- Popular Location
- CHAIN FREE
- Terraced Home
- Modern Kitchen
- Private Garden
- EPC Rating: E

£264,995



SPRUCE HILL, HARLOW

- Three Bedrooms
- Well Presented
- Lounge/Diner
- Ground Floor WC
- Middle Terrace
- Popular Location
- Fitted Wardrobes
- EPC Rating: TBC

£279,995



ABBNEYDALE CLOSE, CHURCH LANGLEY

- Two Bedrooms
- Modern Kitchen
- Lounge/Diner
- Allocated Parking
- Terraced House
- Westerly Garden
- Popular Location
- EPC Rating: C

£284,995



MALKIN DRIVE, CHURCH LANGLEY

- Two Bedrooms
- Lounge/Diner
- Cloakroom/W.C
- Garage To Rear
- Terraced Home
- Craddock Build
- Southerly Gardens
- EPC Rating: C

£294,995



GLAN AVON MEWS, HARLOW

- Three Bedrooms
- Allocated Parking
- Modern Kitchen/Diner
- Well Presented
- End Terrace Home
- Quiet Cul-De-Sac
- Ground Floor WC
- EPC Rating: TBC

£304,995



SAVOY WOOD, HARLOW

- Three Bedrooms
- En-Suite Shower
- Loft Extension
- Allocated Parking
- Terraced Home
- Two Reception
- Modern Kitchen
- EPC Rating: TBC

£319,995



REDWING WAY, NEWHALL

- Two Double Bedrooms
- Open Plan
- Driveway
- NHBC Warranty Remaining
- Semi Detached
- Quiet Cul-De-Sac
- Immaculate Throughout
- EPC Rating: B

£334,995



PRIORY COURT, HARLOW

- Four Bedrooms
- Recently Redecorated
- Driveway
- Overlooking Latton Common
- Town House
- Ensuite To Master
- Private Close
- EPC Rating: TBC

£339,995



LATTON GREEN, HARLOW

- Three Bedrooms
- Driveway
- Two Reception
- Chain Free
- Semi Detached
- Popular Location
- Potential To Extend (STPP)
- EPC Rating: TBC

£339,995



ALBERT GARDENS, CHURCH LANGLEY

- Three Bedrooms
- Kitchen/Diner
- Cloakroom W.C
- Double Driveway
- Semi Detached
- Conservatory
- Popular Location
- EPC Rating: D

£339,995

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...A Selection Of Homes From Our Extensive Portfolio...



SPARROWHAWK WAY, NEWHALL

- Two Double Bedrooms
- Well Presented
- Overlooking New School
- NHBC Warranty
- Link Detached
- Kitchen/Diner
- Driveway
- EPC Rating: B

£349,995



PADDOCK MEAD, HARLOW

- Three Bedrooms
- Garage & Driveway
- Cul-De-Sac Location
- Chain Free
- Semi Detached
- Popular Location
- Conservatory
- EPC Rating: C

£349,995



PYENEST ROAD, HARLOW

- Three bedrooms
- Driveway
- Un-Overlooked Garden
- Popular Location
- Semi Detached
- Two Reception Rooms
- Ground Floor WC
- EPC Rating: TBC

£369,995



CHALLINOR, CHURCH LANGLEY

- Three Bedrooms
- Two Reception
- Private Rear Garden
- Garage & Drive
- Detached House
- Immaculate Home
- En-Suite & W.C
- EPC Rating: D

£384,995



CHELSEA GARDENS, CHURCH LANGLEY

- Three Bedrooms
- Garage & Driveway
- Two Reception
- Chain Free
- Detached Home
- Popular Location
- Southerly Garden
- EPC Rating: TBC

£394,995



RUSHTON GROVE, HARLOW

- Four Bedrooms
- Two Reception
- Large Conservatory
- Garage & Driveway
- End Terrace Home
- Well Presented
- Loft Extension
- EPC Rating: TBC

£409,995



MILLERSDALE, HARLOW

- Four Bedrooms
- Two Reception
- Kitchen/Bkfst Room
- Garage & Drive
- Detached Home
- Long Gardens
- Cul-De-Sac Location
- EPC Rating: D

£429,995



ALBERT GARDENS, CHURCH LANGLEY

- Four Bedrooms
- Garage & Driveway
- Well Presented
- Chain Free
- Detached Home
- Two Reception Rooms
- Conservatory
- EPC Rating: TBC

£450,000



NEW

CHALLINOR, CHURCH LANGLEY

- Four Bedrooms
- Two Reception
- En-Suite Bathroom
- Double Driveway
- Detached House
- Kitchen/Bkfst Room
- Cloakroom & Utility
- EPC Rating: D

£475,000



RUNDELLS, HARLOW

- Five Bedrooms
- Extended Property
- Kitchen/Breakfast Room
- Garage & Driveway
- Semi Detached
- Large Corner Plot Garden
- Rarely Available
- EPC Rating: TBC

£499,995



CHELSEA GARDENS, CHURCH LANGLEY

- Six Bedrooms
- Two Reception
- En-Suite Shower
- Garage & Drive
- Utility & W.C
- Riptide Swim Spa
- EPC Rating: TBC

£549,995



CHELSEA GARDENS, HARLOW

- Five Bedrooms
- Two Reception Rooms
- Southerly Garden
- Tandem Garage & Driveway
- Detached Home
- Quiet Cul-De-Sac
- WC & Utility Room
- EPC Rating: TBC

£559,995



THURSTANS, HARLOW

- Four/Three Bedrooms
- Three Reception
- Premium Location
- Detached Double Garage
- Detached Home
- Stunning Orangery
- Large Garden Plot
- EPC Rating: D

£599,995



NEW

THE LINDENS, LOUGHTON

- Four Bedrooms
- Extended Home
- Three Bathrooms
- Driveway
- Detached Property
- Two/Three Reception
- Modern Kitchen
- EPC Rating: C

£749,995



SOLD

MORE NEEDED

PEACOCKS, HARLOW

- One Bedroom
- Well Presented
- Popular Area
- Chain Free
- Ground Floor Flat
- Ideal Investment
- Communal Gardens
- EPC Rating: TBC

£124,995



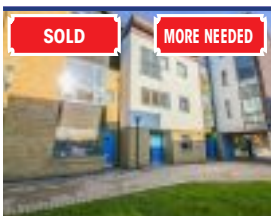
SOLD

MORE NEEDED

SOUTHERN LODGE, HARLOW

- One Bedroom
- Immaculately Presented
- Lounge/Diner
- Residents Parking
- First Floor Apartment
- Warden Assisted Development
- Communal Gardens
- EPC Rating: TBC

£189,995



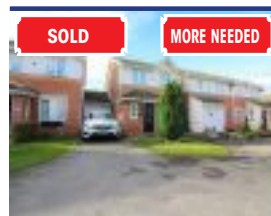
SOLD

MORE NEEDED

THE CHASE, HARLOW

- One Bedroom
- Decked Courtyard
- Open Plan
- Chain Free
- Apartment
- Ground Floor
- Allocated Parking
- EPC Rating: TBC

£192,500



SOLD

MORE NEEDED

CHALLINOR, CHURCH LANGLEY

- Three Bedrooms
- Two Reception
- Westerly Garden
- Driveway
- Link Detached
- En-Suite Shower
- Immaculate Home
- EPC Rating: E

£349,995

t: 01279 216216

e: info@rjestateagents.co.uk

WE HAVE SOMEONE WHO WILL LOVE YOUR HOME...



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UNIT 4, CHURCH LANGLEY WAY, CHURCH LANGLEY

01279-410084

SOLD



Tickenhall Drive

£235,000

- One Bedroom End Of Terrace House
- Lounge/ Diner
- Conservatory At The Rear
- CHAIN FREE
- Two Allocated Parking Spaces
- EPC Rating: D

MORE REQUIRED



The Gardiners

£269,995

- A Two Bedroom Terrace House
- Situated At The End Of A Residential Cul - De - Sac
- Allocated Parking
- Lounge/Diner
- Fitted Kitchen
- E.P.C. Rating C

MUST BE SEEN!



Chamberlain Close

£267,500

- A Two DOUBLE Bedroom Terrace House
- Allocated Parking For Two Cars
- Fitted Kitchen
- Lounge / Diner
- Secluded Private Rear Garden
- E.P.C. Rating: D

NEW PRICE



Belfield Gardens

£300,000

- A Two Bedroom End Of Terrace House
- Two DOUBLE Bedrooms
- Private Driveway
- Situated In A Residential Cul - De - Sac
- CHAIN FREE
- EPC Rating : C

NEW INSTRUCTION

CHAIN FREE



Denby Grange

£380,000

- Four Bedroom Semi Detached House
- CHAIN FREE
- Three Double Bedrooms
- En-suite to Master Bedroom
- Driveway For Two Vehicles
- EPC Rating: C

CHAIN FREE



Ashworth Place

**O.I.R.O
£400,000**

- Three Bedroom Detached House
- Garage & Driveway For Two Vehicles
- Double Glazing Throughout
- Fitted Family Bathroom
- Fitted Wardrobes To The Master Bedroom
- E.P.C. Rating: D

CHAIN FREE



Great Auger Street

£449,995

- Four Bedroom Detached House
- Over Three Floors
- Decked Balcony Area Off Master Bedroom
- Approximate 35ft Rear Garden
- Garage To Side With Power Lighting & Driveway
- EPC Rating: C

CHAIN FREE



Pilkingtons

£475,000

- Five Bedroom Detached House
- Separate Lounge & Dining Room
- Four DOUBLE Bedrooms
- Conservatory To The Rear
- Parking For Multiple Vehicles
- EPC Rating: C

VIEWINGS ADVISED!

NEW INSTRUCTION



Bentley Drive

£290,000

- Two Bedroom Terrace House
- Two DOUBLE Bedrooms
- CHAIN FREE
- Allocated Parking
- Conservatory To Rear
- E.P.C Rating: Awaiting



Malkin Drive

£415,000

- A Four Bedroom End Of Terrace Townhouse
- Downstairs W/C & First Floor Bathroom
- En-suite To The Master Bedroom
- Overlooking Playing Fields
- Driveway For Two Vehicles
- E.P.C. Rating: D



MUST BE SEEN!



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we ♥ property



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19 EASTGATE, HARLOW
01279-433033



Parsonage Leys

- OPEN DAY Sat 10th February
- Viewings By Appointment Only
- One Double Bedroom Flat
- Close To Local Amenities
- Double Glazed
- EPC Rating D

£170,000



Gladwin Way

- Public Notice 66 Gladwin Way, Harlow, Essex, CM20 1AS
- We are acting in the sale of the above property
- and have received an offer of £170,000
- Any interested parties must submit any higher offers in writing to the selling agent before
- an exchange of contracts takes place. EPC Rating: B

**Offers Over -
£170,000**



Pegram's Court

- Two Bedroom Top Floor Flat
- Allocated Parking Space
- Lounge/Diner With Dual Aspect Windows
- Private Build Close To Local Shops
- Chain Free
- EPC Rating: C

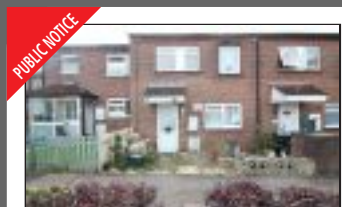
**O.I.R.O
£205,000**



Risdens

- FOR SALE BY ONLINE AUCTION
- Starting Bid 160,000 Terms and Conditions Apply
- Call Now To Book Your Viewing Slot
- CHAIN FREE
- Two Bedroom Split Level Maisonette
- EPC Rating: C

**O.I.R.O
£210,000**



Hull Grove

- Public Notice: 103 Hull Grove, CM19 5RR
- We Advice That An Offer Has Been Made
- Property In The Sum Of £236,000.
- Anyone Wishing To Increase On This Offer Should
- Notify The Agents Of Their Best Offer Prior To Exchange
- *OT Contracts. Kings Harlow Town- 01279 433033

**O.I.R.O -
£245,950**



Moorfield

- A Two Bedroom Mid Terrace House
- Immaculate Condition In Our Opinion
- Kitchen/ Diner
- Brick Built Stove For Outside Dining
- Approx. 30ft Rear Garden
- EPC Rating: C

**O.I.R.O -
£264,995**



Spencer Croft

- Three Bedroom Mid-Terraced House
- Lounge/Diner,
- Approx. 40ft Rear Gardens,
- First Floor Bathroom.
- Ideal First Time Buy or Investment Opportunity.
- EPC Rating -Awaiting

£275,000



Ladyshot

- Three Bedroom Terraced House
- Fitted Kitchen With Integrated Appliances
- Downstairs Cloakroom
- Approximately 40ft Rear Garden With Rear Access
- Lift From Dining Area To Bedroom Three
- EPC Rating: D

**O.I.E.O -
£290,000**



Canons Gate

**O.I.E.O -
£345,000**

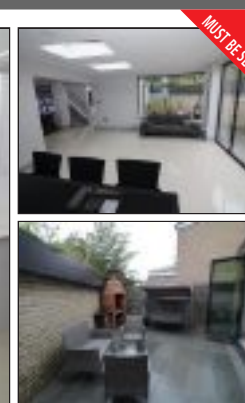
- Extended Three Bedroom House
- Within Close Proximity To Harlow Town Centre
- Kitchen/Diner
- Approximately 80 ft Garden
- Bi Folding Doors Leading to Garden
- EPC Rating C



Old Orchard

**O.I.R.O
£545,000**

- Five Bedroom Detached House
- Front Drive For Several Cars
- Through Lounge/ Dining Area
- Ground Floor Cloakroom
- Decorated To A High Standard In Our Opinion
- EPC Rating: F



Howick & Brooker



Gothic House, Station Road, Old Harlow, CM17 0AP



NEW ON

£200,000

HADLEY GRANGE, CHURCH LANGLEY

- One Bedroom
- Own Rear Garden
- Allocated Parking
- Ground Floor Apartment
- No Onward Chain
- EPC Rating: - D



CHAIN FREE

£259,995

SPRUCE HILL, HARLOW

- Four Bedrooms
- Kitchen / Diner
- Needs Modernisation
- Mid Terrace
- Chain Free
- EPC Rating: D



CHAIN FREE

£279,999

WEDGEWOOD DRIVE, CHURCH LANGLEY

- Two Bedrooms
- Two Parking Spaces
- No Onward Chain
- End Terrace
- Separate Dining Room
- EPC Rating: D



EXTENDED

OIEO £284,995

CHURCH LEYS, HARLOW

- Three Bedrooms
- Extended To Rear
- Study Area
- Mid Terrace
- Cul-De-Sac Location
- EPC Rating: C



NEW PRICE

£285,000

EAST PARK, OLD HARLOW

- Two Bedrooms
- No Work Required
- Views Over Woodland
- Mid Terrace Property
- Lounge/ Diner
- EPC Rating: D



NEW ON

£319,995

GUILFORDS, OLD HARLOW

- Three Bedrooms
- Refurbished Throughout
- South Facing Garden
- End Of Terrace
- Chain Free
- EPC Rating: - TBC



NEW ON

£319,995

JOCELYNS, OLD HARLOW

- Three Bedrooms
- Detached Garage
- No Onward Chain
- Mid Terrace Property
- Close To High Street
- EPC Rating: - F



NEW PRICE

£349,995

SPARROWHAWK WAY, NEWHALL

- Two Double Bedrooms
- Link Detached
- Sun Terrace
- Driveway
- En-Suite
- EPC Rating: C



PARKING

£369,995

CANOPY LANE, NEWHALL

- Three Bedrooms
- Semi Detached
- One Owner Since New
- Downstairs W/C
- Parking For Two Cars
- EPC Rating: TBC



£395,000

ALLENS GREEN, SAWBRIDGEWORTH

- Two Bedrooms
- Open Plan
- Off Street Parking
- Mid Terrace
- Mains Services
- EPC Rating: D



NEW ON

£399,995

CHAPEL FIELDS, HARLOW

- Four Bedroom
- Attic Conversion
- Solar Panels
- Semi Detached
- Two Clockrooms
- EPC Rating: - TBC



£410,000

HEATHCOTE GARDENS, CHURCH LANGLEY

- Three/ Four Bedroom
- Garage Conversion
- South Facing Garden
- Detached Property
- Three Bathrooms
- EPC Rating: E



NEW ON

£449,995

GLEBELANDS, HARLOW

- Five Bedrooms
- Heavily Extended
- Driveway Parking
- Two Receptions
- Corner Plot
- EPC Rating: D



NEW PRICE

£430,000

BRAGGOWENS LEY, NEWHALL

- Four Bedrooms
- Off Street Parking
- Immaculate Throughout
- Semi Detached
- Two Bathrooms
- EPC Rating: C



NEW PRICE

£449,995

CANNONS LANE, HATFIELD BROAD OAK

- Three Bedrooms
- Village Location
- Views Over Fields
- Detached Bungalow
- Two Receptions
- EPC Rating: TBC



BARN

£650,000

THE BARNS, OLD HARLOW

- Three Bedrooms
- Two Bathrooms
- Semi Detached
- Walk To Station
- Courtyard Setting
- EPC Rating: E

sales@hbproperty.co.uk

01279 418888

info@hbproperty.co.uk



£224,950 SAWBRIDGEWORTH (Burtons Mill)
First floor 2 bedroom apartment with just a 3 minute walk to train station. Private balcony, sitting room, kitchen and bathroom. Offered with no onward chain. Approx. rental value of £850 pcm. Sole agents.



£279,950 OLD HARLOW (Cowllins)
2 bedroom first floor apartment with a good size living room, kitchen, family bathroom, gas fired central heating, double glazing throughout, private parking and allocated carport. Walking distance of town centre. Sole agents.



£319,950 GILSTON
Modern 2 double bedroom semi-detached home. Living/dining room, fully fitted modern kitchen and bathroom, enclosed rear garden, allocated parking for 2 vehicles. Must be viewed. Sole agents.



£360,000 HATFIELD BROAD OAK (Village Centre)
Beautifully presented and spacious 2 bedroom period property with a large sitting room, kitchen/dining room, en-suite to master bedroom, many period features and a fabulous loft. Thriving village and close to all amenities. Vacant possession. Sole agents.



£400,000 BUILDING PLOT (Nr Sawbridgeworth)
Single building plot, ideal for a self-builder with planning for a 2,700 sq ft 4 bedroom detached family home with a large south facing garden, carport, fantastic open ground floor entertaining space with bi-folding doors to rear. Very exciting project.



£435,000 SAWBRIDGEWORTH (School Lane)
Immediate vacant possession. Ready to move into. No chain. 3 bedroom semi-detached home with the remainder of an NHBC guarantee, garden, detached garage, open plan kitchen/breakfast, bathroom, en-suite, downstairs w.c. Quiet location. Very handy for Leventhorpe school.



£465,000 SAWBRIDGEWORTH (Church Crescent)
Totally renovated and improved 3 bedroom detached property with just a 5 mins walk to train station. Close to town centre. Contemporary finish with a large open plan living room, kitchen, south facing garden, excellent parking. Sole agents.



£464,950 SAWBRIDGEWORTH (Springhall Road)
4 bedroom home set in a prime position, ideal for schooling and village centre. Sitting room, balcony, modern kitchen/dining room with raised private terrace, utility, main bathroom plus ground floor shower room, parking for 2 cars and landscaped garden.



£512,000 HIGH WYCH (Wisemens Gardens)
Extended 4 bedroom family home with huge sitting room, impressive kitchen/family/dining room, cinema room, study, downstairs shower room, main family bathroom plus en-suite, driveway and parking for 3 cars, landscaped garden. Sole Agents.



£545,000 HATFIELD BROAD OAK
Period 4 double bedroom cottage in this popular highly sought after village. 90ft garden backing onto farmland, garage, parking for 3 cars, overflowing with charm and character. Must be viewed to be fully appreciated. Sole agents.



£700,000 MANUDEN (Butt Lane)
Detached family home with 4 double bedrooms, 3 bath/shower rooms, large kitchen/family room, cinema room, large living room, flexible accommodation, corner plot, country lane location. Offered chain free. Sole agents.



£875,000 HATFIELD HEATH
Brand new 4 double bedroom detached house with a high quality contemporary finish, good size south facing garden, large double garage, magnificent kitchen/family room, sitting room, study, en-suite, luxury bathroom, further shower room, excellent parking, gated location. Sole agents.



£895,000 LITTLE HALLINGBURY
Brand new 2,700 sq ft detached house with a good size west facing garden, large parking area, 3 high quality bath/shower rooms, Blackstone hand built bespoke kitchen leading through to a family/living with bi-folding doors to rear, utility, 3 further reception rooms. 10 year guarantee.



£935,000 HIGH WYCH
5 bedroom detached family home in this exclusive gated development. Very good for commuting. 4 large reception rooms, beautiful high gloss kitchen, utility, 2 en-suite bedrooms, 2 further bath/shower rooms, landscaped gardens, double garage. Owner found and ready to move. Chain free.



£945,000 SAWBRIDGEWORTH (Pishiobury Drive)
Spacious 6 bedroom family home with an independent annexe. Large sitting room, magnificent garden/family room, contemporary kitchen, en-suite, large family bathroom, 200ft south facing garden and excellent parking



£800pcm BISHOPS STORTFORD (Grove Place)
2 bedroom mid terrace Victorian cottage in a sought after location. Comprising living room and fitted kitchen, good size bedroom plus further single room/study and bathroom. Courtyard rear garden, outbuilding, keys held available now.



£1095pcm BISHOPS STORTFORD (Cannons Close)
2 bed semi detached bungalow situated in a quiet location. Bathroom and kitchen, 2 good size bedrooms and a bright lounge with doors overlooking the rear garden. Rear garden and driveway parking for one car. Available Now



£1275pcm SAWBRIDGEWORTH (The Crest)
3 bedroom extremely well presented family home only a short walk from amenities. 3 bedrooms to first floor plus shower room, with a sitting room opening through to kitchen/diner to ground floor, garden to rear and casual parking to front. Unfurnished and available immediately.



£1295pcm LEADEN RADING (St Michaels Mews)
3 bed family home set over three storeys. Bright lounge with French doors overlooking the rear garden, separate kitchen, downstairs wc, 2 double bedrooms and family bathroom to the 1st floor and a master bedroom with en-suite to the 2nd floor. 2 allocated parking spaces, rear garden.



£1325pcm BISHOPS STORTFORD (East Road)
Immaculately presented, 3 bedroom home situated in an ideal location within short walking distance of station. Living room, stunning open plan kitchen and dining area, brand new bathroom and three bedrooms. Good size rear garden and permit parking on the road to the front. Available now.



£1495pcm SAWBRIDGEWORTH (Mabeys Walk)
3 bedroom semi-detached family home offering good size accommodation, with 3 bedrooms and family bathroom to the first floor, large lounge/diner to the ground floor and kitchen/breakfast room. Integral garage. Garden. Available mid Feb.



£1495pcm SAWBRIDGEWORTH (Bickerton Court)
1200sqft duplex apartment in a newly constructed development only a short walk to the station. Comprising huge lounge/dining room with balcony, fitted kitchen, 2 bedrooms and 2 bathrooms. Parking, gas fired central heating.



£1795pcm BARNSTON (Bishops Green)
3 bedroom detached chalet bungalow set in just over three acres which is maintained. Entrance hall, ground floor bedroom with bathroom, kitchen/breakfast room, utility, sitting room, dining area, study, with 2 bedrooms and shower room to the first floor. Ample parking, detached double garage.



£1850pcm BISHOPS STORTFORD (Grosvenor Close)
4 bedroom detached home, close to facilities. Entrance hall, large L-shaped fitted kitchen, dining area, utility room, sitting room, playroom and downstairs w.c. 4 bedrooms and bathroom to the first floor. Rear garden, off road parking to front.



£2650pcm MATCHING GREEN (Downhall Road)
Detached 4 bedroom family home in a highly sought after location. Large kitchen with separate utility, opens onto sitting/dining room area with bi-folding doors, ground floor bedroom and 3 bedrooms and 3 bathrooms to the first floor, parking and detached double garage.


NEW

Too Nice To Last £275,000
Bowhill Way EPC B
No buyer is going to want to miss out on viewing this stunning open plan two bedroom coach house located within the Fifth Avenue development that is just a sort walk away from Harlow Town station. Internal viewing is highly advised. Ref 12513
Must Be Viewed



Guide Price
£260,000 - £280,000
Taylifers
A Home For Your Family
EPC D

This three bedroom end of terrace home with a conservatory is located on the outskirts of Harlow, close to schools, shops and bus routes, making it an ideal home for any family. Viewing is highly advised. Ref 13907


SSTC

Sold Sold Sold £250,000
Heighams EPC D
This well presented three bedroom middle terrace home has now been Sold STC. We are always looking for more properties in this area of Harlow, so if you are thinking of selling please call today to book in your free, no obligation valuation! Ref 13693
Call 01279 443311


NEW

One For The Family £299,995
The Readings EPC TBC
Your family's next home could be this three bedroom home with a modern fitted kitchen and a recently re-fitted bathroom in a sought after turning in Harlow, offered chain free and is located close to primary and secondary schools. Ref 14151
Call Call Call


NEW

Guide Price
£380,000 - £390,000
Westbury Rise
This Home Ticks All The Boxes
EPC TBC

Located within the popular development of Church Langley is stunning three bedroom semi detached family home with garage, benefiting from a corner plot garden and conservatory. Internal viewing is highly advised to appreciate what this house has to offer. Ref 14159

View Today


NEW PRICE

Hint Of Village Life £686,000
Sheering Road
Located in Old Harlow is this four bedroom modern built Barn that was constructed by the current owners. Ref 13808
Ring Ring Ring



Guide Price £260,000 - £280,000
Ideal Family Home EPC C
Church End
Located on the outskirts of Harlow is this three bedroom family home, which is within walking distance to local schools and amenities. Call today to book your viewing. Ref 13946
Viewing Advised


NEW

Space For The Whole Family £500,000 - £525,000
Turvin Crescent, Gilsten EPC B

Haart are delighted to offer is beautifully presented four bedroom semi detached family home situated in a semi-rural location of Gilston within the highly desirable Terlings Park development. The property is offered for sale chain free. Ref 14015

- Four Bedroom
- Well Presented
- Semi Detached
- Integral Garage

Call Today

- Driveway For Two Cars
- Semi Rural Location
- Fitted Kitchen-Diner
- Five Bathrooms/WC


NEW

Guide Price £230,000 - £240,000
Modern Living EPC C
Torkildsen Way
This well presented two bedroom top floor flat on the Fifth Avenue development. The property is within walking distance to Harlow train station. Ref 13913
Viewing Advised


SSTC

Sold Another OIEO £325,000
Sharpecroft EPC C
This three bedroom family home has now been sold STC, after many interested applicants. If you are thinking of selling please call 01279 443311 Ref 13695
Free, No Obligation Valuation


NEW

Guide Price £290,000 - £300,000
Ideal Starter Home EPC D
The Gardeners
Tucked away in a cul-de-sac turning just outside Church Langley is this modern two bedroom end of terrace home benefitting from two parking spaces. Ref 14029
View View View

ELSENHAM VALE

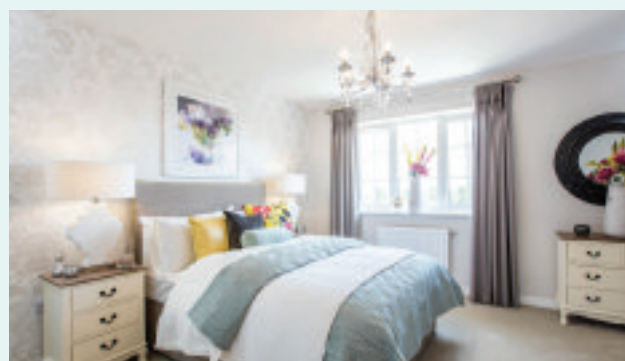
ESSEX



Find your dream home at Crest Nicholson's Elsenham Vale

Make the move to your dream home at Crest Nicholson's Elsenham Vale, a beautiful collection of traditionally inspired two and three-bedroom cottages, bungalows and four and five-bedroom family homes, situated in the picturesque village of Elsenham, Essex.

The development offers residents the best of both worlds, benefiting from a semi-rural location positioned amongst an abundance of landscaped green space. To the south of the development runs the beautiful Stansted Brook, with woodland walks and picturesque parks all within easy reach.



**3, 4 & 5 bedroom homes available from £410,000
Ready to move into Spring 2018**

With a number of three and four-bedroom homes available to purchase on Part Exchange*, your move to Elsenham Vale could be easier than you think. This scheme offers you a stress-free move, as Crest Nicholson can act as a guaranteed buyer for your existing home, offering 100% of the market value, and you will avoid complicated chain delays and costly estate agent's fees.

Homes at Elsenham Vale have been finished to the highest specification, with integrated Bosch appliances fitted in the open-plan kitchen and dining rooms, and contemporary Roca Gap sanitary ware complete in each bathroom. The homes are finished with a clean, neutral palette, enabling you to put your own stamp on your new home when moving in.

With a range of property types on offer, the development appeals to a variety of buyers. Whether you're a family looking for extra space, or downsizers looking to relocate to this tranquil Essex village, there is a home to suit your needs at Elsenham Vale.

Families are well-served with the education facilities and transport links on offer; the development is within the catchment area of a number of great local schools, and Elsenham Station is easily accessible, providing direct trains into London Liverpool Street station in under an hour. If you're looking to travel further afield, Stansted airport is just a 15-minute* drive from the development.

www.crestnicholson.com/elsenhamsale



01279 299000

SHOP HOME



Above: Bridgman hare cushion, £29, bridgman.co.uk. Right: Vintage rose red floral check mix cushion, £25, pignut.co.uk



Above: James Bywood's The Langdale Pikes framed print, £90, athenaart.com

Right: Collection Sherington two-drawer bed frame, 199.99, Argos.co.uk



There is something wonderfully cosy about rustic cottage decor in the depths of a chilly winter, writes **DAN BEAVAN**



Achilles armchair, Loaf, £795, loaf.com



Merci cups No 9, £8.50, abodeliving.co.uk



Organic cotton bedset with merino wool cushion, duvet cover and pillowcase sets from £90, cottageinthehills.com



Pampelune chair in natural finish, £119, pib-home.co.uk



Morgan rectangle mirror, £149.99, Very.co.uk



Olivia bedside table in scuffed grey, £225, loaf.com



...BUYS FOR COFFEE FANS



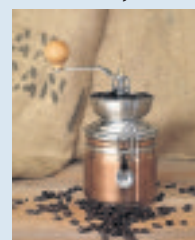
THE DAILY GRIND
Kaffeemühle Mrs. Bean coffee grinder, £43.91
design-3000.de



GOLD BLEND
La Cafetière brushed gold strainer teapot, 2 Cup Audenza, £35.95
audenza.com



CUP WINNER
La Cafetière Red Classic espresso maker, Creative Tops, £19.95
creative-tops.com



FULL OF BEANS
La Cafetière Origins copper Le Teapot, Creative Tops, £36
creative-tops.com

WHEELS

TEST DRIVE: Ford Edge ST-Line 2.0 TDCi Automatic review by David Ward

NEW FORD SUV HAS THE EDGE

AT A GLANCE

- **Model:** Ford Edge ST-Line 2.0 twin turbocharged AWD automatic
- **Price:** £40,595
- **Engine:** 2.0-litre 207bhp twin turbocharged diesel
- **Transmission:** Six-speed automatic
- **Performance:** 0 to 62mph 9.4 seconds top speed 131mph
- **Fuel Consumption:** 47.9mpg combined
- **CO2:** 152g/km
- **Insurance Group:** 29E
- **BiK:** 32%
- **Warranty:** Three years/60,000 miles
- **On Sale:** Now



The last time Ford in the UK tried to bring in a big Sports Utility Vehicle in the shape of the totally USA designed and truck-based built Explorer it not unsurprisingly failed to win over too many motorists and was eventually dropped because in reality it was totally unsuited to European roads and driving modes.

Ford is now back into this ever growing SUV sector with this time exactly the right kind of model in the shape of the Edge which although based on the current successful selling USA version it has been suitable 'Europeanised' and will appeal so much more to punters looking for a blue badged off-roader slightly bigger than the their current Kuga series.

Based on the present Mondeo/S-MAX platform this new Edge not only looks the business but clearly achieves the kind of driving behaviour and SUV make up in terms of styling with absolutely bags of interior cabin space that motorists here demand.

With prices starting at a competitively £30,650 there are currently just a choice of two turbocharged diesel engines on offer – a 177bhp or a twin turbocharged 207bhp – along with a choice of three trim levels – Edge Titanium, ST-Line and Vignola – and all with four-wheel-drive as standard.

Competition grows in this sector and the Edge is up against some formidable rivals such as the Renault Kadjar, Honda CR-V, Kia Sorento, BMW X3 to mention a few but first impression, whilst test driving here the mid range ST-Line, it more than merit's a serious consideration for motorists looking at this

sector. In a nutshell this Edge comes up trumps in many ways because for a family it's exceptionally comfortable, really spacious inside and accommodates five full-sized adults in excellent lumbar supporting seats while for the driver it has good handling characteristics and for a big bodied car so easy to drive.

Opt for the slightly more powerful of the two diesel engines because it does give that bit extra in pulling power and overall performance which does count when fully loaded with five adults on board.

There's no seven-seater option available on the Edge – Ford say buyers needing extra seats will go for the S-MAX model – and that means as a five-seater there's bags more head and leg room, front and rear, which is really a big bonus and it has about the best amount of luggage space.

With the rear seats in use the boot has 612 litres on offer but folding them down – that's easy enough too with a pair of electric buttons in the boot doing the job – the luggage space zooms up to a remarkable 1,847 litres.

Impressive too is that even the entry-level models come like the rest of the Edge range loaded with an impressive list of standard safety kit on board such as road sign recognition, adaptive cruise control and lighting, intelligent speed assist and cross traffic alert.

The interior itself is fairly Ford-like as one would expect with lots of soft-touch trim and surround and the dashboard is like the S-MAX with a curved shaped console along with easy to use digital instruments and controls.

The eight-inch touch screen again is simple to use and all nice and bright, clear to spot individual commands and drivers opting for the ST-Line models will also get a better Sony navigation and sound system.

The ST-Line models also have an extremely efficient six-speed dual clutch automatic gearbox as standard and this is refined, quick to move up and down the automatic gears when needed making it a pleasant and easy big car to drive.

The ST-Line also provides with its sportier suspension set up and much nicer, firmer ride together with sharper handling and has Ford's intelligent 4WD only diverting the torque to the rear wheels when conditions underfoot become bad with snow, ice and mud. This bigger output engine is smooth and with the variable ratio steering on board makes it really stable at high motorway speeds and generally too with the recent gale force winds across the country recently when the car was tested.

Across the whole range Ford has fitted as standard what they call an active noise control system from the Mondeo Vignale that does cut out quite noticeably road noise and the usual diesel engine clatter when initially starting up.

All this in turn makes for a much quieter ride inside the cabin for both driver and passengers making this Edge in ST-Line at least a most refined and comfortable long distance cruiser.

In terms of looks the sportier ST-Line has a few distinct differences than the entry-level models and which include sports bumpers front and rear and it sits on the bigger 20-inch alloy wheels and has a better

ground clearance too, making for quite steady and comfortable off-road driving as encountered over rough farmland on test. Incidentally these model come with a space saver spare wheel as standard.

The ST-Line automatic tested is obviously at £40,595 dearer than the Titanium versions but well worth the extra in my view with the only niggle being that Ford charges an optional extra of £1,075 for the LED adaptive headlights with most rivals including that as standard on the equivalent rival models.

The other optional extras included on the test car, such as special Lux pack (£1,275) that provides heated rear seats and a panoramic roof with sunshades amongst others is well worth the extra outlay but it did push the final on-the-road price to £46,000.

There again it's down to individual Edge buyers to decide how much they spend and it has to be said even the entry-level model with its six-speed manual gearbox at £30,650 represents good value for the money.

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WHEELS

TEST DRIVE: Nissan X-Trail Tekna dCi 130 4WD BY Ian Donaldson

FRESH NEW X-TRAIL

Talk all you like about how a car looks but for lots of people how it fits in to family life is more important. Space wins over style, you might say.

So the refreshed X-Trail from Nissan - the world's best selling SUV - might grab some headlines with its fresh new face, complete with new lights and bumpers, added flashes of chrome and a touch of gloss black.

Inside, there's a flat bottomed steering wheel with a thicker rim, jointly adding - Nissan hopes - a sporty feel and safer grip.

But after the glow of new ownership has faded it will be the more practical side of the X-Trail that fosters longer term likeability.

So a cabin that is simply huge, front and rear, will mean fewer fights for the best seat from the kids and a boot, now 15 litres bigger than before (at 565 litres or a

vast 1,996 litres with seats folded) on cars fitted with two rows of seats.

Piling on the practicality for families with lots of youngsters, there is a £1,000 option (£660 on top Tekna trim) of a pair of third row seats, with space for larger

children or smaller adults.

How practical is that. Also high on the practicality monitor is a diesel engine that provides enough pull to keep this big car flowing nicely along a typical British road and show 46mpg on the trip computer after more

than 400 miles of brisk workouts.

The 1.6-litre engine is much the most popular of a trio of power units offered in the latest X-Trail, which also takes in a more potent 177bhp diesel and a 163bhp 1.6-litre petrol.

You'd never call its gruff engine note particularly cultured but it fades into the background once cruising speed is reached. A crisply changing gearbox helps things along and this tall, heavy car doesn't mind corners, although you just know it's not up for playing sporty.

The X-Trail would much rather you settled back and enjoyed all the goodies that come with the range topping Tekna version - which takes approaching half of all sales and shows that we UK buyers like our SUVs dripping with kit.

Heated seats front and rear are now standard on the top Tekna grade and there's the option of tan leather (a rather smart orangey look) to relieve the blackness of the standard X-Trail cabin.

Tekna owners now enjoy an eight speaker Bose sound system (on five-seat versions) while every X-Trail



has DAB radio as standard for the first time.

You'd need a book to detail all the goodies that come with Tekna trim, but highlights include a powered tailgate that can be opened with a kick of a foot under the rear bumper, a big glass sunroof, cameras with an all-round view of the car and safety equipment that stretches to alerting you if something is approaching as you reverse out of a parking space.

Nissan has thought of practicality everything...



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| 14 (64) | Hyundai i30 Active 1.4 Petrol 5dr, Black, Only 13,000 Miles, Air-Con, Bluetooth | £8,499 |
| 16 (16) | Kia Picanto 1.25 SE Automatic 5dr, Met Black, 21,000 Miles, Kia Warranty Until 07/2023 | £8,995 |
| 16 (16) | Kia Rio 1.25 Special Edition SR7 5dr, Met Black, Only 3,000 Miles, Kia Warranty Until 07/2023 | £9,295 |
| 15 (15) | Kia Cee'd 1.4 Petrol Special Edition SR7 5dr, Red, 18,000 Miles, Kia Warranty Until 03/2022 | £9,295 |
| 15 (15) | Kia Cee'd 1.6 Petrol '2' 5dr, Met Blue, 23,000 Miles Kia Warranty Until 03/2022 | £9,495 |
| 16 (66) | Kia Rio 1.25 SE 5dr, White, 13,000 Miles, Kia Warranty Until 09/2023 | £9,750 |
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| 15 (15) | Ford EcoSport 1.5 Petrol Titanium X-Pack (Top Of The Range), Black, Sat Nav, 12 Months Warranty | £10,995 |
| 16 (65) | Kia Cee'd 1.6 Diesel '2' 6 Speed Manual, Gunmetal Grey, 11,000 Miles, Kia Warranty Until 01/2023 | £11,695 |
| 15 (65) | Kia Venga 1.6 Petrol 5dr Automatic '3', Met Blue, 15,000 Miles, Sat Nav With Reversing Camera, Kia Warranty Until 09/2021 | £11,790 |
| 15 (15) | Skoda Yeti 2.0 Diesel 4x4 Special Edition "Black Edition", White, 22,000 Miles, Sat Nav, Air Con | £12,195 |
| 17 (17) | Kia Picanto 1.25 GT-Line '5' 5dr (Top Of The Range), Only 4,000 Miles, Massive Spec Kia Warranty Until 07/2024 | £11,999 |
| 14 (14) | Kia Sportage 1.7 Diesel '2' 6 Speed Manual, White, 27,000 Miles, Panoramic Roof, Kia Warranty Until 07/2021 | £12,175 |
| 17 (66) | Kia Cee'd 1.6 Diesel '3' 5dr 6 Speed Manual, Gunmetal Grey, 8,000 Miles, Sat Nav With Reversing Camera, Climate Control | £13,650 |
| 13 (63) | Kia Sportage 2.0 Diesel '4' Automatic 4x4, Dark Grey, Side Steps, 34,000 Miles, Kia Warranty Until 06/2020 | £13,995 |
| 16 (16) | Kia Carens '2' 1.7 Diesel 7 Seater MPV 6 Speed Manual, Silver, 16,000 Miles, Rear Parking Sensors, E/Windows | £13,999 |
| 15 (65) | Kia Sportage 1.6 Petrol '2' 6 Speed Manual, White, 20,000 Miles, Panoramic Roof, Kia Warranty Until 09/2022 | £14,295 |
| 15 (65) | Kia Sportage 1.6 Petrol "White Edition" 6 Speed Manual, White, Only 9,000 Miles, Sat Nav And Reversing Camera, Kia Warranty Until 11/2021 | £14,595 |
| 16 (16) | Kia Carens '3' 1.7 Diesel 7 Seater MPV 6 Speed Manual, White, 11,000 Miles, Full Leather Interior, Heated Seats, Kia Warranty Until 04/2023 | £15,699 |
| 13 (63) | Kia Sportage 2.0 Diesel '4' Automatic 4x4, White, 21,000 Miles, Sat Nav With Reversing Camera, Self-Park, Kia Warranty Until 06/2021 | £15,999 |
| 16 (16) | Kia Sportage (New Shape) 1.6 Petrol '2' 6 Speed Manual, Silver, 20,000 Miles, Sat Nav With Reversing Camera, Kia Warranty Until 04/2023 | £16,795 |
| 17 (17) | Kia Cee'd 1.6 Diesel 'GT-Line' 5dr 6 Speed Manual, Red, Only 2,000 Miles, Front Ice Cube Lights, Air Con, Kia Warranty Until 06/2024, Great Saving On List Price | £16,890 |
| 16 (16) | Kia Sportage (New Shape) 1.7 '3' 6 Speed Manual, 4,000 Miles, Fully Leather Interior, Air Con, Privacy Glass, Kia Warranty Until 03/2023 | £18,999 |
| 16 (16) | Kia Sportage (New Shape) 1.7 '4' 6 Speed Manual, Silver, 18,000 Miles, Sat Nav With Reversing Camera, Panoramic Roof, Kia Warranty Until 03/2023 | £19,750 |
| 17 (17) | Kia Sportage (New Shape) 2.0 Diesel 'XX-2' Automatic, White, 4,000 Miles, Sat Nav With Reversing Camera, Kia Warranty Until 05/2023 | £20,989 |

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| 15 (15) | Kia Sorento 2.2 'XX-2' 4x4 7 Seater SUV 6 Speed Auto 5dr, Black, 24,000 Miles, Sat Nav With Reversing Camera, Kia Warranty Until 06/2022 | £21,985 |
| 17 (17) | Kia Sportage (New Shape) 1.7 '3' Automatic, 5,000 Miles, Sat Nav With Reversing Camera, Panoramic Roof, Kia Warranty Until 04/2023 | £21,990 |
| 16 (16) | Kia Sportage 2.0 Diesel 'XX-4' (New Shape) Automatic 4x4, White, 11,000 Miles, Panoramic Roof, Tow Bar, Self-Park, Air Con, Kia Warranty Until 05/2023 | £22,990 |
| 17 (67) | Kia Sorento 2.2 'XX-3' 4x4 7 Seater SUV 6 Speed Auto 5dr, Gunmetal Grey, 4,000 Miles, Panoramic Electric Roof, Leather Interior, Bluetooth, Air Con, Kia Warranty Until 09/2024 | £31,999 |

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| 17 (17) | Kia Cee'd 1.6 Diesel '2' 5dr Automatic, Met Black, 11,000 Miles, Sat Nav With Reversing Camera & Rear Parking Sensors, Alloys, Bluetooth, Cruise Control, Climate Control, Air Con | £13,990 |
| 17 (17) | Kia Cee'd 1.6 Diesel '2' 5dr 6 Speed Manual, Met Planet Blue, 11,000 Miles, Sat Nav With Reversing Camera & Rear Parking Sensors, Alloys, Bluetooth, Cruise Control, Climate Control, Air Con | £13,990 |
| 17 (17) | Kia Cee'd 1.6 Diesel '2' Estate S/W 5dr 6 Speed Manual, Met Planet Blue, 8,000 Miles, Sat Nav With Reversing Camera & Rear Parking Sensors, Alloys, Bluetooth, Cruise Control, Climate Control, Air Con | £14,295 |
| 17 (17) | Kia Cee'd 1.6 Diesel S/W Estate '3' 5dr 6 Speed Manual, Met Black, 9,000 Miles Only, Sat Nav With Reversing Camera, Half Leather Interior, Alloys, Bluetooth, Cruise Control, Air Con | £14,990 |
| 17 (17) | Kia Sportage 1.7 Diesel Automatic '2', Black, 13,000 Miles, Sat Nav With Reversing Camera & Rear Parking Sensors, Alloys, Bluetooth, Cruise Control, Air Con, Privacy Glass | £19,295 |
| 16 (66) | Kia Sportage (New Shape) 2.0 Diesel 'XX-2' Automatic, Dark Gunmetal Grey, 14,000 Miles, Sat Nav With Reversing Camera & Rear Parking Sensors, Alloys, Bluetooth, Cruise Control, Air Con, Privacy Glass | £20,495 |
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£4,995

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2011 (61) BMW 730 Diesel Automatic,

Black, Alloy Wheels, Climate control, cruise control, parking sensors, SAT NAV, Bluetooth, Heated electric leather memory seats, Remote locking, E/Windows, E/Mirrors, 43,000 miles
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2014 (64) Nissan Qashqai 1.2,

Red, Alloy Wheels, Air Con, Panoramic roof, Cruise control, Parking sensors, SAT NAV, Remote Locking, E/Windows, E/Mirrors, Reversing camera, one owner, 34,000 miles only
Sale Price £11,995 - £75 per week

2010 (60) Peugeot RCZ 1.6 Hdi,

white, alloy wheels, air con, remote locking, full heated electric leather seats, e/windows, e/ mirrors, cruise control, parking sensors, CD player, 9,000 miles only
Sale Price £10,995 - £65 per week

2014 (64) Hyundai ix35 1.6,

Black, Alloy Wheels, Air Con, Remote Locking, E/ Windows, E/ Mirrors, CD Player, One Owner, 35,000 miles only
Sale Price £10,995 - £69 per week

2011 (61) Nissan Qashqai N-Tec

grey, panoramic roof, reversing camera, sat nav, e/windows, e/mirrors, alloys, remote locking, 49,000 miles
Sale Price £9,995 - £62 per week

2013 (63) Hyundai ix35,

White, 1.6, air con, e/windows, e/mirrors, CD player, remote locking, 41,000 miles
Sale Price £8,995 - £59 per week

2012 (12) Peugeot RCZ 1.6,

Grey, alloy wheels, air con, full leather heated seats, remote locking, cruise control, SAT NAV, parking sensors, e/windows, e/mirrors, 61,000 miles
Sale Price £8,495 - £53 per week

2014 (64) Ford Fiesta 1.2 3dr,

Red, Air Con, Remote Locking, E/Windows, E/ Mirrors, CD Player, One owner, 19,000 miles only
Sale Price £6,995 - £44 per week

2011 (61) Ford Focus, 1.6 TDCi,

Grey, Alloy Wheels, Air Con, Remote Locking, Bluetooth, Parking Sensors, E/Windows, E/ Mirrors, CD Player, 60,000 miles
Sale Price £6,995 - £44 per week

2011 (11) Mini Cooper D, 1.6, Diesel

Goodwood Green, e/windows, e/mirrors, cruise control, CD player, alloys, half leather, Diesel, air con, USB port, CD player
Sale Price £6,995 - £44 per week

2011 (11) Hyundai i30 CRDi Automatic 1.6,

blue, 10,000 miles, air con, e/windows, e/mirrors, air con, USB port, CD player
Sale Price £6,695 - £42 per week

2013 (63) Fiat 500 1.2,

White, alloy wheels, remote locking, panoramic roof, Bluetooth, e/windows, e/mirrors, one owner, 30,000 miles only
Sale Price £5,995 - £38 per week

2011 (61) Renault Grand Scenic 1.5 Dci

Automatic, red, alloys, air con, remote locking, e/windows, e/ mirrors, 7 seater, cruise control, 29,000 miles only
Sale Price £6,395 - £41 per week

2014 (14) Hyundai i30

5dr, red, alloy wheels, e/windows, alloys, e/ mirrors, 20,000 miles, FSH, one owner
Sale Price £5,995 - £38 per week

2010 (60) Renault Scenic 7 seat DCi,

Bronze, air con, e/mirrors, e/windows, 58,000 miles, 2 owners, CD player
Sale Price £5,995 - £38 per week

2011 (11) Renault Megane 1.4 convertible,

Grey, Alloy Wheels, Air Con, electric hard top, Panoramic roof, SAT NAV, half leather seats, Remote Locking, E/Windows, E/Mirrors, Cruise Control, CD Player, 46,000 miles
Sale Price £5,995 - £38 per week

BIG SALE NOW ON

2011 (11) Ford Focus Titanium,

Silver, 1.6, air con, e/windows, e/mirrors, cruise control, 13,000 miles
Sale Price £5,695 - £37 per week

2013 (63) Fiat 500 1.2,

Black, alloys, air con, CD player, e/windows, e/ mirrors, remote locking, only 23,000 miles
Sale Price £5,995 - £38 per week

2013 (13) Peugeot 107

Black, e/windows, e/ mirrors, 220 a year Tax, one owner, 20,000 miles only
Sale Price £5,495 - £35 per week

2007 (07) Nissan Qashqai Acenta DCI,

black, remote locking, cruise control, CD player, climate control, e/windows, e/mirrors, Bluetooth, 65,000 miles
Sale Price £5,495 - £35 per week

2010 (59) Volvo C30 1.6 Diesel,

Orange, Alloy Wheels, Air Con, Remote Locking, Cruise Control, E/Windows, E/Mirrors, 38,000 Miles
Sale Price £5,495 - £35 per week

2010 (60) Citroen C3 Picasso Exclusive 1.6

HDI, Silver, e/windows, alloys, CD player, air con, 2 owners, only 28,000 miles
Sale Price £4,995 - £31 per week

2013 (63) Peugeot 107 1.0

red, alloy wheels, air con, remote locking, e/ windows, e/mirrors, £20 a year Tax, 12,000 miles only
Sale Price £4,995 - £31 per week

2010 (60) Citroen C3 Picasso 1.6 VTR + HDI,

Blue, alloys, air con, cruise control, parking sensors, remote locking, e/windows, e/mirrors, £30 a year Tax, 23,000 miles only
Sale Price £4,995 - £31 per week

2011 (11) Vauxhall Corsa 1.2

3 door, Silver, Alloy Wheels, Air Con, Remote Locking, E/Windows, E/Mirrors, CD Player, One Owner, 65,000 miles
Sale Price £4,495 - £28 per week

2010 (10) Citroen DS3 1.4,

Blue, alloys, air con, CD player, e/windows, e/ mirrors, central locking, 40,000 miles
Sale Price £5,395 - £34 per week

2012(12) Citroen C1 1.0

Silver, Air CON, Remote Locking, E/ Windows, CD Player, £20 a year Tax, 51,000 Miles
Sale Price £3,995 - £25 per week

2008 (58) Renault Megan Convertible, Diesel,

Grey, panoramic roof, e/windows, e/mirrors, alloys, cruise control, air con, full leather interior, 53,000 miles
Sale Price £3,995 - £23 per week

2009 (09) Citroen C3 Pluriel Convertible 1.4,

silver, remote locking, e/windows, e/ mirrors, e/ hood, C1000 miles only
Sale Price £3,695 - £24 per week

2007 (57) Volkswagen Eos 2.0 Diesel,

blue, alloy wheels, air con, heated leather seats, cruise control, remote locking, e/windows, e/ mirrors, electric power hood, 90,000 miles
Sale Price £3,695 - £24 per week

2008 (08) Ford Focus 1.6 TDCi,

Silver, £30 per year Tax, e/windows, e/mirrors, alloys, remote locking, 120,000 miles
Sale Price £2,995 - £19 per week

2001 (51) Mercedes C180 Coupe,

Auto, alloys, a/c, remote locking, e/w, e/m 112k
Sale Price £1,695

PART EXCHANGE

2001 (51) Mercedes C180 Coupe, Auto, alloys, a/c, remote locking, e/w, e/m 112k
Sale Price £1,695

2010 Peugeot RCZ HDi GT



£10,995

ABS, Multiple Airbags, Power Steering, Air Conditioning, Bluetooth, Cruise Control, Electric Windows, Electric Mirrors, Heated Seats, Electric Seats, Full Leather, Remote Central Locking, CD Player
Monthly Price From £248.95

2010 Citroen C3 Picasso Picasso VTR Plus Hdi



£4,995

ABS, Multiple Airbags, Air Conditioning, Cruise Control, Parking Sensors, Electric Windows, Electric Mirrors, Remote Central Locking, CD Player
Monthly Price From £126.87

2011 Renault Grand Scenic Expression dCi Edc



£6,395

ABS, Multiple Airbags, Power Steering, Air Conditioning, Cruise Control, Electric Windows, Electric Mirrors, Remote Central Locking, CD Player, 7 Seater
Monthly Price From £146.85

2011 Nissan Qashqai N-Tec 5dr



£9,495

ABS, Multiple Airbags, Power Steering, Air Conditioning, Electric Windows, Electric Mirrors, Cruise Control, Panoramic Sunroof, Satellite Navigation, Parking Camera, Remote Central Locking, CD Player
Monthly Price From £215.65

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WHEELS

TEST DRIVE: Mazda CX-5 2.2 Sport Nav AWD by Jon Smith

MAZDA GETS SPORTY



AT A GLANCE

- **Model:** Mazda CX-5 2.2 Sport Nav AWD
- **Price:** £31,395
- **Mechanical:** 173bhp, 2,198cc, 4cyl diesel engine driving four wheels via 6-speed manual gearbox
- **Max speed:** 129mph
- **0-62mph:** 8.9 seconds
- **Combined mpg:** 52.3
- **Insurance group:** 23
- **CO2 emissions:** 142g/km
- **BiK rating:** 30%
- **Warranty:** 3 years/60,000 miles

The initials SUV have become a synonym for family car these days.

Surging popularity in five-door high-riders have meant they are a golden ticket for manufacturers – a must-have in most car ranges.

But some Sports Utility Vehicles happen to be a considerably more sporty than others. One of the best examples is the Mazda CX-5, recently rejuvenated and freshened with more upmarket cabin and exterior styling.

Flagship of the Japanese marque's line-up, the new look model with sleeker headlights and more defined grille has turned the five-year-old design into a real head-turner.

Beneath the bonnet of the CX-5 AWD Sport Nav, top model in the range, is a 2.2-litre four-pot diesel that knocks out a reasonable 173bhp.

With decent aerodynamics and pared down weight it puts up a good performance compared with most rivals – 62mph comes up in under

nine seconds and it tops out at 129mph.

But better than the statistics is the calm, refined way in which the Mazda delivers the goods.

Engine noise is remarkably well suppressed. It's only at

idle that you detect a touch of the inevitable diesel clatter – the rest of the time only the immediate surge of power reminds you this is an oilburner. Another quality that boosts the sporting credentials of the latest CX-5

is its handling and roadholding.

With well-damped suspension which suppressed roll angles, it can weave quickly through curves and cope better than most crossovers with

directional changes.

The body remains taut and responsive and the steering, though a trifle numb is quick enough to encourage swift, safe manoeuvres.

This athleticism is accompanied by a

comfortable ride that irons out the majority of road imperfections. Only at slow speed over knobbly surfaces is the general composure upset slightly.

The standard six-speed manual gearbox is light and swift, and a pleasure to use. Despite the punchy performance, the CX-5 is pleasantly frugal. Most owners will easily squeeze 40-plus miles out of a gallon and my own average was 42.5mpg.

A good SUV has to be practical as well as fun to drive and the Mazda

manages to deliver well in this area. There are loads of bottle-holders, cubbies and storage places within the newly refashioned cabin which is much classier and easier to live in than the precious model.

Materials used for the fascia and the interior in general are of noticeably better quality than previously and add a definite air of occasion for passengers and driver alike. The boot remains the same size as its predecessor with 506 litres of space which is around average for the class. The three-way split rear seat flip down easily to expand cargo area.

A generous spec for the Sport Nav model includes seven inch touch screen, sat nav, climate control, head-up display, Bluetooth and DAB radio.

Mazda, always proud of its in-built driver appeal and heritage, has managed to separate and lift the latest CX-5 above some of their obvious SUV rivals by underlining its sporty character and improving refinement.



WHEELS

TEST DRIVE: Ferrari 488 GTB BY Robin Roberts

AT A GLANCE

- **Model:** Ferrari 488 GTB
- **Price:** £183,984
- **Mechanical:** 670ps, 3,902cc V8 petrol engine driving rear wheels via a seven-speed sequential gearbox
- **Max Speed:** 205mph
- **0-62mph:** 3.0 seconds
- **Combined MPG:** 22
- **Insurance group:** 50
- **CO2 emissions:** 260g/km
- **Bik rating:** 37%
- **Warranty:** 3 years/unlimited miles



FERRARI'S BAMBINO

The 488 GTB is the baby in the Ferrari family which can trace its DNA to 1975 when its forerunner replaced the charismatic Dino, and a lot has happened over four decades.

The engine is taken from the Ferrari California and tuned for the 488 GTB so it's a good and gutsy pedigree with twin-turbos to give it strong punch from standstill, through the intermediate gears on to the legal limit, and almost twice as fast again.

Being a Ferrari, you never get an ordinary gearbox but a seven-speed transmission and driver selectable modes working in conjunction with the engine's software to give normal, sport or track settings.

Select at will and hang on once you turn the button out of normal as the engine and transmission software sharpen the throttle and gearchange responses and the car's character dramatically changes. It even has a track-use launch control for the ultimate getaway experience.

It produces a different exhaust note as well so you not only feel the different modes at work but you hear them in real-time and not through some induced

artificial audio track as in other supercars.

You have familiar paddles to move up or down the sequential box if you want to play at being a racing driver, but there really seemed little advantage to be gained over letting the highly sophisticated transmission do the thinking for you while you left a bit more of your brain to savour the experience of steering it through a series of sweeping curves, admire its turn-in, grip and roadholding, and all the time with that wonderful backing track filling your ears.

They are big wheels and tyres so it can feel heavy when parking and you are aware it needs a good bit of room to turn around.

On main and country roads the steering did produce a constant twitchiness as the tyres coped with worn surfaces beneath and this resulted in a steady twitching of the steering wheel in the hands which was tiresome on long journeys.

At speed the steering gave good feedback and felt very positive without being too heavy while the front wishbone and rear multi-link suspension kept it all firmly planted to the road.

Underfoot are big brakes

and their stopping power was immense and also impressive with its progressive feel once the driver attuned to their natural sharpness and confidence inspiring ability.

The secondary controls generally were well laid out and close to hand but I struggled to fathom out the use of spoke-buttons for indicators as you can find yourself arms crossed on a roundabout and needing to indicate before exiting but then find the button is on the opposite side to where you expect.

While on peculiarities of the GTB, the price tag of close to £184,000 does not include a self-dipping mirror but it's an old fashioned

manually dipped one. The other switches for headlights and wipers were also on the steering wheel spokes.

Instruments were comparatively straightforward, large and very well marked for engine and road speed, fuel and temperatures and altering the driving mode button changes the display as well to highlight important aspects. It did seem complicated at first but I suppose a driver can precisely tailor what they want to see at any time.

The infotainment system is an easy to use and effective display with wifi connectivity, phone integration and personal music.

Oddments space is not great inside because all the places to put things are small and I suspect most items would be pushed behind the two seats or into the front boot, which is reasonable for a couple of weekend bags but little else.

Access to the boot, the engine and the cabin is good and inside the room is reasonable for all but the tallest occupants with seats which are not generously padded but surprisingly comfortable nevertheless. Their adjustment is simple and the shape securely holds you.

You sit low in the Ferrari 488 GTB and the rising rear wings and high tail limit what you can see but side and forward sightlines are good, the wipers clear a lot of the windscreen and the lights are long and wide in beam.

You have to be careful emerging from side roads with the windscreen pillar and big mirror housings combining to create a noticeable blindspot, however.

Noise levels are not high when driving normally. They rise as the engine takes deeper breaths and you can play with the dynamic settings to introduce more crackle and roar as desired,

but wind and road noise were muted by comparison.

It is the performance and the way the Ferrari 488GTB gets going which most impresses. The engineers have done a brilliant job to reduce turbo lag to virtually nothing, but it still pours out power mid range and keeps giving well in excess of normal road speed limits.

The gearchanges match the flow to give a seamless experience without any harsh changes but just another kick in the backside as acceleration rapidly builds, accompanied by a rising exhaust note.

The stability of the 488GTB comes from the suspension but also the way the designers have made the air flow over and around the aluminium lightweight body and tub with careful ducting to cool the engine and keep the tail firmly down helped by a nose design and undertray which come from sports car racing and literally suck it onto the tarmac.

Its simple flowing bodywork is not only pleasing on the eye but thoroughly practical in effect.

The 488 GTB is not faultless, but Ferrari's bambino has matured into one of the finest supercars you can buy.



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£950.00 ono
Tel: 07922 133345

Volkswagen



VOLKSWAGEN TIGUAN SPORT TDI BLUETEC

2ltr, 2011, Grey, Estate, excel cond, 6 mths mot, FDSH, ABS, A/C, alarm, alloys, CD, C/L, airbag, E/M, E/W, PAS

This car is in very good condition externally and in excellent condition internally.

It is low mileage for its age. We purchased with 45,400 in Aug 2015 and so just 15,000 miles in 2.5 years of our use.

Serviced by main VW dealer near Sevenoaks The car has been excellent and we are trading to a Touareg for more space.

Paintwork is excellent, some markings on the alloys in line with age.

Its been kept on a private drive.

I purchased a transferable 3 year Service agreement with the vehicle and so there is one more main dealer service and MOT due in Aug 2018 included on the policy.

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£2,900

07789 623869



VW POLO

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*ONLINE ONLY DEALS FREE for any item under £100, higher priced items just £10 when booked online. Excludes pets, motors and trade.

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£10.00

Motors From
£15.00

Pets From
£10.99

Free **ONLINE**
PICTURES

How to advertise



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you want **24/7 online!**

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Our friendly **Live Chat** team is waiting to help!

Call: 01462 504155

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Text 82070

Start your text with **HARLO** followed by a space.

Advert to comprise of no more than 20 words.

£1.50, plus your network charge, all advertisements are subject to approval.
Private bookings only, under the value of £100.

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Monday - Friday: 8.30am - 5.30pm

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essexlive.news/buyaphoto

Call: 03444 060 910

Monday - Friday: 9am - 5pm



*FREE for any item under £100, higher priced items just £10 when booked online. Excludes pets, motors and trade.

Items Wanted

24/7 Advertising for private and trade

WANTED

WANTED VINTAGE TOYS

Vintage toys and video games. Dinky Matchbox Nintendo Sega He-man Ghostbusters Amiga Trains Old Lego Models Atari Transformers Cowboy Toys Meccano You name it anything considered Back from 1920s to 2000 TOP CASH PRICE PAID

Tel: 01223 842507
or 07470267134

WANTED

brians music world
Any Vinyl Records collections Lps singles 78s eps. hifi systems/separates/old record players mostly anything to do with music. We will come to you have a look viewing cost nothing. All our calls have been successful, because we take everything no cherry picking and give good prices. just call speak to sue or myself
SUE 07943056917
BRIAN 07534142506

Tel: 01245 690062
or 07534142506

FOOTBALL PROGRAMMES WANTED

Local collector seeks especially pre-1970 Items, Finals, European, England, Spurs, Arsenal, West Ham, Chelsea etc and Whole Collections.

01245 358660

Self-serve
and save time

Family

24/7 Advertising for private and trade

Baby & Nursery Equipment

LYPSKI FEEDING CHAIRS X 2. Identical chairs in blue, yellow, green. Suitable from 6 months. Both in very good condition. Price £8 each or the pair for £15 Tel: 01277 652018

Baby & Nursery Equipment

GRACO HIGH CHAIR HIGHCHAIR, PINK SEAT WITH RABBIT PRINT AND PINK FOOT REST. WHITE FRAME. FOLDS FLAT. 6 MONTHS TO 15 KGS ONLY USED AS CHILD MINDER FOR ONE CHILD. EXCELLENT CONDITION. HODDESDON. £9.00 01992 444956

Baby & Nursery Equipment

MAXI Cosy Cabrio Fix Carseat. Good condition first stage car seat, with newborn pillow insert. Never involved in an accident and from a pet and smoke free home. £50 ono 01279 843477

Prams & Pushchairs

BABYSTYLE OYSTER BUGGY Carry cot and seat attachment with various rain covers. Purple foot muff with seat liner. Good condition, some accessories unused. Have maxi cosy car seat clips to attach to buggy if of interest. £75 ono 01279 843477

Luggage

MARKS & SPENCER LEATHER barrel bag black with detach strap. BARELY used RRP £75 this is classic & beautiful. Pics avail. Versailles. Bargain £25 Tel: 07748 934743 or 01277 363696

M&S BLACK LEATHER Mulberry like flap over LEATHER bag. Adj strap, care bag, as new Bought for £75 3 months ago. Bargain classic, pics avail £35 ono Tel: 01277 363696 or 07748934743

DUNLOP CASE trolley type suitable as cabin luggage, black with red trim, only used once or twice, vgc £10

ELIZABETH ARDEN bag, make up, toiletry bag, zipped, gold, approx 6" x 10", UNUSED. £6 Tel: 07756 047022

SUZY SMITH handbag metallic gold, approx 11" x 9", UNUSED £10 Tel: 07756 047022

Bicycles & Accessories

BMX BICYCLE Specialized BMX Bike good condition hardly used blue. Still have receipt paid £250 3 years ago £70 Tel: 01376 513810 or 07961850835



ECO BIKE

Sparta. Ebike. Bought new July 2014. Really good condition. Regularly serviced and looked after. Large 58cm frame.

£450

Tel: 01245 223478

GENTS BICYCLE

Marin Kentfield FS Hybrid 20.5 inch frame 700mm wheels. Lights and computer. Very good condition.

£160

Tel: 07775 764332

GENTS BICYCLE 26" wheel MTB 18 speed, mudguards, as new condition, can deliver locally £85 Tel: 01245 602434

KETTLER Go Kart. Kettler Nitro Extreme Go Kart. Fantastic Condition hardly used. £60.00 Tel: 07932 957455

STABILISERS PAIR in good condition £10 ono Tel: 01702 231002

Books, Comics & Magazines

RAILWAY MODELLER MAGAZINES From 1999 To 2015.50 pence each, will sell 10 magazines for a £4 or make me an offer for the lot!! £1 Tel: 01702 231002

Clothes for Her

NEW LOUIS Vuitton "THAMES" handbag - quilted monogram (LV) with leather trim, unused Xmas present, absolutely gorgeous, brass zips and studs, pics avail by email. Bargain £90 ono Tel: 01277 363696 or 07748934743

BURBERRY AUTHENTIC Bucket dravsting bag in beige check. Classic, preloved. Bargain clear out. Pics avail by email. Lovely for Spring. £85 ono Tel: 01277 363696 or 07748934743

ITALIAN PURE WOOL SUIT by Mario Barutti, dark blue, double breasted 44" chest, trousers 38" waist/33" length only worn once, excellent condition £75 Tel: 01277 652018

JACKET GEORGE Collection Size 8, Linen, Khaki, Tie fastening. Length from shoulder 21ins. New unworn cost £28, has tags still attached £12 Tel: 01621 854820 or 07756 047022

LOUIS VUITTON "BOETIE" Cowhide leather handles and trim. Pics avail by email. Monogram LV canvas, fabulous, 1st to see will buy RRP £11k. Preloved £99 ono Tel: 01277 363696 or 07748934743

LOUIS VUITTON preloved "Tivoli" In fab condition, to prove hence price. Leather handles and trim, pics avail by email. Gorgeous grab bag, RRP £850, used £80 ono Tel: 01277 363696 or 07748934743

ORIGINAL GUCCI loafers (ladies size 37 - 4). Leather, choc brown with new soles (Gucci) still showing - FABULOUS. Bargain, pics avail £99 Tel: 01277 363696 or 07748934743

PAUL SMITH paul smith art deco black leather wallet with a painted semi dressed lady on a telephone on the interior. Boxed with a dust bag unwanted present. £35.00 ono Tel: 01277 363696 or 07748 503013

TOM HILFINGER black leather quilted handbag. Pics avail. Classic chain strap like Chanel, good cond. Ideal for xmas. Bargain, preloved £30 ono Tel: 01277 363696 or 07748934743

BLAZER GORGIO Armani powder green blazer brass buttons 42 chest very smart worn only a few times. £50 ono Tel: 01277 363696 or 07748 503013

COAT MENS (M&S) formal dark grey/black, double breasted, wool/cashmere coat, never worn, size 37/38 chest. £60 Tel: 07736 165651

CORBY TROUSER Press Model 7700 - mahogany, 3 heat programmes and 15, 30 or 45 minute settings. Excellent condition £65 Tel: 07736 165651

DEBENHAMS LEATHER and suede leg sleeves with back zip. Convert any Chelsea boot to Long Boot - fabulous black. BARGAIN. £28 Tel: 01277 363696 or 07748 934743

GOLDIX QUALITY jacket brown with thick faux fur lining, collar and cuffs. Extremely warm and in vgc. Size 10/12 purchased from Selfridges £40 ono Tel: 01277 652018

LOUIS VUITTON Authentic Bags for sale. Various, guaranteed, photos avail. Bought in London with certifies. From £100 Tel: 01277 363696 or 07748 934743

MENS TROUSERS Press Corby Model 7700 - mahogany, 3 heat programmes and 15, 30 or 45 minute settings. Excellent condition £65 Tel: 07736 165651

NEXT SHORTS Next Mens skinny jeans shorts 30" (76cm) worn for one week on holiday (2 pairs) as new (button flies) £7.50 each or 2 pairs for £12 Tel: 07736 165651

SNAKE BANGLE - fabulous New, boxed, gold tone designer. Chunky - beautiful, unused present - pics avail by email. Bargain £75 ono Tel: 01277 363696 or 07748934743

TROUSER PRESS Corby Model 7700 - mahogany, 3 heat programmes and 15, 30 or 45 minute settings. Excellent condition £65 Tel: 07736 165651

Clothes for Her

USA ARMY Clothing jacket, shirts, sweaters, gloves, poncho, scrim netting £65. USAAF CAMMO jackets, poncho, slacks, hat, scrim nets. Bargain £85 Tel: 01277 200530

ADIDAS SPORTS Jacket/Coat Small Men/Boys (age 15) quilted, black - excellent condition £10 Tel: 07736 165651

DUNLOP STEEL TOE Safety footwear. Black. Size 6, in excellent condition worn once £12 ono Tel: 01702 231002

EDINBURGH TARTAN SKIRTS NEW 2 ladies pure wool, scotch, orig. tartans size 18 both. Bargain £40 Tel: 01277 200530

Self-serve and save time

JEANS BLACK Primark Mens Skinny black jeans W30 L30 (wore £10 new - still with tags) on £5 Tel: 07736 165651

LADIES SHEEPSKIN 3/4 Richard Draper sheepskin coat, size 16. Dark colour, leather trim. £45 ono Tel: 01245 607042

Self-serve it ANYTIME



Sold £15

essexlive.news/marketplace

Mobility

MOBILITY SCOOTER

As new.

Phone Linda

£400

Tel: 07449930433

MOBILITY SCOOTER

Shopperider, new solid tubeless tyres, good runner.

£250

Tel: 01245604606

WHY NOT?
Self-serve

ROLLATOR IS 4 wheel type in blue with brakes and seat, excellent condition. £40 ono Tel: 01702 231002

BATH good condition with, as new. £13 ono Tel: 01702 231002

Mobility


**MOBILITY SCOOTER
PRIDE GO-GO ELITE
TRAVELLER LX**

Ideal for shopping, leisure, hospital visits etc. and all daily use around town. Easily folds/dismantles into 3-5 parts for carrying in car boot (15kg heaviest part) . 10 miles range, 4 mph max speed, head lamp and swivel seat for easy embarking and alighting. Comes with original manual and battery charger. Colour red. In great condition and very reliable. Very comfortable and gives the user independence when out and about.

Less than a year old but no longer required by user.

Private sale.

£400 ovno

Tel: ITEM SOLD
ITEM SOLD

**Newspapers &
Magazines**

CRYSTAL GAME SET Comprises Chess, Draughts and Backgammon, in good condition never used £10 ono Tel: 01702 231002

Toys & Games

DOLLS HOUSE (Le Toy Van) Bay Tree House, 3 storey house, staircase, loft ladder and opening windows. FULLY FURNISHED with doll family. Boxed, very good condition. CM8 area. £100 ono Tel: 07904 032702

DOLLS HOUSE camper van (Le Toy Van). Wooden, rubber wheels, opening boot. Roof mounted surf board. Cooking set, gingham duvet, pillows. Boxed, excellent condition. CM8 area £10 Tel: 07904 032702

Browse 24-7
ONLINE

Toys & Games

FURREAL FRIENDS Scamps My Playful Pup Dalmatian Dog with accessory bone & rope. Responds to touch with sound & motion. Hasbro Toy 30cm Tel: Excellent condition. £10 Tel: 01277 655272

PIXEL CHIX Mattel Electronic Toy baby sitter single storey house & two storey house with roof pool. Can be linked together. Excellent working condition. £50.00 Tel: 01277 655272

BUILD-A-BEAR VARIOUS animals (leopard, cat, bears) each with 2 out fits, shoes and accessory. Excellent condition. CM8 area. £8 Tel: 07904 032702

DOLLS HOUSE Outdoor Playset Wooden, multi-coloured double swing with climbing frame, elephant slide, horse spring toy. Excellent condition. CM8 area. £5 Tel: 07904 032702

DOLLS HOUSE Car (Le Toy Van). Wooden, pink with flower motif. Matching luggage. Opening boot. Excellent condition. CM8 area. £10 Tel: 07904 032702

FURREAL FRIENDS Newborn Bunny Rabbit grey with white tummy. Responds to touch with sound & motion. Hasbro Toy 18cm long. Very cute. VGC. £4.00 Tel: 01277 655272

BUILD-A-BEAR DOG white and brown with red collar, with sunglasses. 46cm. Excellent condition. CM8 area. £8 Tel: 07904 032702

FOOTBALL TABLE BARGAIN Ok for table top as legs missing, but works fine. Needs a ball £5 Tel: 07736 165651

BARBIE dolls each with two complete outfits. CM8 area. £8 Tel: 07904 032702

**Self-serve
and save time**
Watches & Jewellery

RADLEY WATCH brand new stainless steel with pink face and strap make an ideal valentines present £84 inround presentation box. £50.00 ono Tel: 01277 363696 or 07748503013

CHAMILIA BRACELET brand new love heart bracelet in presentation box and bag original £150 ideal for feb 14th . £75.00 ovno Tel: 01277 363696 or 07748503013

Wedding Directory

24/7 Advertising for private and trade

**Wedding Wear
& Bridal Wear**

**HOUSE OF MOOSHKI
KNEE LENGTH, LACE
WEDDING DRESS**

Beautiful lace bodice with delicate beading and pink sash. Sweetheart neck, V cut back with button detail. Dress is size 8-10. Pure white and in immaculate condition. Professionally cleaned. Bought from Cutting Edge Brides in Bexley, original price £1700.

£700

Tel: 07915 569244

**Wedding Wear
& Bridal Wear**

REMINGTON HEATED ROLLERS Set of fast heat 20 rollers, only used a few times, has a crack on the corner of the plastic lid. £15 Tel: 01621 854820 or 07756 047022

Self-serve it
FOR FREE



Sold £10

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marketPLACE
essexlive.news

Pets

24/7 Advertising for private and trade

Cats

MISSING CAT


Have you seen Basil? Missing since Tuesday 16th Jan from Bengoe/Hartham. Slim, green eyes, beautiful tabby markings. Yellow collar, neutered and micro chipped. Reward for safe return, missed by his family.

Bengoe 07968 366502

BOOK via MOBILE

Pet Grooming

**HOME
COMFORTS**

Dog Grooming Salon based in Sawbridgeworth.

Also Mobile.

Call Samantha
**01279 601010,
07768 078126**

**MUTZ KUTZ
DOG GROOMING**

Qualified / Insured.
Former Veterinary Nurse,
Collection / Delivery.

**07706 253886,
01279 426729**

Equestrian

24/7 Advertising for private and trade

Horse Feeds



**Eastwick
ANIMAL FEEDS**
T: 01279 442388
F: 01279 419845
www.eastwicklodge.co.uk

GOOD QUALITY Meadow Hay Barn Stored, conventional size, can be delivered. Call Tel: £3.00 Tel: 07885 496730 or 01621 828353

Horses, Ponies & Riding

HORSE RUG OUTDOOR HEAVYWEIGHT Storm Buster 450g with neck, Navy/Green, 6'0", used only 6 weeks, cleaned and reproofed at Ingatstone Saddlery, as new, absolute bargain. £60.00 ono Tel: 07581 455232 or 01245 237049

COT FOR sale Mamas & Papas cot, white, dual height base, clean mattress, good condition, used for grandchildren only £30.00 ovno Tel: 01376 338702 or 07743 829090

MENS TROUSER PRESS Model 7700 - mahogany, 3 heat programmes and 15, 30 or 45 minute settings. Excellent condition £65 Tel: 07736 165651

WARDROBE 50'S style, size 19 inches deep x 48 inches wide x 72 inches tall. Centre door with 2 rails and shelves each side. £20 ono Tel: 01702 231002

FREE LISTINGS
classifiedmarketplace.co.uk

Home

24/7 Advertising for private and trade

**Aerials & Digital
Receivers**

LOW NOISE Block Down Converter (LNB), 4 outputs suit 2 Sky Plus boxes or similar, brand new still boxed £10 ono Tel: 01702 231002

BOOK ON
MOBILE
classifiedmarketplace.co.uk

Articles Wanted

**RECORDS
WANTED**

**CASH PAID FOR
LP/EP AND
SINGLE RECORDS
IN GOOD CONDITION.
(NO 78'S)
07906224080
01372187698**

WANTED
1960s FURNITURE

Sideboards, Chest of Drawers, Tables, Mirrors, Lighting, Jewellery, Ceramics, Glass, Collectables and others considered.

FAIR PRICES PAID

Tel: 07944 533759

**RECORDS
WANTED**

**50's, 60's, 70's ROCK,
PUNK, REGGAE, INDIE
LP'S, EP'S AND 45's
01279 813400
07881 453435**

**Bathrooms &
Accessories**

ARMITAGE SHANKS AVOCADO SUITE Get the Authentic RETRO 1970s Look with an Armitage Shanks AVOCADO Handbasin with Pedestal & Close Coupled Toilet. Good Condition. Price for both: £100 ono Tel: 07749 837693 or 0785277801

BATHROOM/CLAOCKROOM SUITES. Retro style. Two matching suites each including a toilet, cistern, basin and pedestal with floral design. Excellent condition. £150 for pair or each £90 Tel: 01621 893321 or 07887842073

TOWEL RAIL Hard Dark Wood Antique Vintage with Ornate Brass Brackets collection Great Baddow, Chelmsford. £25.00 Tel: 07754 972442 or 01245476144

MODERN TOILET for sale. Blanco Close Coupled Toilet white with soft close seat W405 D670 H790 (MM). Bought in error last June. £50 ono Tel: 01277 625208

RADIATOR ladder towel rails For bathroom or cloakroom to be fitted to central heating £10 each x 2. 500cm x 1100cm. £10 07763. 839884

Self-serve it
FOR FREE

24/7

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marketPLACE

**Beds, Bedding,
Bedrooms**

LAURA ASHLEY Cream Headboard Wrought iron look, cream colour metal headboard. Still being sold and is called Somerset. Very pretty. SIZE SUPER-KING. Condition is excellent. £50.00 Tel: 01277 214184 or 07942932706

CORBY TROUSER PRESS Model 7700 - mahogany, 3 heat programmes and 15, 30 or 45 minute settings. Excellent condition £65 Tel: 07736 165651

COT FOR sale Mamas & Papas cot, white, dual height base, clean mattress, good condition, used for grandchildren only £30.00 ovno Tel: 01376 338702 or 07743 829090

MENS TROUSER PRESS Corby Model 7700 - mahogany, 3 heat programmes and 15, 30 or 45 minute settings. Excellent condition £65 Tel: 07736 165651

WARDROBE 50'S style, size 19 inches deep x 48 inches wide x 72 inches tall. Centre door with 2 rails and shelves each side. £20 ono Tel: 01702 231002

SOFA BED

Sofa bed settee, very good quality, excellent condition, no marks, only used a few times, light green upholstery. £200

£200

Tel: 01245 476935
or 07767618742

Beds, Bedding, Bedrooms


TODDLER BED

Grey frame and new mattress. Only used for a few weeks, in good condition and from a smoke free home.

£35

Tel: 07568 565100


**VICTORIAN DOUBLE
BEDSTEAD**

1880 black bedstead, good quality ornate bedstead with porcelain plaques and brass roses. With sprung base. A very comfortable bed and good condition.

£200

Tel: 01277 212909

BED HEADBOARD in oak for 4'6" double bed. In excellent condition. £30 Tel: 07776 223500 or 0124523500

NEXT SINGLE Bed Dark blue metal single bedstead from Next. With mattress. 3 years old. Good condition. £50 ono Tel: 07887 768254

QUILT SET for TODDLERS BED new unused still sealed. size 115x87cm(45x34")sweedish made. bargain £25 Tel: 01277 200530

BESIDE 3-DRAWER Chest White 26x17x17. Sturdy on casters. £12 Tel: 01245 400026

DOUBLE Bed frame slatted bottom new condition. £50 ovno Tel: 07961 142187

MAN UTD Curtains, bedside lamp, ceiling lampshade, bin and clock £20 Tel: 07736 165651

**MATTRESS KOMFI
DELUXE DOUBLE
135"190"20CM**

Memory foam mattress 7.5cm mem foam layer and 12.5cm ventilated base + washable cover.

10yrs old, 15yr warranty. Clean condition.

Soft - medium. Genuine reason for sale

C/w separate zip off waterproof washable cover. From a pet / smoke free home.

£100.00 ovno

Tel: 01277 215169 or 07929361977

FUNKY FUTON Sofa Bed 6'8" Antique pine stained bed frame. Black Futon 6'6" by 4'. Good clean cond. Folds up for chair, flat for bed. Small cot & good guest/student bed. £75.00 Tel: 01277 215169 or 07929361977

IKEA MALM DOUBLE BED. MALM BLACK/BROWN VENERE USED FOR 6 MONTHS, EXCELLENT CONDITION. INCLUDES 4 LARGE STORAGE DRAWERS THAT FIT UNDERNEATH AND FREE MATTRESS INCLUDED IF REQUIRED. BED READY COLLAPSED AS WE WERE LET DOWN. £90.00 07706 814623 01992 444956

DRESSING Table/Computer Desk Solid Pine dressing table, can be used as a computer desk, antique wood finish with three drawers, good solid piece of furniture in good condition £30 ono 07745 995702 0772709007

BED. Double Bed. With good mattress. Divan type with drawers in base. Clean condition. Bargain price. Delivery possible. £60 01462 639410 07833 626029

BED. Double Bed. With good quality mattress. Divan type with drawers in base. Clean condition. Bargain price. Delivery possible. £60 01462 639410 07833 626029

FOLDING Bed, Complete with mattress, cover & pillow. Folds to a chair when not in use, good condition. £50 07961 094167

Carpets & Rugs

RUG IN lovely cream long pile. Size approximately 32" wide (80cm) x 59" long (150cm). Brand new so in vgc £25 Tel: 01277 652018

Photography

EPSON PICTUREMATE Photo Printer with manual, CD ROM driver, power lead & sealed ink cartridge. Not boxed, but never used. Ring after 7.30pm. £35.00 ono Tel: 01245 610330

Computer Accessories

PACKARDBELL DESKTOP Windows 10,Intel Dual Core Processor,4gb Ram,1tb Hard Drive,Wireless,DVD R/W,Keyboard&Mouse,17" Flat Screen,18 months old in very good condition £50 Tel: 01245 284988

PALM VX Handheld PDA Hot sync cradle & battery charger via serial port. Leather case, stylus pens. Handbook & CD. Ideal for enthusiast/collector of vintage electronics £10.00 Tel: 01277 655272

SAT-NAV BINATONE F435 satellite navigation system with case, car charger, windscreen holder and user guide. All in new condition & never used. £30.00 ono Tel: 01245 610330

DESK OAK effect, suitable for home or office use L 120 x D 65 x H 70, good condition £15 Tel: 07736 165651

FILING CABINETS 3 x wooden cabinets: W 11t 7 1/4" x D 11t x 11 1/4" x H 3t 1 1/2" £7.50 each or 3 for £20 Tel: 07736 165651

COMPUTER DESK with sliding shelf for keyboard, in excellent condition. £13 ono Tel: 01702 231002

IKEA DESK CHAIR Wooden/oak effect/chrome legs & wheels, excellent condition £15 Tel: 07736 165651

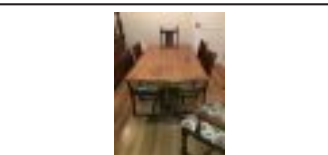
Dining Furniture

OLD CHARM CABINET

Genuine Old Charm display cabinet / sideboard. Light inside display cabinet. Solid oak, very good condition, been in family since new, early 50's.

£100 ono

Tel: 01245 324815 or 07973 414439


OLD CHARM TABLE & 6 CHAIRS

Genuine Old Charm solid oak dining table & 6 chairs (2 carvers). Been in family from new since early 50's. Hand made with ornate carvings. Very good condition, very hard wearing.

£100 ONO

Tel: 07973 414439 or 01245 324815


**DINING ROOM
TABLE AND
4 CHAIRS**

Round polished wood dining room table

41" across with 4 matching chairs with upholstered seats - Fire Regs label attached. In very good condition

£100.00 ovno

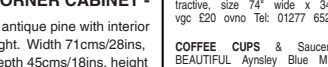
Bishops Stortford
01279 832189 or sylvia@
sylviaandand.co.uk


**DUCAL VICTORIA
BREAKFRONT
DRESSER -**

in antique pine with interior lights. Width 175cm/69ins, depth 46cm/18ins, height 190cm/75ins. Very good condition. Buyer would need to collect. The top and base come apart for easy transportation.

£195

Tel: 07776 223500 or 01245223500


**DUCAL VICTORIA
CORNER CABINET -**

in antique pine with interior light. Width 71cm/28ins, depth 45cm/18ins, height 189cm/75ins. VGC. Buyer would need to collect. The top and base come apart for easy transportation

£95

Tel: 07776 223500 or 01245223500

UTILITY SIDEBBOARD 1940's approximately 46" wide x 33" high x 19" deep medium coloured, four drawers and two cupboards with shelves. Ideal for upcycling £20 Tel: 01277 652018

ROMAN BLIND ideal as a decor blind, professionally made, fully lined, cream with pink/gold stripe, very attractive, size 74" wide x 34" drop vgc £20 ovno Tel: 01277 652018

COFFEE CUPS & Saucers Set BEAUTIFUL Arnsley Blue Mist delicate design, 6 piece set, still boxed never used. £40 Tel: 07736 165651

DINING table and six chairs Dark wood extending dining table length 145cm extending to 190cm, 35cm wide Six matching dining chairs (including two carver chairs) upholstered in cream fabric. Pretty good condition. £50 ovno 01279 792693

Mind, Body & Soul

24/7 Advertising for private and trade

Chiropodists

JULIE GOLDEN HPC STATE REGISTERED CHIROPDIST home visits. 01279 873492 07916 075451

Hairdressers

MOBILE Hairdresser Reliable, friendly service. Call Lisa 0777710419

Massage & Therapy
**QUALIFIED
THERAPEUTIC
MASSAGE**

Dining Furniture

BISTRO dining table Bistro Dining table with two chairs. In light wood colour, with a diameter of 80cm. Ideal table if space an issue. All in excellent condition. £35 ono 07736 466716

DARK oak sideboard Dark oak sideboard, three central drawers and two cupboards (one either side of the drawers). Length 120 cm width 40 cm Very good condition. £25 01279 792693

DIY & Tools

WORKING PLATFORM Ideal for garden or DIY work. Working height 590cm. 2 steps to working platform 645cmx350cm. Fitted guardrail, folds flat. Photo on website (hutton) £10 Tel: 07713 869612

LARGE SACK Barrow Pneumatic Tyres £45. Also smaller one, collapses to go in your car boot. £25. Both will carry heavy loads. £45 Tel: 01245 400026

WOODEN WINDOW 815 wide X 1200 high, opening window and fan-light. Could be used in a garage or outbuilding £33 ono Tel: 01702 231002

4-WHEEL TROLLEY With Steering, ball-bearing wheels and pneumatic tyres. Good condition. £95 Tel: 01245 400026

DICKIES Hi-VIS XL Coat Waterproof, thermal, padded and very warm. Never worn. As used by police, security, etc. £30 Tel: 01245 400026

DICKIES THERMAL Padded Overall Ideal outside workers. Large. Really good condition. Don't get cold! £30 Tel: 01245 400026

PILLAR TAPS Brand new never used. Bought for a now abandoned project. Suitable for a utility room or similar. £10 ono Tel: 01702 231002

VERTICAL SLIDING SASH Weights 2 X 6.5 pounds, 2 X 6 pounds. They were used on sash windows. £20 ono Tel: 01702 231002

CALOR BOTTLE 4.5kg Full bottle. Would cost over £60, so, Bargain. £30 ono Tel: 01245 400026

STEPLADDER WOODEN Vintage Height 6ft folded, 7 steps (Romford) £10 Tel: 07948 318956

WOODEN LADDER 13 foot extending wooden ladder with steel rungs, good condition. £30 ono Tel: 01376 513998

DVD Players

SURROUND SOUND Philips 5.1 new boxed with DVD player, bargain £50 Tel: 01277 200530

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Home Appliances

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VACUUM CLEANER Model VAX Power 7 vacuum cleaner. 2200 watts. 4L capacity. Animal hair and Fluff collection upright model. As new. £30 ono Tel: 01279 325480 or 01279 325480

ZANUSSI 8KG washing machine Large family washing machine rated A++. Approx 3 years old and in perfect working order. Manual. £90.00 Tel: 01279 629792

ELECTRIC BLANKETS one double one single barely used £15.00 Tel: 01245 250461

HENRY HOOVER 200, FAMOUS RED HENRY. RECEIVED AS CHRISTMAS PRESENT, USED 4 TIMES BUT ALWAYS HAD CORDLESS AND CABLES ETC., DRIVE ME MAD!! £75.00 01992 444956

Household Miscellaneous

CARDBOARD BOXES various sizes secondhand strong & robust for moving house & longtime storage folded flat for transport collection Great Bardow, Chelmsford £1 each £1.00 Tel: 07754 972942 or 01245 476144

CANTEEN OF CUTLERY Besteck Quintealt Seit 1829 Solingen German 70 piece stainless steel cutlery in lovely case. Only used once or twice. An absolute bargain. £100 Tel: 01277 652018

ETERNAL BEAU crockery Various items priced from £1 to £10. Pls phone for items available. Some used but in very good condition-no chips, stains or glass defects (hutton) £1 Tel: 07713 869612

HENDRICKS GIN Ltd Ed Limited edition thus collectible. Midsummers Dream cups & saucers x 4. Absolute bargain, mint with an original box. Pics avail £50 Tel: 01277 363696 or 07748503013

JOHNSON "SPIRITS of Nature" teaaware 40 pieces including teapot, 8 each cups & saucers and more, very attractive and in excellent condition £45 ono Tel: 01277 652018

Household Miscellaneous

NORITAKE LEGENDARY bone china dinnerware has 45 pieces, includes 3 place plates, bowls, tureen salt and pepper pots, sauce boat, cups, saucers, teapot, milk and sugar £75 Tel: 01277 652018

ROYAL DOULTON Lambethware, Will of the West (12 items) Milk Jug Sugar Bowl with lid. Both approx. 4ins tall. Rarely, if ever used. VGC £15 Tel: 01621 854820 or 07756 04722

ROYAL WORCESTER EVESHAM VALE 21 piece dinner and tea were comprising 4 each cups, saucers, tea and dinner plates, bowls, and flared dish in perfect condition. £45 ono Tel: 01277 652018

ROYAL DOULTON PASTORALE fine porcelain tea/dinner were 41 pcs consisting of cups, saucers, tea, salad and dinner plates, bowls, teapot, sugar bowl, milk jug, cake plate £65 Tel: 01277 652018

SUMMER CHINTZ Johnson fine china tea were approx 70 pieces including teapot, sugar bowl, jug, 15 cups/saucers, bowls, tea plates, sauce boat, serving bowls, vgc £30 Tel: 01277 652018

COLMANS MUSTARD Advertising large stew/casserole dish. Never used. Ideal for punch! Eye catching. Rare. Bargain. £30 ono Tel: 01277 363696 or 07748503013

DARTINGTON CRYSTAL Decanter John Lewis Admiral style, clear crystal glass, beautiful, perfect condition with stopper. £10 ono Tel: 01277 824103

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FILING CABINETS 3 x wooden cabinets: W 1ft 7 1/4" x D 1ft x 11 1/4" x H 3ft 3 1/2" £7.50 each or 3 for £20 Tel: 07736 166551

HORS D'OEUVRE dish 1970s, made in France. Verso, clear patterned glass, 3 compartments, boxed. £8 Tel: 07756 047022

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DENBY REGENCY BLUE Coffee Pot, original 1980's, hardly used and in vgc £15 ono Tel: 01277 652018

ELECTRIC HEATED Ladder Towel Rail Chrome 500x1100mm. Good Condition £50 Tel: 01245 390186

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DESK UNIT 2 drawer/ok effect/ wheels, bottom drawer for hanging files if desired W42xD45xH57 £15 Tel: 07736 166551

PRINT Of Racehorse "Persian War", approximately 27" x 39", in lovely green/gold frame, vgc £30 Tel: 01277 652018

IKEA DESK CHAIR Wooden/oak effect/chrome legs & wheels, excellent condition £15 Tel: 07736 166551

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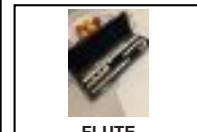
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Essex County Council

Planning Application Essex County Council Planning (Listed Buildings and Conservation Areas) Regulations 1990 (As Amended) Application for Listed Building Consent

Notice is hereby given that Essex County Council is seeking Listed Building Consent for The conversion of an existing store room to form a habitable multi-use room. The creation of a new external store room by infilling a small section of existing playground shelter at Fawbert and Barnards (Undf) Primary School, London Road, Harlow, CM17 0DA - CC/HLW/01/18/LB

The proposal may affect the setting of Fawbert & Barnards School which is a Grade II Listed Building.

The proposed development may not accord with the provision of the Adopted Replacement Harlow Local Plan adopted July 2006 in force in the area which the land to which the application relates is situated. Members of the public may inspect a copy of the application and other documents submitted with it online at www.essex.gov.uk/viewplanning or at Essex County Council at the below address (please call for an appointment on 03330 139808).

Consultation on this application is open until 22 February 2018. Representations or objections in respect of this application can be made online at www.essex.gov.uk/viewplanning; via email to mineralsandwastedm@essex.gov.uk; or in writing to the undersigned by 22 February 2018. Please include your name and full postal address. Any representations or objections received will be taken into account by the Council with the result that they may be made available to the public.

For details on how information will be used and held by ECC please see the Minerals and Waste Planning Privacy Statement at <http://www.essex.gov.uk/Environment%20Planning/Planning/Minerals-Waste-Planning-Team/>

Dated: 1 February 2018
Graham Thomas, Head of Planning Service, Essex County Council, Minerals & Waste Planning, Economy, Localities & Public Health, E3 County Hall, Chelmsford, Essex CM1 1QH

(Footpath 162, Harlow) (Temporary Prohibition of Use) Order 2018

Further to a notice under Section 14(2) of the Road Traffic Regulation Act 1984 which commenced on 25 January 2018 **Notice is hereby given** that the Essex County Council has made the above Order under section 14(1) of the Road Traffic Regulation Act 1984.

Effect of the order: to temporarily close that length of Footpath 162 in the District of Harlow, from its junction with Footpath 163, Harlow north to its junction with Footpath 161, Harlow.

The closure is scheduled to commence on 30 January 2018 for 6 months or where appropriate signs are showing and weather permitting, and is required for the safety of the public and workforce while construction works for the creation of a 'trim trail' is undertaken. The works to the footpath route were set out within the outline planning permission ref. HW/PL/04/00302 and consents refs. HW/PL/13/00098 and HW/PL/13/00100.

An alternative route will be available via Footpath 163 and Footpath 161.

The Order will come into effect on 30 January 2018 and may continue in force for 6 months, or until the works are finished, whichever is the earlier.

Essex County Council, Network Assurance, A2 Annexe, Seax House, Victoria Road South, Chelmsford, Essex CM1 1QH. Telephone: 0345 603 7631 Website: www.essex.gov.uk/highways

(Hamlet Hill, Roydon) (Temporary Prohibition of Traffic) Order 2018

Notice is hereby given that the Essex County Council has made the above Order under Section 14(1) of the Road Traffic Regulation Act 1984.

Effect of the order: To temporarily close that length of Hamlet Hill, Roydon in the District of Epping Forest, from its junction with Reeves Lane for a distance of approximately 95m in a westerly direction. The closure is scheduled to commence on 5th February 2018 for 2 days, or where stated on a valid permit (MX044280633600 - Affinity Water). The scheduled dates may vary for these works with appropriate signs showing and/or displayed on www.roadworks.org. The closure is required for the safety of the public and workforce while water main works are undertaken by Affinity Water.

An alternative route is available via Tylers Road, Epping Road Roundabout, Water Lane, Southern Way, Katherine's Way, Third Avenue, Velizy Avenue, Fifth Avenue, Edinburgh Way, A414 Between Northern Town Boundary And Burnt Mill Roundabout, Eastwick Road, A414 Ware Road Pepper Hill Roundabout, Amwell Link Road, A10 Amwell Link Roundabout, Hoddesdon Bypass S/b Entry Slip Amwell I/c, A10 Broxbourne Boundary To A414 Rush Green Roundabout, A10 Hoddesdon Link Road To East Herts Boundary, A10 Hoddesdon Link Southbound Offslip, Hoddesdon Link Road, Amwell Street, Dinant Link Road, Essex Road, Dobbs Weir Road, Sedgemoor, Hamlet Hill and vice versa.

The Order came into effect on 25th January 2018 and may continue in force for 18 months or until the works have been completed, whichever is the earlier.

(Various Roads, Harlow District) (Temporary Prohibition of Traffic) (Streetworks No.2) Order 2018

Notice is hereby given that the Essex County Council intends, not less than seven days from the date of this notice to make the above Order under Section 14(1) of the Road Traffic Regulation Act 1984.

Effect of the order:

To temporarily close the various lengths of road in the District of Harlow as specified in the schedule to this order.

The works being undertaken will take place within an 18-month period from 8th February 2018 exact dates will be specified on <http://roadworks.org/>. Access will be maintained for emergency services.

The Closures are required for the safety of the public and workforce whilst works to safely install Temporary Traffic Management, removal and installation of white lining, resurfacing and carriageway duct crossings.

For all enquiries please contact Essex County Council.

The Order will come into effect on 8th February 2018 and may continue in force for 18 months or until the works have been completed, whichever is the earlier.

| Road Name | Extents | Diversion |
|------------------------------|--|--|
| Edinburgh Way, Harlow | From its roundabout with A414, Harlow and A1184 Cambridge Road, Harlow to its roundabout with Central Road, Harlow and River Way, Harlow a distance of approximately 840m. | A414 Edinburgh Way, A1019 Fifth Avenue, A1019 Velizy Avenue, A1025 Second Avenue, A414 and vice versa. |
| A414, Harlow | From its roundabout with A414 Edinburgh Way, Harlow and A1184 Cambridge Road, Harlow to its roundabout with First Avenue, Harlow a distance of approximately 990m. | A414 Edinburgh Way, A1019 Fifth Avenue, A1019 Velizy Avenue, A1025 Second Avenue, A414 and vice versa. |
| Station Approach, Harlow | Full length of its USRN. | No Diversion Available. |
| A1184 Cambridge Road, Harlow | From its roundabout with A414, Harlow and A414 Edinburgh Way, Harlow to the boundary of Essex and Hertfordshire a distance of approximately 770m. | A1184 Harlow Road, London Road, Cambridge Road, London Road, St James Way, Bishops Park Way, Bishops Stortford Bypass, M11, Hastingwood Roundabout, A414 and vice versa. |
| Station Road, Harlow | From its roundabout with A414 Edinburgh Way, Harlow, A1184 Cambridge Road, Harlow and A414, Harlow for a distance of approximately 70m in an easterly direction. | Station Road, London Road, First Avenue, A414 and vice versa. |

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TOWN AND COUNTRY PLANNING ACT 1990 PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990

Planning (Listed Buildings and Conservation Areas)
Regulations 1990

Town and Country Planning (Development Plans and
Consultation) Directions 1992

PUBLIC NOTICE OF APPLICATIONS

The following applications have been received by Harlow District Council. These applications and others received can be inspected online at www.harlow.gov.uk or at Harlow Council Planning Services, Civic Centre, The Water Gardens, Harlow, Essex CM20 1WG on Monday-Friday, 9am - 4.45pm. If you are unable to view the plans during these times, please telephone Planning Services on 01279 446856 where a suitable appointment can be made with the relevant case officer.

Anyone who wishes to make representations about these applications should write to the Council at the above address within 21 days of the date of this notice.

Application No HW/FUL/18/00012 **Ward:** Mark Hall
Application Type Full Application
Location Unit F3, River Way, Harlow, Essex
Proposal Proposed new industrial/warehouse building and parking area.

Reason for Advrt Affects Setting of Conservation Area
Application No HW/LBC/18/00021 **Ward:** Old Harlow
Application Type Listed Building Consent
Location 30 Mulberry Green, Harlow, Essex CM17 0ET
Proposal Erection of Harlow Civic Society blue plaque to commemorate Douglas Hayter.

Reason for Advrt Listed Building in a Conservation Area
Application No HW/FUL/17/00583 **Ward:** Old Harlow
Application Type Full Application
Location The proposed development seeks permission to amend the main employment avenue of the existing London Road North LDO. The proposal also seeks to apply for permission to change the land-use on Zone C of the London Road North LDO from a Class 3 primary sub-station to Class B1 commercial office car parking by relocating the sub-station locations. The application seeks permission to amend the route for a proposed shared cycle and pedestrian link in the London Road North LDO and provide the facility elsewhere on the site.

Reason for Advrt Major Development
Application No HW/TP/18/10005 **Ward:** Old Harlow
Application Type Works To Trees in a Conservation Area
Location Hillsborough House, 9 Churchgate Street, Harlow, Essex
Proposal T1 - beech to side of property - prune back overhang to clear gutter. T2 - 5 x beech to side of property - reduce height 4 metres and spread by 2 metres. T3 - oak - remove deadwood. T4 - Ash - Remove 1 Branch. T5 - beech in neighbouring property - reduce spread over garden to clear conservatory. T6 - sycamore - prune back overhanging foliage.

Reason for Advrt Tree Works within a Conservation Area
Application No HW/HSE/18/00033 **Ward:** Old Harlow
Application Type Householder Application
Location 105 Sheering Road, Harlow, Essex CM17 0JW
Proposal Two-storey side extension.

Reason for Advrt Affects the Setting of a Listed Building
Application No HW/TP/18/10006 **Ward:** Mark Hall
Application Type Works To Trees in a Conservation Area
Location 59 The Chantry, Harlow, Essex CM20 2LZ
Proposal Acer and cherry tree to be cut back and top shortened.

Reason for Advrt Tree Works within a Conservation Area
Application No HW/HSE/18/00033 **Ward:** Old Harlow
Application Type Householder Application
Location 105 Sheering Road, Harlow, Essex CM17 0JW
Proposal Two-storey side extension.

Reason for Advrt Affects the Setting of a Listed Building
Application No HW/TP/18/10006 **Ward:** Mark Hall
Application Type Works To Trees in a Conservation Area
Location 59 The Chantry, Harlow, Essex CM20 2LZ
Proposal Acer and cherry tree to be cut back and top shortened.

Reason for Advrt Tree Works within a Conservation Area
Application No HW/HSE/18/00033 **Ward:** Old Harlow
Application Type Householder Application
Location 105 Sheering Road, Harlow, Essex CM17 0JW
Proposal Two-storey side extension.

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ROMANA, strict german lady 32yrs, wanting to meet a submissive, outgoing gent of any age. South East/London only pls. Text Only: Box: 409665

JAMIMA, attractive, smart intelligent lady, 42yrs, blonde with striking green eyes. Hoping to meet a mature gent of 60+ years. Text Only: Box: 403601

LOVELY kind lady, 35yrs, genuine and attractive. Hoping to meet a decent single man. Looks/age unimportant. ACA Tel No: 0906 515 4456 Box No: 428075

DISCREET sensual and loving lady seeks man 35+ for daytime fun in her home. ACA Tel: 0906 515 4456 Box: 428046

LINDA, late 50s, very attractive, looking for naughty no strings times. Call or text me. Tel No: 0906 515 4456 Box No: 428075

gay seeking

BLONDE sexy CD, from High Wycombe, seeking nice any age/looks, for fun meals and good times. Can accommodate. Text only replies: 5142832

VERY assertive gay, young looking 77, seeks totally unassertive male, or TV, for relationship, my place or yours. Chesham/area. Tel No: 0906 515 4456 Box No: 428058

GOATY beard, 40s, we spoke a few weeks ago. Want to meet you. I'm passive Chesham/area. Contact me please. Tel No: 0906 515 4456 Box No: 428075

PIA, genuine, kind Thai lady. Own restaurant business so very busy. W/Ltd white gent 35+. I am 40yrs and been living here for 3 years. Text Only: Box: 4181749

YOU do have to watch the cat and June 47, fat figured semi-fat female, no frills, seeks a male for some quiet time in a garden. Tel No: 0906 515 4456 Box No: 428071

VICTORIA, elegant smart black lady, 42yrs, lovely, quick, sexy in a sophisticated way. Looking to meet a chap of any age, must have (B&H). Text Only: Box: 408460

CONFIDENT fun female bored of spending time alone, looking for fun male to share lots of laughs and good times. Tel No: 0906 515 4456 Box No: 430641

ALANNA, attractive slim professional 35yrs seeking similar lonely professional for drinks/week out and casual friendship. Tel No: 0906 515 4456 Box No: 430617

male seeking

SINGLE male, 39, blue eyes looking for a nice mature lady. Let's meet up and have some fun. Text only replies. Box no: 432615

MALE, white, single, 56 W/Ltd, married, my dog, Irish origin, can't accommodate. Have walking problems. Text only replies. Box no: 432128

MALE, 40s, single, looking for fun times. Love holidays away nights out and really nice. Text only replies. Box: 6150485

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MALE, 40s, single, looking for fun times. Love holidays away nights out and really nice. Text only replies. Box: 6150485

WHITE male, 30s, looking for Black or Asian man only. Leave me a message so I can get in touch. Tel No: 0906 515 4456 Box No: 428195

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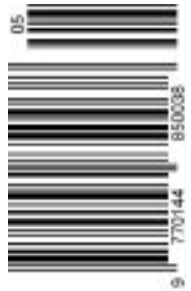
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Chapman: We've got to prepare for relegation battle

HAWKS manager Danny Chapman says the players have got to get out of the mentality of moving to mid-table safety and face the fact that they are in a relegation dog fight.

A late thunderbolt from Kingstonian's Andre McCollin inflicted defeat a 1-0 defeat on Harlow Town on Saturday, who had to play for over an hour with ten men.

Their plight was then made worse on Tuesday night as they suffered at 2-1 defeat at home to mid-table Merstham.

That loss leaves Harlow two points above Tooting and level on points with Worthing.

It was goalless until the 73rd minute when substitute Reece Hall gave the Moatsiders the lead.

But just four minutes later, Charlie Edwards equalised for the Hawks, only for the visitors to win it in time added on through Charlie Penny.

On Saturday, Hawks' captain Craig Pope was dismissed on 26 minutes when he saw a straight red card for a tug back on McCollin who was through on goal.

Despite a spirited performance from the hosts, McCollin dashed hopes of salvaging a point when he smashed home a long-range of normal time remaining.

"I thought we were excellent and had the better opportunities but didn't take them," Chapman said after the match.

"We've been done by a wonder strike and it's hard for the players to take because they have worked so hard.

"I felt we deserved at least a



Action from Harlow Town's match against Kingstonian
Photo by Martine Xerri

point. They are all must-win games for us now and we've got to get out of that mentality of moving up to mid table.

"We are in a relegation dog fight and you can't get away from that."
McCollin was a thorn in the

side of the Harlow defence all game, and from his attack the Hawks were reduced to ten men.
McCollin's pace took him

beyond defence, and when Pope pulled him back by the shoulder the referee had no choice but to brandish a red card.

Rain is a pain for defeated Harlow

Home team drop points after struggling to adapt to muddy conditions

HARLOW failed to adapt to the wet and muddy conditions as quickly as visitors Chelmsford on Saturday, losing 13-10 in London & South-East Two North East.

On a miserable afternoon Harlow were protecting their unbeaten run at Latton Park against a Chelmsford side who had won their last three games.

Harlow knew they would be facing a much stronger side than the one they defeated in the away leg in October and would have to be at their very best.

In the early stages, the Chelmsford pack started to drive Harlow off the ball and the hosts struggled to retain possession to put any attacking moves together.

After six minutes Chelmsford placed a deep kick over the Harlow defence.

Full back Ross Stalley tried to retrieve the ball, but was beaten



Harlow scrum half Charlie Woodington gets ready to feed a scrum against Chelmsford
Photo by Rob Furber

by Chelmsford winger who scored their first try.

Both sides having struggled to create any attacking moves, Chelmsford pegging Harlow back in their half for long periods.

Late in the half Harlow's Danny Smith slotted over a penalty to reduce the deficit to 5-3 at half-time.

In the second half Chelmsford took the game to Harlow and scored their second try after 58 minutes to extend their advantage to 10-3. The drizzle and a wet surface made it difficult for either side to play good rugby.

However In the last five minutes Harlow eventually managed to show some fight.

With quick ball from a line out Kain Claridge found himself clear to go over the whitewash and with Smith converting the scores were level at 10-10.

But with two minutes to go Harlow conceded a penalty just outside their 22 metre line.

Chelmsford's kicker, against the wind and rain coolly slotted the ball between the posts to win the game 13-10.

Harlow fielded a side with a number of changes and would surely have benefited from a having the confidence of a more consistent line up.

The greasy playing surface and the wet ball made it hard to play open rugby and Chelmsford adapted to conditions better.

This weekend Harlow are away to 11th placed Cantabrigian and the following week tenth placed Woodford.

Both are winnable games and Harlow know they must use the opportunity to consolidate their squad before they meet higher placed sides.

Cronin gets silver medal

PUPILS from Saint Nicholas School in Harlow have enjoyed success in the national Independent Schools Association swimming finals held at the London Aquatic Centre.

Eight pupils qualified from the regional competition in Ipswich last October, and in a bid to give the swimmers a taste of what the big competition would be like, they prepared both physically and mentally with a trip to the London 2012 Olympic venue the week before the event.

All pupils are regular club swimmers and trained hard for their events.

Year 10 pupil Ellie Cronin won silver in the 50m backstroke, clocking a time of 1min 13.38sec – just one second behind the winner.

There was a bronze medal for Year 8 student Ethan Ryan in the 50m breaststroke (42.12), while Claudia King (Year 9) finished fourth in the 100m freestyle with a time of 1:10.48.

Lucy Le Huquet (Year 7) was fourth in the 50m freestyle, just 0.40sec from bronze, and Lucy Le Huquet (Year 7) was sixth in the 50m breaststroke.

There was also a sixth place finish for Year 11 student Henry Morgan in the 100m breaststroke, while Year 4 pupils Charlie German and Rebecca Parsons, along with and Lucy Parsons (Year 10) also featured in the relay teams.

Passmore into final

PASSMORES Girls U14 football team have overcome Great Baddow in the Essex Cup semis to set up a final against reigning champions, The Eastwood Academy from Leigh-on-Sea.

After an excellent defensive and tactical display, a fine angled shot from Passmore's right winger was athletically saved by the outstanding Baddow keeper, but sharp reflexes from the left winger, secured the game's only goal.

Although Baddow piled on the pressure in the second half, Passmore's team spirit shone through, allowing them to win the game. This latest victory is particularly significant as it not only means Passmore has progressed to the final for the first time, but spells the end of Baddow's unbeaten record against Passmore.

This is the second of two new scalps for the team en route to the showcase occasion.

Passmore's coach, Rebecca Conway was thrilled at the result and said after the match: 'I'm extremely proud and cannot fault the girls' eagerness to learn and desire to win.

"Mind set plays a massive role – they were really confident before the game – probably more confident than me which is saying something!"